

IM8_B Community Assessment

1. A home health nurse is developing a plan of care for a child who has hemiplegic cerebral palsy. Which of the following goals is the priority for the nurse to include in the plan of care?
 - A. Provide respite services for the parents.
 - B. Improve the client's communication skills.
 - C. Foster self-care activities.
 - D. Modify the environment.

2. A nurse working for a home health agency is assessing an older adult male client. Which of the following findings is the priority for the nurse to address?
 - A. Swollen gums
 - B. Pruritus
 - C. Urinary hesitancy
 - D. Dysphagia

3. A school nurse is teaching a group of nurses newly hired to work in the school system about pediculosis capitis (head lice). Which of the following information is appropriate to include in the teaching?
 - A. Family pets can contribute to the transmission of lice.
 - B. Children from lower socioeconomic areas are more likely to have lice.
 - C. Nits that are shed into the environment are capable of hatching for up to 10 days.
 - D. Infestation often appears as grayish brown, threadlike burrows along the skin behind the ears.

4. An older adult client who lives alone tells a clinic nurse that he is unable to drive himself to the store and is afraid to cook on the stove. Which of the following community resources should the nurse recommend for this client?
 - A. Hospice care
 - B. Meals on Wheels
 - C. A rehabilitation facility
 - D. Temporary Assistance for Needy Families (TANF)

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5. A nurse is working with an interdisciplinary disaster committee to develop a community-wide emergency response plan in the event of a nonbiological or chemical incident. The nurse should include which of the following agencies to be notified immediately after calling 911?
- A. Office of Emergency Management (OEM)
 - B. Federal Emergency Management Agency (FEMA)
 - C. American Red Cross (ARC)
 - D. U.S. Department of Homeland Security (DHS)
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6. An occupational health nurse in the clinic of an industrial plant is developing a guidebook for clinic workers. Which of the following actions should the nurse include as a secondary prevention strategy?
- A. Teach plant workers about proper lifting techniques.
 - B. Set up an influenza immunization campaign.
 - C. Help plant workers identify signs of carpal tunnel syndrome.
 - D. Collaborate with physical therapists to develop programs for injured employees to return to work.
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7. A school nurse receives a call that some children and teachers report being exposed to an undetermined noxious gas odor presenting in the classrooms and are experiencing dizziness. Which of the following actions should the nurse take?
- A. Have students evacuated from the school and establish a triage area in the school parking lot.
 - B. Move individuals who are reporting symptoms to one of the affected classrooms and create a triage area inside the room.
 - C. Arrange for client transportation to the nearest emergency department and tell the group triage will occur there.
 - D. Transport all children and school personnel to the nearest medical facility using school buses.
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8. A nurse is working with an emergency response team in caring for a group of people who may have been exposed to anthrax while doing farm work, but are not exhibiting manifestation of illness. Which of the following is the appropriate action for the nurse to take?
- A. Place the clients in isolation.
 - B. Initiate client decontamination.
 - C. Administer antibiotic therapy.
 - D. Treat clients with an antitoxin.

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9. A nurse is participating in a biological disaster simulation where citizens are exposed to pneumonic plague. Which of the following isolation precautions should the nurse plan to use while caring for these clients?

- A. Airborne
 - B. Contact
 - C. Droplet
 - D. Protective
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10. A nurse is among the first responders to a mass-casualty incident and does not know what type of personal protective equipment (PPE) is needed. Which of the following actions should the nurse take?

- A. Wait until the type of equipment needed is known.
 - B. Decontaminate victims before intervening.
 - C. Choose the highest level of protection equipment available.
 - D. Use a dosimeter to measure the level of radiation in the area before intervening.
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11. A nurse is performing triage for a group of clients following a mass casualty incident (MCI). Which of the following clients should the nurse plan to care for first?

- A. A client experiencing a tension pneumothorax
 - B. A client who has a closed upper extremity fracture
 - C. A client who has full-thickness burns over 80% of his body
 - D. A client who has agonal respirations
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12. A nurse is helping to triage a group of clients at a mass casualty incident who were involved in an explosion at a local factory. Which of the following clients should the nurse tag to be the priority for care?

- A. A client who has severe head injuries, respiratory rate 6/min, and is unresponsive
 - B. A client who has a simple fracture of the femur, multiple scratches on both legs, and is crying hysterically
 - C. A client who has a piece of wood punctured into the chest wall and has an audible hissing sound coming from the wound site
 - D. A female who is pregnant at 20 weeks of gestation, has multiple cuts and abrasions, and is walking around
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13. A nurse is assisting with field triage following a motor-vehicle crash involving a bus with multiple victims. The nurse assesses a child who has an open fracture of the femur. Which of the following actions should the nurse take?
- A. Locate the child's parents to obtain consent for treatment.
 - B. Place a yellow triage tag on the child.
 - C. Notify the emergency department of the child's imminent arrival.
 - D. Perform a complete head-to-toe assessment.
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14. A nurse is triaging victims of a multiple motor-vehicle crash. The nurse assesses a client trapped under a car who is apneic and has a weak pulse at 120/min. After repositioning his upper airway, the client remains apneic. Which of the following actions should the nurse take?
- A. Start CPR.
 - B. Place a red tag on the client's upper body and obtain immediate help from other personnel.
 - C. Place a black tag on the client's upper body and attempt to help the next client in need.
 - D. Reposition the client's upper airway a second time before assessing his respirations.
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15. A nurse is educating community members about how to prepare for a disaster. Which of the following supplies should the nurse instruct the clients to include in a disaster preparedness kit? (Select all that apply.)
- A. Three quarts of water per person
 - B. Clean clothing
 - C. Personal identification
 - D. Matches
 - E. Prescription medications
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16. A nurse is reviewing the guidelines for reporting nationally notifiable infectious diseases. Which of the following diseases should the nurse plan to report to the Centers for Disease Control and Prevention (CDC)?
- A. Lyme disease
 - B. Cytomegalovirus
 - C. Streptococcus pharyngitis
 - D. Toxoplasmosis

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17. A community health nurse is reviewing the levels of disease prevention. Which of the following activities is an example of tertiary prevention?

