

Medication Work Sheet - Instructions

1. **Student Name and Date: self-explanatory**
2. **Allergies:** medications, foods, etc.
3. **Generic Name:** non-proprietary name; think NCLEX!
4. **Pharmacological Classification:** describes how the drug acts (ie: Anti-Hypertensive, Diuretic, Beta-Adrenergic, etc.)
5. **Therapeutic Reason:** intended purpose/treatment
6. **Dose, Route, Schedule:**
 - a. **Dose** – amount to be given (ie: 25 mg)
 - b. **Route** – PO, IV/IM, sub-Q, topical, rectal, etc.
 - c. **Schedule** – how often? Daily, BID, TID, QID, etc. – (will see the hour entered on the eMar)
7. **Correct Dose? Y/N:** Is the dose ordered within the acceptable range; if no, what is & what would you do?
8. **IVP/IVPB** – will be addressed starting in Module 2
9. **Adverse Effects:** list most important/applicable effects (ie: bradycardia, hypotension, vertigo, diarrhea, respiratory depression, etc.)
10. **Nursing Assessment, Teaching, Interventions:** decide most important
 - a. **Assessment(s):** vital signs, blood sugar, lab(s), skin, etc.
 - b. **Teaching/Interventions/Precautions:** Information needed to educate your patient (ie: check BP/HR or BS first; meds/foods to avoid; positional precautions, “do not take if ...”, “report immediately if ...”, operational precautions, etc.)
 - **Remember - Each Medication Work Sheet Is Patient Specific**

Student Name: _____

Date: _____

Adult/Geriatric Medication Worksheet - Current Medications & PRN for last 24 Hours (SIM/CPE)

Allergies: _____

Generic Name	Pharmacologic Classification	Therapeutic Reason	Dose, Route & Schedule	Correct Dose? If no, what is correct dose?	What Nurse Needs to Be Aware of: (assessment/interventions precautions contraindications)	What to teach Patient (in layman's terms) What are the possible side effects?
Docusate Sodium/ Colace	Stool softener	constipation	100 mg po daily	Y N	Electrolyte imbalance 1. Assess bowel sounds, stool appearance/frequency	1. May cause stomach cramping 2. May cause dependence (with excessive use). Do not take longer than 1 wk. 3. Report diarrhea
Trimethoprim/ Proloprim	antibacterial	antibiotic	200 mg po daily	Y N	Can cause hyperkalemia with renal impairment or taken with other meds increasing K.	1. May cause stomach upset 2. Report rash, itching, diarrhea or headache. 3. Avoid sun, wear protective clothing, sunscreen
Acetaminophen /Tylenol	Anti-pyretic; non-opioid analgesic	Anti-pyretic	500 mg po q 4 hr prn temp > 101	Y N	s/s hepatotoxicity, (assess for nausea, vomiting, diarrhea, abdominal discomfort - early signs of)	1. Do not exceed 4 G per day (3g if malnourished) 2. Avoid alcohol 3. Report nausea, vomiting, diarrhea, abdominal discomfort.
Vancomycin Hydrochloride/ Vancocin	Anti-infective	antibiotic	125 mg po q 6 hrs	Y N	Renal failure, hearing loss 1. Monitor I & O 2. Assess for edema of lower extremities	1. Report blood in urine 2. Ringing in the ears/ loss of hearing

