

## Ethical Decision Making

Enter your emotional intelligence scores in the graph below:

Self-awareness	Managing emotions	Motivating oneself	Empathy	Social Skill

Answer each of the following questions fully with at least 1 paragraph containing at least 5 sentences for each question. **Answer 1 question at a time. Do not skip ahead. Nurses are known for their integrity. The Gallup Poll has ranked nursing as the #1 most honest profession for 18 years in a row!**

Imagine that you are involved in a shipwreck situation. A ship has started to sink in the middle of the ocean. Eleven people have jumped into a lifeboat that has been designed for a maximum of ten people only, and the lifeboat is also starting to sink.

1. What should the passengers do? - Brainstorm, type your thought processes.
2. Do you throw one person overboard to save ten lives? – Discuss benefits and losses of the possible choices.
3. Discuss your thoughts and arguments as if you were the one chosen to be thrown overboard.
4. Discuss your thoughts as if you were the one to decide who will be thrown overboard; and you cannot volunteer yourself, you must pick someone, it is solely your decision.
5. Or do you stick to the principle of "do not kill", which means that everybody will drown?

Now consider a slightly different situation where lives are at stake. There is a global pandemic. This is still life and death scenario.

1. What are the benefits or needs of staying home?
2. What are the benefits or needs of going out?
3. You live with your family. Food supplies are exhausted, and water is contaminated, it is not suitable for drinking. There is no protective equipment, who goes for supplies? Choose only 1 family member and it cannot be you; you cannot volunteer.
4. The family member that went for supplies has returned but has also been exposed to the deadly pandemic. Do you allow them back in the house? If so, all will die from exposure.
5. The family has decided to have a closed meeting to decide their fate. While left outside, what are the thoughts of the family member that gathered the supplies.
6. While you were waiting for the return of the family member (it took several days), you had a little cabin fever and “needed” to get out of the house. So, you snuck out of the house and went to a party in the middle of the night and you were successful in staying undetected coming back in. What are your thoughts as you are sitting in this meeting?
7. You realize that you can keep silent about sneaking out and push to allow the family member back in, no one will ever know; you can literally take this secret to the grave. What are your thoughts? What are your fears or concerns? What are your acknowledgements?