

# Module7: Mock Competency Performance Examination

Student Name: \_\_\_\_\_ Clinical Instructor: \_\_\_\_\_ Date: \_\_\_\_\_

Competencies: (✓) for Met; (X) for Unmet

\*Mock CPE: MET  UNMET

Communication & Standard Precautions \_\_\_\_\_  
Safety \_\_\_\_\_  
General Assessments \_\_\_\_\_

Neurological Assessment \_\_\_\_\_  
Respiratory Assessment \_\_\_\_\_  
Cardiac Assessment \_\_\_\_\_  
Peripheral Vascular Assessment \_\_\_\_\_  
Abdominal Assessment \_\_\_\_\_

## Learning Outcomes:

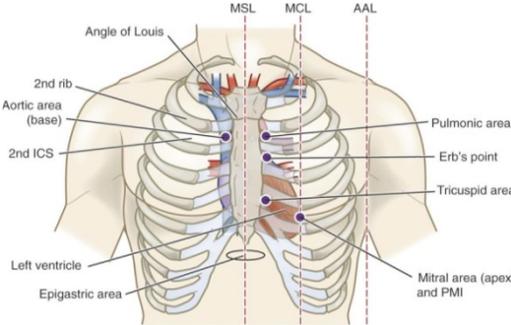
1. Perform interventions based on assessment of patients and families with complex healthcare needs.
2. Implement effective communication methods when caring for patients and families with complex healthcare needs.
3. Perform nursing interventions based on prioritization and independent judgments and evidenced based practice.
4. Incorporate concepts of human caring and relationships with patient and families with complex healthcare needs.
5. Prioritize resources in order of effectiveness and accessibility for patients and families with complex healthcare needs.
6. Implement behaviors consistent with an effective team leader.
7. Modify teaching plans for patients and families with complex health care needs.
8. Implement holistic, evidence-based nursing care to patients and families with complex healthcare needs.

**Evaluation:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**All listed items must be completed to meet CPE criteria:**

Communication & Standard Precautions	Safety	General Assessments
<ol style="list-style-type: none"> <li>1. Introduces self. _____</li> <li>2. Explains purpose of interaction. _____</li> <li>3. Washes hands. Pre: ___ Post: ___ PRN: ___</li> <li>4. Cleans stethoscope before placing on patient. _____</li> </ol>	<ol style="list-style-type: none"> <li>1. Identifies the patient with two identifiers _____</li> <li>2. Ensures the bed is down. _____</li> <li>3. Ensures side rails are up as appropriate for the patient. _____</li> <li>4. Ensures BVM and suction is setup (if patient is ventilated). _____</li> <li>5. Ensures call light is in reach and instructs for use when needed. _____</li> </ol>	<ol style="list-style-type: none"> <li>1. Assesses pain or comfort level. _____</li> <li>2. Visually assesses all IV access. _____</li> <li>3. Assesses any IV solutions running, states what is running and at what rate _____</li> </ol>

**Focused Assessments: Pick two and provide a rationale for your choices**

Neurological Assessment	Respiratory Assessment	Cardiac Assessment
<ol style="list-style-type: none"> <li>1. Assesses level of consciousness. _____               <ol style="list-style-type: none"> <li>a) Eye opening _____</li> <li>b) Verbal response _____</li> <li>c) Orientation _____</li> </ol> </li> <li>2. Assesses motor function. _____               <ol style="list-style-type: none"> <li>a) Hand grasp _____</li> <li>b) Toe wiggle _____</li> </ol> </li> </ol>	<ol style="list-style-type: none"> <li>1. Assesses oxygen saturation. _____</li> <li>2. Auscultates all lung fields. _____</li> <li>3. Places stethoscope to skin. _____</li> <li>4. Observes chest for equal chest rise during inspiration. _____</li> </ol>	
Peripheral Vascular Assessment	Abdominal Assessment	<ol style="list-style-type: none"> <li>1. Auscultates heart sounds in 4 locations for at least 2 complete cycles at each location. _____</li> <li>2. Places stethoscope against skin. _____</li> <li>3. Assess radial and pedal pulses bilaterally. _____</li> <li>4. States whether heart rhythm is normal or abnormal. _____</li> </ol>
<ol style="list-style-type: none"> <li>1. Assesses six P's in bilateral extremities: Pain ___ Pallor ___ Pulses ___ Paresthesia ___ Paralysis ___ Poikilothermia ___</li> </ol>	<ol style="list-style-type: none"> <li>1. Inspects the abdomen. _____</li> <li>2. Auscultates the abdomen in the epigastric region and all four quadrants. _____</li> <li>3. Places stethoscope against skin. _____</li> <li>4. Performs light palpation over epigastric region and all four quadrants. _____</li> </ol>	