

Covenant School of Nursing
Instructional Module 6 Learning Guide
Topic: Antepartum Testing

Learning Goals/Outcomes

Upon completion of this lesson, you will be able to:

- Define key terms used in antepartum assessments/tests
- Describe common laboratory tests and the significance of results to the pregnant woman
- Explain the nursing responsibilities and patient education related to each assessment/test
- Identify indications for fetal diagnostic procedures
- Discuss the purpose of each screening and diagnostic procedure

Pre-Class Preparation

Required:

- Read Foundations of Maternal-Newborn and Women's Health Nursing
 - Chapter 7: Antepartum Assessment, Care and Education pg. 132-table 7.1; pg. 133-table 7.2; pg. 135-Ultrasonic screening, Glucose screening and Isoimmunization
 - Chapter 9: Assessing the Fetus pgs. 178-198.
- Read HESI Comprehensive Review for the NCLEX-RN Examination
 - Chapter 6: Maternity Nursing pgs. 207-208; Item F. Obtain Laboratory Data
 - Chapter 6: Maternity Nursing pgs. 210-211: Fetal and Maternal Assessment Techniques-Ultrasonography, Chorionic Villi Sampling (CVS) and Amniocentesis
 - Chapter 6: Maternity Nursing pgs. 214-216: Additional Antepartum Tests-Nonstress test, Contraction stress test, Biophysical profile.
 - Appendix-Common Laboratory Tests
- HESI Clinical Skills: Skills for Nursing Collection-Maternal Newborn Collection - review and complete the skills test
 - Biophysical Profile

Additional Resources:

- My Evolve

Learning Activities

Classroom Activities:

- Lecture
- Discussion

Laboratory/Clinical Activities:

- Clinical & Community Rotations

Out of Classroom Work

- **HESI Antepartum Testing -Maternal Newborn Collection**
 - Biophysical Profile

Evaluation Methods

- HESI OB Proctored Exam
- Clinical Performance Evaluation
- Unit 2 Exam

Texas DECs	QSEN Competencies
Knowledge IA1c, 2, 3, IB 1a-e, 2 a & b, 3, 7a-c & 8, IC 3, ID1, 3, & 4, IIA 1a, 2a & b, 3, IIB 1, 2, 3, 4, 6, 7, 8, 9, 10, &11, IIC 3, 4a & b, 5, 6, 7, IID 1a-d, 3a, & b, 4a-c, 5a & b, IIE 1a, b, 3a & b, 4a, 5, 6, 9,11a-c,12,13, IIF 2, IIH 2b, III A 2, 3, 4, IIIB IVA 4a & b, 5a & b, IVB 2a & b, IVC 4a, IVD 1, 3a & b, 4, IVF 3 Clinical Judgment IA 1, 2, 3b, IB 2a-c, 4a-c, 5a & c, 6a-c, 7, IC 5, 6a IIA 1, 2a & b, 3, & 4, IIB. 2, 3a & b, 4, 5, 6, 7, 8, IIC 1, 2, 3a, 4, 7, IID. 1, 2 a-d, 3a-c, 4, IIE. 5a & b, 6a-c, 8, 10, 12a & b, IIF. 1a-c, 3 a & b, 4, 5a- c, 6, IIG1, 2a & b, 3 , 4, 5a & b, 6, 7, IIH.3, a & b, 6 IIIA. 4, 6b, 1a & b, 2, IIIB 3a, IVA 1, 2a & b, 3, IVB 1a & b, 3a-c, IVC 2 a, 3a & b, IVD 1 a-c, 3a & b, 4, 5, 6a & b, 7, IVE 1c, IVF 1a-c	Patient Centered Care, Teamwork & Collaboration, Evidence Based Practice, Safety, Informatics
IM Student Learning Outcomes	NCLEX Test Plan
1/2/3/4/5/6/7/8	Safe & Effective Care Environment, Health Promotion & Maintenance, Psychosocial Integrity, Physiological Integrity
Concepts	Faculty
Clinical Judgment, Communication, Health Promotion, Patient Education, Teamwork & Collaboration, Ethics & Legal Precepts, Evidence-Based Practice, Health Information Technology, Patient-Centered Care, Safety, Comfort, Gas Exchange, Nutrition, Perfusion, Reproduction, Coping, Human Development	Jeanette Gurley, MSN, RNC- NIC
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CSON Learning Guide (adopted 5-2015 by Faculty vote) - adapted from Smith, R. M. Conquering the Content. San Francisco: Jossey-Bass, 2008.