

**Covenant School of Nursing**  
**Instructional Module 6 Learning Guide**  
**Topic: Substance Use Disorders**

<b>Learning Goals/Outcomes</b>	
<p>Upon completion of this lesson, you will be able to:</p> <ul style="list-style-type: none"><li>• Integrate evidence based data in making clinical decisions for patients with substance use disorders</li><li>• Implement plans of care for health issues for patients with substance use disorders</li><li>• Integrate knowledge of medications used to treat persons with substance use disorders including the medication's actions, side effects, adverse effects, and nursing implications for patient monitoring and education</li><li>• Implement teaching plans for patients, families, and caregivers about substance use disorders</li><li>• Promote use of resources to optimize health in persons with substance use disorders</li><li>• Communicate effectively with persons with substance use disorders</li><li>• Collaborate with health care team to promote optimal health levels for patients with substance use disorders</li><li>• Evaluate your feelings and attitudes regarding persons with substance use disorders</li></ul>	
<b>Pre-Class Preparation</b>	
<p>Required Reading:</p> <ul style="list-style-type: none"><li>• Varcarolis, E. M. (2017). <i>Essentials of psychiatric mental health nursing</i> (3<sup>rd</sup> ed.): Ch. 19, Substance-Related and Addictive Disorders: pp. 297, 303-308, 311-314 &amp; 316-319.</li><li>• HESI Comprehensive Review for the NCLEX-RN Examination (6th ed.): Ch. 7, pp. 284-286; "Substance Use Disorder".</li></ul> <p>Additional Resources:</p> <ul style="list-style-type: none"><li>• Listen to Dr. Sanjay Gupta (3.14 minute video) <a href="https://www.youtube.com/watch?v=5f1nmqjHIII">https://www.youtube.com/watch?v=5f1nmqjHIII</a></li><li>• Watch 4.15 minute video by Alila Medical Media <a href="https://www.youtube.com/watch?v=ukFjH9odsXw">https://www.youtube.com/watch?v=ukFjH9odsXw</a></li></ul>	
<b>Learning Activities</b>	
<p>Classroom Activities:</p> <ul style="list-style-type: none"><li>• Lecture</li><li>• Discussion</li><li>• Use of CIWA-Ar Assessment scale</li></ul> <p>Laboratory/Clinical Activities:</p> <ul style="list-style-type: none"><li>• Care of patient with substance use disorders in the clinical setting</li><li>• Using informatics, create a resource list of local treatment facilities and support groups for persons with substance use disorders</li></ul> <p>Online:</p> <ul style="list-style-type: none"><li>• See online assignments on "Instructional Module 6 Assignments and Required Work"</li></ul>	
<b>Evaluation Methods</b>	
<ul style="list-style-type: none"><li>• Exam</li><li>• HESI Proctored PMH Exam</li><li>• Clinical Performance/Evaluation</li></ul>	
<b>Texas DECs</b>	<b>QSEN Competencies</b>

Knowledge: II. A 2, II. B 1, II. B 2, II. B 3, II B 4, II B 5, II. B 7, II. C 1, II. C 2, II C 3, II C 6, II. C 7, II. E 4a, II. E 6, III. A 5 Clinical Judgment: II. A 2, II. C 7, II. E 9, II. E 11, IV. B 3a	Patient Centered Care; Teamwork & Collaboration; EBP; Safety, Informatics
<b>IM Student Learning Outcomes</b>	<b>NCLEX Test Plan</b>
1, 2, 3, 4, 5, 6, 7, 8	<p>Safe and Effective Care Environment</p> <ul style="list-style-type: none"> <li>• Management of Care (Advocacy, Client rights, Collaboration with interdisciplinary team, Confidentiality, Establishing priorities, Informed consent, Referrals)</li> <li>• Safety and Infections Control (Use of restraints/safety devices)</li> </ul> <p>Health Promotion and Maintenance (Health promotions/disease prevention, High risk behaviors, Lifestyles choices, Self-care, Techniques of physical assessment)</p> <p>Psychosocial Integrity (Behavioral interventions, Chemical and other dependencies/Substance use disorder, Coping mechanisms, Crisis intervention, Mental health concepts, Sensory/perceptual alterations, Support systems, Therapeutic communication, Therapeutic environment)</p> <p>Physiological Integrity</p> <ul style="list-style-type: none"> <li>• Pharmacological and Parenteral therapies (Adverse effects/Contraindications/Side effects/ Interactions, Dosage calculation, Expected outcomes, Medication administration, parenteral/Intravenous therapies)</li> <li>• Reduction of risk potential (Changes/abnormalities in vital signs, Diagnostic tests, Laboratory values, System specific assessments)</li> </ul> <p>Physiological Adaptation (Illness management, Unexpected response to therapies)</p>
<b>Concepts</b>	<b>Faculty</b>
Substance Abuse/Addictive Disorders	R. Powers, MSN, RN-BC
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Topic: Substance Use Disorders cont'd

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