

	<b>Erikson</b>	<b>Piaget</b>	<b>Freud</b>	<b>Motor</b>	<b>Nutrition</b>	<b>Language</b>	<b>Teeth</b>
<b>Infant (birth - 1)</b>	Trust vs. Mistrust	Sensorimotor: *Separation *Object permanence *Mental representation	Oral Stage	2m-lift head 4-6m-roll 8m- sit up 10m-prone to sit; 11m- walk holding on; 12m- stand to sit	Breastmilk first 6m (optimal); formula; 4-6m- solids	Crying, coos, responds to noises, laughs, squeals, says 3-5 words & comprehends "no" by 1 yr	6-8 by 1 yr  1 <sup>st</sup> erupt b/t 6-10 mo
<b>Toddler (1 - 3)</b>	Autonomy vs. Shame & Doubt	Sensorimotor: Object permanence Domestic mimicry Imitation	Anal Stage	15m- walk, creep up stairs; 18m- throw ball overhand; 2y-up/down stairs both feet; 2.5y-stand on 1 foot	Picky/fussy eaters; finger foods; 1y-whole milk; 2y-low fat milk; juice 4-6oz per day; 1 cup fruit per day	1 - 3y- one-word sentences to several word/simple sentences; 300 words by 2y	Brushing and flossing by caregiver; do not put to bed with juice or milk
<b>Preschooler (3 - 6)</b>	Initiative vs. Guilt	Preoperational	Phallic Stage	3y - tricycle 4y - skips/hops on 1 foot; throw ball overhead 5y- jump rope, walk backwards	Picky; willing to sample new foods by 5y; 13-19g/day protein, Ca, Fe, folate, vit A & C	>2,100 words; 4-5 word sentences by 5y; enjoys talking	Eruption of primary teeth final; supervise brushing and flossing; teeth trauma common
<b>School-age (6 - 12)</b>	Industry vs. Inferiority	Preoperational Concrete operational Formal operational	Latency Period	Competitive and cooperative play	Adult portions, teach healthy food choices, no skipping meals	<b>X</b>	Begin losing primary teeth "age of lose teeth"
<b>Adolescent (puberty - 20)</b>	Identity vs. Role Confusion	Formal operational	Genital Stage			<b>X</b>	