Celecoxib/ Celebrex	COX-2 inhibitor	Anti- inflammatory	100 mg po bid	Y	N	Should be avoided with patients with existing heart disease and those with sulfa allergies 1. Monitor I & O 2. Monitor for edema of lower extremities 3. Assess pain levels 4. Assess BP	1. Report stomach upset or gas 2. Report severe headache/chest pain 3. Limit alcohol and smoking
Valsartan/ Diovan	Angiotensin II receptor blockers (ARBs)	HTN/heart failure	160 mg po daily	Y	N	May cause angioedema 1. Assess BP 2. Assess for swelling of the eyes, mouth and lips	1. May cause lightheadedness or dizziness. Rise slowly.
Ethinyl Estradiol/ Norelgestromin /Ortho-Evra	Hormone replacement	Hormone replacement	0.75 mg/6 mg TD weekly	Y	N	May cause venous thromboembolism 1. Do not apply to breasts or red cut irritated skin. 2. Monitor BP can cause HTN	1. May cause breast discomfort, headaches, local irritation, nausea or menstrual cramps 2. Report pain, swelling, and warmth in leg, groin, arms or lumps in the breast. 4. Do not apply to breasts or red/cut/irritated skin. Do not apply to breasts. Do not cut patch. 5. Do not use lotions, creams, oils or powders to patch site. 6. Do not use St John's Wort
Meclizine/ Antivert	Anti- cholinergic anti- histamine	Anti-emetic (nausea, vomiting and dizziness from motion sickness)	25 mg po bid	Y	N	Monitor closely if patient has asthma, glaucoma, HTN or enlargement of the prostate gland	1. May cause drowsiness, dry mouth, headache 2. Call for help when getting out of bed 3. Sugarless hard candy, gum or ice chips for dry mouth

Generic Name	Pharmacologic Classification	Therapeutic Reason	Dose, Route & Schedule	Correct Dose? If no, what is correct dose?	Adverse Effects	Appropriate Nursing Assessment, Teaching, Interventions (Precautions/ Contraindications, Etc.)
Oseltamivir/ Tamiflu	Neuraminidase Inhibitor	Anti-Viral (Influenza A & B)	75 mg PO BID x 5 days	Y N	Can administer with food, milk to decrease stomach upset Monitor for delirium and abnormal behavior	1. May cause nausea and vomiting 2. Report mood changes, confusion, agitation
Levofloxacin/ Levaquin	Anti-Infective	Antibiotic	750 mg PO daily x 5 days	Y N	Do not use in patients with myasthenia gravis. 1. Monitor for oral thrush 2. Monitor for diarrhea (can cause C-diff) 3. Monitor for liver damage (yellow skin/eyes, dark urine).	1. May cause nausea, vomiting, headache, muscle weakness, dizziness, lightheadedness 2. Call for help when getting out of bed 3. Report unusual colored urine 4. Report fast/irregular heartbeat
Isoniazid	Anti-tubercular	Antituberculosis	300 mg PO daily	Y N	Monitor for S & S of liver damage. Monitor for peripheral neuropathy (tingling, numbness, burning, pain) Monitor closely if taking phenytoin (ataxia and incoordination).	1. Can affect liver, report unusual colored urine or yellowing of skin or eyes. 2. Report tingling, numbness and burning in the hands and feet. 3. Can cause dizziness, upset stomach, dry mouth 4. Use sugarless gum and hard candy.

					Monitor I & O for urinary retention	
Acyclovir/ Zovirax	Anti-viral	Anti-viral (inhibits viral replication in herpes virus HSV and VZV)	800 mg PO BID x 7 days	Y N	Same as pt teaching.	1. May cause, nausea, vomiting, diarrhea, headache and vertigo

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Ibuprofen/ Motrin IB	First generation NSAID	Anti-inflammatory/ anti-pyretic	800 mg PO Q8hr PRN Pain, Mild (2-4)	Y N	Can cause HTN, monitor BP, can cause kidney damage, monitor I & O and assess for edema	1. May cause upset stomach, drowsiness, ringing in the ears 2. Report abdominal pain 3. Call for help when getting out of bed
Metformin/ Glucophage	Biguanide (decreases glucose production by the liver and increases tissue response to insulin)	Anti-diabetic (glycemic control)	500 mg PO daily	Y N	Do not use with renal insufficiency Monitor for myalgia, malaise (toxicity -lactic acidosis) Not to be used with Cimetidine	1. Can cause decreased appetite, nausea and diarrhea 2. Report muscle pain, extreme tiredness, extreme sleepiness. 3. Avoid alcohol

Clindamycin/ Cleocin	Lincosamide	Antibiotic (prevents bacterial replication by interfering with proteins)	300 mg PO Q 6 hrs	Y	N	Monitor for diarrhea (C-diff)	<ol style="list-style-type: none"> 1. May cause nausea, vomiting, metallic taste in mouth, coating on tongue 2. Report excessive diarrhea 3. Sit up for at least 10 minutes after taking
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Adopted: August 2020, Rev. 2020