# Medication Work Sheet – Instructions

1. **Student Name, Unit, Pt. Initials, Date: self-explanatory**

2. **Allergies:** medications, foods, etc.

3. **Generic Name:** non-proprietary name; think NCLEX!

4. **Pharmacological Classification:** describes how the drug acts (ie: Anti-Hypertensive, Diuretic, Beta-Adrenergic, etc.)

5. **Therapeutic Reason:** intended purpose/treatment

6. **Dose, Route, Schedule:**
   a. **Dose** – amount to be given (ie: 25 mg)
   b. **Route** – PO, IV/IM, sub-Q, topical, PR (rectal) or SUPP (suppository), TD (transdermal), TOP (topical), etc.
   c. **Schedule** – how often? Daily, BID, TID, QID, etc. – (will see actual hour(s) on the eMar)

7. **Correct Dose? Y/N:** Is the dose ordered within the acceptable range; if no, what is & what would you do?

8. **IVP/IVPB –** will be addressed starting in Module 2

9. **Adverse Effects (side effects):** list *most* important/applicable effects (ie: bradycardia, hypotension, vertigo, diarrhea, respiratory depression, etc.)

10. **Nursing Assessment, Teaching, Interventions:** decide *most* important
    a. **Assessment(s):** vital signs, blood sugar, lab(s), skin, etc.
    b. **Teaching/Interventions/Precautions:** Information needed to educate your patient (ie: check BP/HR or BS first; meds/foods to avoid; positional precautions, "do not take if …", "report immediately if …", operational precautions, etc.)

- **Remember - Each Medication Work Sheet Is Patient Specific**

**Student Name:** _____ **Date:** _____

## Adult/Geriatric Medication Worksheet – Current Medications & PRN for last 24 Hours (Medication Admin Lab)

**Allergies:** _____

| Generic Name | Pharmacologic Classification | Therapeutic Reason (layman's tems) | Dose, Route & Schedule | Correct Dose? If no, what is correct dose? | What Nurse Needs to Be Aware of: (assessment/interventions precautions contraindications) | What to Teach Patient (in layman's terms)<br><br>What are the possible side effects? |
|---|---|---|---|---|---|---|
| Lisinopril/ Zestril | Ace Inhibitor | HTN<br>(high blood pressure) | 10 mg PO daily | Y N | 1. Assess VS before admin. BP must be greater than 100/60<br>2. Assess labs: BUN, creatinine, electrolytes, CBC<br>3. Assess for swelling of the eyes, lips, tongue (angioedema).<br>4. Avoid other HTN meds, diuretics, NSAIDS | 1. May cause dizziness, drowsiness, dry cough or headache<br>2. Let me know if your tongue, lips, eyes or face begin to swell<br>2. Call for help when getting out of bed<br>3. Avoid taking ibuprofen, naproxen… |
| Ondansetron Hydrochloride/ Zofran | 5-$HT_3$ antagonist | Nausea, emesis<br>(nausea and vomiting) | 8 mg PO PRN | Y N | 1. Assess bowel sounds | 1. May cause drowsiness, headache, constipation, dizziness<br>2. Report if heart "feels like it's skipping a beat or racing,<br>3. Call for help when getting out of bed. |

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| Promethazine Hydrochloride/ Phenergan | Dopamine antagonist | Anti-emetic (nausea and vomiting) | 12.5 mg PR<br>PRN | Y N | 1. Assess respirations. Should be greater than 10.<br>2. I & O for urinary retention | 1. May cause weakness, dizziness, drowsiness, constipation, headache<br>2. Report uncontrolled movements<br>3. Change positions slowly<br>4. Sugarless gum/candy for dry mouth |
| Timolol Maleate/Betimol | Beta – Adrenergic antagonist | Glaucoma (increase pressure in eyes) | 0.5% eye<br>OU<br>BID | Y N | Can cause hypotension, bradycardia, arrhythmias;<br>Do not use if have asthma, COPD; heart block, bradycardia<br>1. apply pressure to lacrimal duct x 1 min post admin<br>2. assess vs prior to admin<br>3. instill daily as directed<br>4. Wait 10 min between other eye meds | 1. Can cause ocular stinging, headache, dry eyes, dry mouth<br>2. Sugarless gum/candy for dry mouth. |

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| Budesonide & Formoterol/ Symbicort | Corticosteroid/ beta-adrenergic agonist | Bronchospasm, COPD | 80 mcg/4.5 mcg<br>Inhalation<br>BID | Y N | Can cause headache, chest pain, SOB, tachycardia, nervousness, oral candida, **anaphylactic s/s**<br>**1.** Assess breath sounds before and after administration | 1. Can cause headache, chest pain, shortness of breath, nervousness<br>2. Not a rescue medication<br>3. Rinse mouth with water – don't swallow |

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| Digoxin/ Lanoxin | Cardiac glycoside | Anti-arrhythmic (abnormal heart rhythm, heart failure) | 0.125 mg PO daily | Y N | Bradycardia, fatigue, GI upset,<br>1. Assess apical rate. Hold for less than 60 Monitor BP.<br>2. Monitor potassium and dig levels<br>3. Monitor for N & V (early sign of toxicity)<br>4. Monitor I & O<br>5. Assess lungs for crackles | 1. May cause drowsiness, dizziness, fatigue,<br>2. Take as directed every day, same time<br>3. Report nausea and vomiting |
| Naproxen Sodium/ Aleve | NSAID | Analgesic (pain reducer) | 125 mg/5mL<br>PO<br>PRN | Y N | Headache, vertigo, decreased mental status; GI bleed, blood disorders, upset stomach<br>1. Assess pain level<br>2. Assess BP | 1. Avoid if allergic to aspirin or other non-steroidal anti-inflammatory drugs<br>2. Avoid with alcohol, ASA, acetaminophen<br>3. Report ringing in the ears, easy bruising, rash<br>4. May raise blood pressure. |
| Nystatin/ Mycostatin | Anti-fungal, antibiotic | Anti-fungal | 100,000 Units/G<br>Topical<br>BID | Y N | Dermatitis, local hypersensitivity<br>1. Clean and dry area to be treated | 1. Apply as directed<br>2. Avoid occlusive dressing |
| Acetaminophen / Tylenol | Non-opioid analgesic, Anti-pyretic | Analgesic, anti-pyretic (pain reliever and fever reducer) | 325-650 mg<br>PO<br>PRN | Y N | s/s hepatotoxicity, (assess for nausea, vomiting, diarrhea, abdominal discomfort – early signs of) | 1. Do not exceed 4 G per day (3g if malnourished)<br>2. Avoid alcohol<br>3. Report nausea, vomiting, diarrhea, abdominal discomfort. |
| Nicotine | Cholinergic | Smoking | 14 mg | Y N | Skin reactions, | 1. May cause redness, itching or edema. Report |

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| Transdermal System/<br>Nicoderm CQ | receptor antagonist ; Smoking deterrent | deterrent, cessation | TD<br>daily | | Headache, vertigo, cardiac, anomalies; s/s nicotine toxicity<br>1. Cleanse previous site and change site (non- hairy)<br>2. Date, time and initial | severe redness, itching or edema.<br>3. Report fast, irregular, pounding heartbeat<br>4. Remove patch prior to MRI<br>5. Do not use if pregnant<br>6. Do not smoke |
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