

Covenant School of Nursing
Instructional Module 4 Learning Guide
Topic: Palliative Care and End of Life

Learning Goals/Outcomes

Upon completion of this lesson, you will be able to:

- Compare and contrast the philosophy of palliative care and hospice care, including information about life-limiting illnesses that clients may have.
- Identify and discuss ethical situations related to end of life care.
- Differentiate pharmacologic/therapeutic classification, correct dosages, routes, indications, adverse reactions, appropriate nursing assessment, teaching and interventions for medications related to NSAIDS, Opioids, Antagonists, and Adjuvant Therapy.
- Determine the appropriate pain relief method: pharmacological methods and/or non-pharmacological methods.
- Explain patient rights and end of life treatment decisions including advance directives.
- Describe the clinical manifestations of impending death, pre-active phase and active phase.
- Formulate nursing and collaborative management for the dying patient and their family, including their cultural and spiritual beliefs.
- Explain the concept of psychosocial issues with end of life care.

Pre-Class Preparation

Required:

Palliative Care, Hospice and Decision-Making

- Read: Medical-Surgical Nursing
Ch. 9 “Palliative Care at End of Life”

Pain Management (Pharmacology)

- Read: Lehne Pharmacology for Nursing Care, 10th Edition
Chapter 28 “Opioid Analgesics, Opioid Antagonists, and Nonopioid Centrally Acting Analgesics”
Chapter 71 “Cyclooxygenase Inhibitors: Non-steroidal Anti-Inflammatory Drugs and Acetaminophen

Additional Resources:

- Texas Out of Hospital Do Not Resuscitate Program:
<http://www.dshs.state.tx.us/emstraumasystems/dnr.shtm>
- Texas Advance Directive PDF (on LMS)
- Hospice Patient’s Rights PDF (on LMS)
- Policy and Procedure: Post Mortem Care
- Policy and Procedure: DNR, Advanced Directives, MPOA, Patient Self Determination Act

Classroom Activities:

- Lecture and guided outline
- Audience Response Question & Answer

Laboratory/Clinical Activities:

- Case Studies
- Integrate concepts of palliative care in the clinical setting

Out of Class/Computer Assisted Activities: Please complete prior to attending class for a better understanding of the information provided in lecture.

- HESI: Case Study/Community Health/Hospice
- HESI: Case Study/Fundamentals/Loss, Grief, and Death

Evaluation Methods

- Exam
- Audience Response Questions & Answers

<i>Texas DEC's</i>	<i>QSEN Competencies</i>
<p>Knowledge II.A:1.a, b; 2.a,b; 3; 4; II.B:2; 4;5; 6; 7; 8; 9; 11; 12; II.C: 1.a, b; 2.a; 3;4a, b; 5; 6; 7; 8 II.D: 1.a, b, c, d; 2; 3 a; 4c; 5 a; IIE: 1.a; 2; 3. a, b;4.a; 6a, b;11. a, 12; II.F: 1, 2, 3IIG: 1.b; 2a, b; 3a Clinical Judgments and BehaviorsI.A.1; 2; 3a., b; IB: 2.a, b; 3.a, b, c;4.a, b, c; 5.a, c; 6.a, b, c; 7.a; 8; 9; IC.2; 3.a, b, c; 5; 6.a, b; I.D.1;3; 4; II.A.1; 2.a,b; 3, 4; II.B.1.a;2, 3. A, b; 4, 5, 6, 7, 8, 9a; II.C.1; 2, 3a, 4, 5, 6, 7; IID 2.a, b, c, d; 3. A, b, c; 4; II.E.1; 2, a, b, c; 3. A, b; 4, 5. A, b; 6. a, b, c, d; 7. a, b, c.; 8, 9. a, b; 10. a; 11, 12. a; II.F.1.a, b, c; 2 a, b; 3 a, b; 5a, b; II.G.1.a; 4, 5 a, 6a, 7; II.H.4.b;5.a, b, 6a; III.A.2; 3; 4; 5a; III.B.1, 2, 3a, b, c; III.B.2; 3a, b, c; 4, 5, 8, 0, III.C.1; 2a, b; III.D.1; 2; 3; III.E.1; 3; III.F.1; IV.A.1.a; IV.B.1.a, b; 2 a; 3 c; 5a, b; IV.C.1.a, b, c; 2 a, b, c; IV.D.1.a, b; 2a, 3a, b; 5; IV.E.1.a, b, c; 2a, b, c; 3a, 4</p>	<p>Evidence Based Practice Patient Centered Care Safety Teamwork & Collaboration</p>
<i>IM Student Learning Outcomes</i>	<i>NCLEX Test Plan</i>
<p>2, 4, 5, 6, 8</p>	<ul style="list-style-type: none"> • Safe & Effective Care <ul style="list-style-type: none"> ○ Management of Care <ul style="list-style-type: none"> ▪ Advocacy, Ethical Practice • Psychosocial Integrity <ul style="list-style-type: none"> ○ Basic Care & Comfort <ul style="list-style-type: none"> ▪ End of Life Care, Grief and Loss, Support Systems • Physiological Integrity <ul style="list-style-type: none"> ○ Pharmacological & Parenteral Therapies <ul style="list-style-type: none"> ▪ Non-Pharmacological Comfort Intervention • Physiological Integrity <ul style="list-style-type: none"> ○ Physiological Adaptation <ul style="list-style-type: none"> ▪ Illness Management, Alterations in Body Systems ○ Physiological Integrity <ul style="list-style-type: none"> ▪ Pharmacological & Parenteral Therapies ▪ Pain Management

Concepts	Faculty
Comfort, Diversity, End of Life, Ethics & Legal, Grief	D Smith, MSN, RN N Myres, MBA, MSN, RN K Duriex, MSN, RN-BC K. Howard, FNP-BC, MSN, RN
Date originated: 11/3/15	Revision Dates: 1/11/16, 3/22/16, 7/25/16, 9/14/2017, 2/6/18, 5/24/18, 7/10/19