

**Covenant School of Nursing
Instructional Module 6 Learning Guide
Topic: Antepartum Nursing**

Learning Goals, Outcomes

Upon completion of this lesson, you will be able to:

- Compute gravida, para, and estimated date of delivery
- Differentiate presumptive, probable and positive signs of pregnancy
- Examine the physiologic and psychological changes during pregnancy, signs and symptoms of potential antenatal complications and appropriate nursing interventions
- Relate the common discomforts of pregnancy and measures to prevent or relieve them
- Describe the preconception, initial and subsequent antepartum assessments in terms of history, physical exam and risk assessment
- Identify factors that complicate the provision of care to pregnant victims of Intimate partner violence and human trafficking.
- Explain the importance of adequate nutrition, weight gain, and nutritional risk factors during pregnancy
- Consider variables that influence adaptation to pregnancy for the childbearing family
- Describe the various types of education for the childbearing family

Pre-Class Preparation

Required:

- Foundations of Maternal Newborn and Women’s Health Nursing 7th Edition
 - Chapter 2: Social, Ethical and Legal Issues - Intimate partner violence and Human Trafficking pgs. 29-34
 - Chapter 6: Maternal Adaptation to Pregnancy pgs. 100-126
 - Chapter 7: Antepartum Assessment, Care and Education pgs. 127-153
 - Chapter 8: Nutrition for Childbearing pgs. 154-170
 - Chapter 15: Nursing Procedure 15.1 Leopold’s Maneuvers pgs.383-384
 - HESI Comprehensive Review for the NCLEX-RN Examination (6th ed): Ch. 6. Antepartum Nursing Care: Activities during First & Subsequent Prenatal Visits pp. 247-249, Psychosocial Responses to Pregnancy pg. 247 and Nutrition pp. 250
 - HESI Clinical Skills: Skills for Nursing Collection-Maternal Newborn Collection - review and complete the skills test
- Admission Assessment: Obstetric Patient
Leopold’s maneuvers

Additional Resources:

- American Pregnancy Association website-<http://americanpregnancy.org>

Learning Activities

Classroom Activities:

- Lecture
- Discussion
- Videos

Laboratory and Clinical Activities:

- OB Clinical/Community Rotations
- Deliberate Practice

Out of Classroom Work

- HESI Clinical Skills: Skills for Nursing Collection-Maternal Newborn Collection – review and complete the skills test
- Admission Assessment: Obstetric Patient
Leopold’s Maneuver

Evaluation Methods

- HESI Proctored Exam
- Clinical Performance Evaluation
- Unit 2 Exam

Texas DECs

Knowledge

QSEN Competencies

Patient Centered Care, Teamwork & Collaboration,

<p>IA 1a & c, 2, 3, IB 1a-d, 2a & b, 3, 7a & c, IC 2, IIA 1a & b, 2a & b, 3, 4, IIB 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, IIC 1a & b, 2a & b, 3, 4a & b, 5, 6, 7, 8, IID 1a-e, 2, 3a & b, 5 b, IIE 1a &b, 2, 3a & b, 4a & b, 5, 6a & b,7, 8, 9, 10, 11a –c, 12, 13, IIF 1, 2, 3, IIG 1a & b, 2a & b,3a & b, IIH 5, 6, IIIA 2, IIIB 1a & b,2, 3, 4, 5, IIIC 1, 2, IIID 1a & b, IVA 1a &B, 2, 3a & b, 4a & b, 5a & b, IVB 1a & b, 2a & b, 3b, 4, IV C 1, 2, 3, 4a & b, 5, 6, 7, 8, IVD 1, 2, 3 a, IVE 1a & b, 2, 3, IVF 1, 2a & b, 4a & b, Clinical Judgement IA1, 2, 3a &b, IB 2a-c, 3a-c, 4a-c, 5c, 6b&c, 7, 9, IC 2, IIA 1, 2a & b, 3, 4, IIB 1, 2, 3a &b, 4, 5, 6, 7, 8, 9, IIC 1, 2, 3a & b, 4, 5, 6, 7, IID 1, 2a-d, IIE 1, 2a-c, 3a &b, 4, 5a & b, 6a-c, 7a-c, 8, 9, 10,11, 12a & b, 13, IIF1a-c, 2a&B, 3 a &b, 4, 5a-c, 6, IIG1, 2a &b, 3, 4, 5a &b, 6, 7, IIH 3, 6, IIIA 3, 4, 5a, IIIB1, 2, 3a-c, 4, 5, 8, 9, IIIC1, 2a &b, IIIE 3, IVA 1, 2a & b, 3. IVB 1a &b, 2, 3a-c, 5a & b, IVC 1a-c, 2a-c, 3a & b, 4, IVD 1a-c, 2, 3a & b, 4, 5, 6a & b, IVE 1a-d, 2a-c, 3a-c.</p>	<p>Evidence Based Practice, Safety, Informatics</p>
<p>IM Student Learning Outcomes</p>	<p>NCLEX Test Plan</p>
<p>1/2/3/4/5/6/7/8</p>	<p>Safe & Effective Care Environment, Health Promotion & Maintenance, Psychosocial Integrity, Physiological Integrity</p>
<p>Concepts</p>	<p>Faculty</p>
<p>Clinical Judgment, Communication, Health Promotion, Patient Education, Teamwork & Collaboration, Ethics & Legal Precepts, Evidence-Based Practice, Health Information Technology, Patient-Centered Care, Safety, Cellular Regulation, Comfort, Elimination, Fluid & Electrolyte Balance, Functional Ability, Gas Exchange, Metabolism, Mobility, Nutrition, Perfusion, Reproduction, Sleep, Coping, Human Development</p>	<p>Donna Neel, MSN, RNC-OB, C-EFM, CA/CP SANE, AFN-BC, SANE A</p>
<p>Date originated: 6/29/15</p>	<p>Revision Dates: 11/15/15, 5/26/16, 12/1/16, 11/27/17, 5/4/18, 12/4/18, 6/27/19, 12/11/19</p>

Instructional Module 6 Learning Guide

Topic : Antepartum Nursing cont'd

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