

Case Study-Pain

IM1

A 62 year old male admitted with degenerative disease. Patient complains of right knee pain. Patient has been using a walker to get around. Patient has a low grade temperature and has been recovering from an asthma exacerbation. Taking Zythromax. He is scheduled to have a total knee arthroplasty in a couple of days. Primary doctor needs to clear him for surgery. Admitting vital signs: T 100.4 P 92 R 24 O2 Saturation 85-90% B/P 150/100. Patient states blood pressure has been elevated since the asthma exacerbation episode. He is complaining of pain of 8 on 0/10 scale. He is 5' 10" and weighs 220.

Chief complaint: Right knee pain from degenerative joint disease.

Allergies: Betadine, Penicillin and Codeine

Labs done: CMP-WNL, CBC-WNL, UA-WNL. Pulmonary function test, chest -x-ray which were consolidation in right lower lobe and EKG showed sinus rhythm.

Consults: Dr. Payne (surgeon) and Dr. Little (Pulmonologist)

Past medical history:

Asthma, and anxiety with depression, degenerative joint disease

Surgical history: left shoulder repair in 2012

Celebrax, Loratab 1to 2 q4 hours, Ambien, Effexor, Benicar, Albuterol Inhaler, Xanax, and Diovan

Nursing Process:

Assessment

Analyzing/Problem

Plan/Goal

Interventions/Implementation

Questions:

1. What do you think is going on with this patient?
2. What needs to be done first?
3. What needs to be done before he can be cleared for surgery?