- A. Providing treatment for clients who have chronic obstructive pulmonary disease
 - B. Performing screening for sexually transmitted infections
 - C. Administering influenza immunizations at a local health fair
 - D. Testing new nurses for exposure to tuberculosis.
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18. A nurse is reinforcing teaching with a group of adolescent females who are pregnant about expected changes related to pregnancy. Which of the following client statements indicates understanding of the teaching?

- A. "It is normal to have a white vaginal discharge."
 - B. "I should recognize fetal movement by 12 weeks."
 - C. "I will take fluid pills if my ankles begin to swell."
 - D. "My nipples and areolae will become pale as my breasts enlarge."
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19. A nurse is preparing to administer ciprofloxacin to a client. The nurse should identify that the medication is treatment for exposure to which of the following agents?

- A. Smallpox
 - B. Sarin gas
 - C. Ebola virus
 - D. Anthrax
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20. A nurse is establishing health promotion goals for a female client who smokes cigarettes, has hypertension, and has a BMI of 26. Which of the following goals should the nurse include?

- A. The client will list foods that are high in calcium, which should be avoided.
 - B. The client will walk for 30 min 5 days a week.
 - C. The client will increase calorie intake by 200 cal per day.
 - D. The client will replace cigarettes with smokeless tobacco products.
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21. A community health nurse in a pediatric clinic is reviewing the history of a 12-year-old client. Which of the following immunizations should the nurse expect to administer?
- A. Meningococcal conjugate
 - B. Herpes zoster
 - C. Rotavirus
 - F. Pneumococcal polysaccharide
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22. A public health nurse is assessing an older adult client who lives with a family member. The nurse identifies several bruises in various stages of healing. The client and family member explain that the bruises are a result of clumsiness. However, based on the distribution of the bruises, the nurse suspects abuse. Which of the following actions should the nurse take first?
- A. Document the bruises in the client's chart.
 - B. Report the findings to a supervisor.
 - C. Provide the client with a crisis hotline number.
 - D. Discuss respite care with the client's family.
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23. A community health nurse is conducting an educational program on various environmental pollutants. The nurse should emphasize that clients who have which of the following disorders are especially vulnerable to ozone effects?
- A. Osteoarthritis
 - B. Basal cell carcinoma
 - C. Asthma
 - D. Hypothyroidism
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24. A nurse is triaging clients injured during a tornado. The nurse assesses a client who has an open fracture of his arm. Which of the following actions should the nurse take?
- A. Place a yellow tag on the client's upper body.
 - B. Place a red tag on the client's upper body.
 - C. Perform a rapid head-to-toe assessment.
 - D. Have the client's wife drive him to the hospital.

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25. A nurse is preparing a response protocol for botulism as a bioterrorism agent. The nurse should prepare the protocol based on which of the following information? (Select all that apply.)
- A. Botulism can produce paralysis within 12 to 72 hr following exposure.
 - B. Notify the Centers for Disease Control and Prevention (CDC) when more than three cases are confirmed.
 - C. Botulism is acquired through direct contact with an infected person.
 - D. Vomiting and diarrhea are expected findings following exposure.
 - E. Botulism is a toxin found in castor beans.
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26. A nurse is providing staff education about smallpox as a bioterrorism threat. Which of the following statements indicates an understanding of this agent? (Select all that apply.)
- A. "Smallpox is transmitted person to person."
 - B. "Infection is characterized by severe respiratory distress."
 - C. "Smallpox vaccination ensures lifelong immunity."
 - D. "Naturally occurring smallpox has been eradicated from the world."
 - E. "Smallpox is often confused with varicella."
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27. A nurse is planning a staff education session regarding biological weapons of mass destruction. Which of the following should he plan to include in the session? (Select all that apply.)
- A. Sarin
 - B. Smallpox
 - C. Anthrax
 - D. Hydrogen cyanide
 - E. Botulism
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28. A community health nurse is developing a pamphlet about breast self-examination (BSE) for a local health fair. Which of the following instructions should the nurse include?
- A. Expect some breast dimpling or discharge with age.
 - B. For those who have a menstrual cycle, perform a BSE every month, 2 or 3 days before menstruation.

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- C. Using the palm of the hand, feel for lumps using a circular motion.
 - D. Breasts can be examined in the shower with soapy hands.
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29. A charge nurse is making a room assignment for a client who has scabies. In which of the following rooms should the nurse place the client?

- A. A negative-pressure isolation room
 - B. A semi-private room with a client who has pediculosis capitis
 - C. A positive-pressure isolation room
 - D. A private room
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30. A nurse is leading a therapeutic group for clients at an outpatient mental health clinic. Which of the following client statements indicates a problem with role transition?

- A. "If my husband had gone to the doctor like I told him to, he'd be alive today."
 - B. "I am so angry with my husband's attitude. He thinks he knows everything!"
 - C. "I want to have an intimate relationship, but I end up breaking off relationships as soon as they begin."
 - D. "I just can't seem to find any energy to take care of my children since my husband divorced me."
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