

**Covenant School of Nursing**  
**Instruction Module 6 Learning Guide**  
**Topic: Personality Disorders**

<b>Learning Goals/Outcomes</b>
<ul style="list-style-type: none"><li>• Upon completion of this lesson, you will be able to:</li><li>• Understand the concept of personality and the development of personality.</li><li>• Differentiate between the ten personality disorders and the distinguishing characteristics of each.</li><li>• Understand the meaning of terms commonly associated with personality disorders (examples: derealization, depersonalization, splitting, decatastrophizing).</li><li>• Identify risks and safety concerns common in the person with borderline personality disorder and antisocial personality disorder.</li><li>• Discuss treatment options for patients with a personality disorder including medications.</li><li>• Develop a nursing plan of care for patients experiencing personality disorders.</li></ul>
<b>Pre-Class Preparation</b>
Required: <ul style="list-style-type: none"><li>• Varcarolis, 3rd ed. Ch.13: p. 166-178</li><li>• HESI Comprehensive Review for the NCLEX-RN Examination 6th ed., Ch. 7: pp. 274-275</li></ul> Additional Resources: NA
<b>Learning Activities</b>
Classroom Activities: <ul style="list-style-type: none"><li>• Lecture and PowerPoint Presentation</li></ul> Laboratory and Clinical Activities: <ul style="list-style-type: none"><li>• Care of the patient with a personality disorder in the clinical setting</li></ul> Online: <ul style="list-style-type: none"><li>• See online assignments on “Instructional Module 6 Assignments and Required Work”</li></ul>
<b>Evaluation Methods</b>
<ul style="list-style-type: none"><li>• Exams</li><li>• HESI Proctored PMH Exam</li><li>• Clinical performance/Evaluation</li></ul>

<b>Texas DECs</b>	<b>QSEN Competencies</b>
Knowledge: II.B1,5,7a; II.C 6; II.E 4a, 6a&b, 7 Clinical Judgments & Behaviors: II.E1; II.E.2 a, b & c, 3b;	Patient Centered Care; Teamwork & Collaboration; Safety
<b>IM Student Learning Outcomes</b>	<b>NCLEX Test Plan</b>
1,2,3	Psychosocial Integrity: Crisis intervention, Behavioral interventions, Mental Health Concepts, Therapeutic Communication, Therapeutic Environment Pharmacological & Parenteral Therapies: Adverse Effects/Contraindications/Interactions & Expected Actions/Outcomes
<b>Concepts</b>	<b>Faculty</b>
Interpersonal Relationships & Coping	Rebecca Powers, MSN, RN-BC
<b>Date originated: 11/15/15</b>	<b>Revision Dates: 7/29/16; 1/10/17; 12/5/17; 12/17/19</b>

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