Covenant School of Nursing
Instructional Module 6 Learning Guide
Topic: Nurse-Patient Relationship

Learning Goals/Outcomes
Upon completion of this lesson, you will be able to: • Describe how the nurse uses the necessary components involved in building and enhancing the nurse–patient relationship (trust, genuineness, empathy, acceptance, and positive regard). • Describe the importance of self-awareness and therapeutic use of self in the nurse–patient relationship. • Differentiate the differences between social, intimate, and therapeutic relationships. • Describe and implement the phases of the nurse–patient relationship as outlined by Hildegard Peplau. • Explain the negative behaviors that can hinder or diminish the nurse–patient relationship. • Describe boundaries in the nurse-patient relationship. • Describe the goals of therapeutic communication. • Differentiate between therapeutic communication and nontherapeutic communication. • Apply principles of therapeutic communication in patient interactions. • Identify the roles that physical health and biologic makeup play in a patient's emotional responses. • Obtain and organize psychosocial assessment data to use as a basis for developing a nursing plan of care. • Describe various cultural beliefs and practices that can affect the nurse-patient relationship.

Pre-Class Preparation
Required: • Varcarolis : Ch. 7: p. 77-82; Ch. 8: p. 91-103; Ch. 9: 105-117 • HESI Comprehensive Review for the NCLEX-RN Examination 6th ed.; Ch. 7: p. 263 "Therapeutic Communication"

Learning Activities
Classroom Activities: • Lecture with PowerPoint • Communication Scenarios Laboratory/Clinical Activities: • Care of the patient with a mental health disorder in the clinical setting Online: • See online assignments on "Instructional Module 6 Assignments and Required Work"

Evaluation Methods
• Exams • HESI PMH Exam • Clinical performance/evaluation

Texas DECs	QSEN Competency (s)
Knowledge: II.B.3; II.C.1a&b; II.C.1a&b; II.E.2; III.B.1b; IV.D.2 **Clinical Judgments & Behaviors:** I.B.1 & 3.a& b; II.B.1; II.E. 9; III.B.9;	Patient Centered Care; EBP; Safety; Informatics
Instructional Module 6 Student Learning Outcomes	*NCLEX Test Plan*
1 & 2	**Psychosocial Integrity:** Therapeutic Communication and Therapeutic Environment, Cultural Awareness & Influences on Health
Concepts	*Faculty*
Communication & Interpersonal Relationships	R. Powers, MSN, RN
Date originated: 11/2/15	*Revision Dates:* 7/20/16; 12/12/16; 12/5/17; 12/17/19

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