

Daily Journal Entry with Chart Note & Plan of CareStudent Name: Yvette Enciso Day/Date: Monday, February 2, 2026Number of Clinical Hours Today: 8 Number of patients seen: 4Care Setting: Hospital Ambulatory Care Home Care Other Preceptor: Deanne Reed, RNClinical Focus: Wound Ostomy Continence

This assignment should be WOC focused and approached as both patient documentation and critical thinking development. Complete each section of the document. Once you have completed the form, save the document by clinical date and preceptor. Submit to your Practicum Course dropbox for instructor review & feedback. Journals should be submitted to your dropbox no later than **48 hours** following the clinical experience day. See samples in course Resource area to assist you with this assignment.

Reflection: Describe your patient encounters, types of patients seen, and any additional activities.

Urodynamics- One patient seen for difficulty voiding and urinary retention, patient present for Cystometrogram, Uroflowmetry and pressure-flow voiding study. Another patient was seen for urinary retention and leakage and a Uroflowmetry, Cystometrogram, and pressure-flow voiding study was performed. In-patient- The third patient was seen for post op ileostomy with high output and patient requesting a high output bag. The last patient was seen for a leaking paracentesis opening that has not closed.

WOC nurses function as consultants and develop plans of care (POC) for other care givers as a guide to providing care in the WOC nurse's absence. 1. select one patient who is an example of the identified specialty hours for this clinical day. 2. Write a chart note beginning with a brief, focused history and history of present illness, including why you are seeing the patient. 3. describe the visit including any physical assessment, interactions, interventions, and evaluations. 4. Complete a Braden Scale assessment if this was an inpatient encounter. 5. Identify any specific products used or recommended for use. Remember, this note reflects all that **was done** during the visit.

The plan of care reflects your direction/orders to another care provider *after* the encounter to be performed in your absence.

Chart note:

RN assessment at outpatient Urodynamics clinic due to difficulty voiding and urinary retention. Pt is a 75 year old female. Patient is present for Cystometrogram, Uroflowmetry and pressure-flow voiding study. Uroflowmetry- patient was unable to void for pre-test uroflow and had to be straight cath'd for 300ml. Cystometrogram- Images were taken, no leaks with Valsalva. Pressure-flow voiding study- patient was unable to void with catheter in place, patient was able to void in bathroom with 150ml.

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Patient reports that she has the sensation to void and sits on the toilet, however, not a lot comes out. The patient had a strong desire to void, however, was unable to and then voiced the desire to have a BM, patient went to the bathroom and voiding 150ml along with a BM.

PMH: HTN, Gout, Hypothyroidism, HLD, urinary retention

Allergies: Sulfa, Tamsulosin

Meds: Levothyroxine 75mcg QD, Atorvastatin 80mg QD, Allopurinol 100mg QD, Lisinopril 20mg QD

Patient is A&O x4. Both eyes PERRLA. No neuro deficits noted. Well-groomed and well dressed. Breathing sounds even and unlabored. Reported last BM 2/2/26. Pt ambulates with walker and needs min/mod assistance with ADL's.

Denies N/V/D, dysuria, recent falls.

Patient has goal to void within an acceptable volume and frequency.
Patient will remain free from urinary retention.

Patient educated on fall precautions, infection control measures, NAS diet, and medication compliance.

Patient left in stable condition and had no further questions at the time.

Using the information from the chart note, develop a plan of care to be executed by other members of the healthcare team in your absence. Statements should be directive and holistic. Write as nursing orders.

WOC Plan of Care (include specific products)

Patient was educated on timed voiding, educated on turning on water when voiding, educated on fluid intake to maintain hydration and reduce caffeine intake. Pt was encouraged to maintain personal hygiene to perineal area to reduce infection.

Describe your thoughts related to the care provided. What would you have done differently

I would encourage the patient to not have breakfast if exams needs to be performed again to reduce the urge to have a BM so that exams can be performed thoroughly. Pt may have also been nervous to void in a room

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with 4 people present.

You should have a learning goal for each clinical day. What was your goal for the day? Was it met? Why or why not?

Goals

What was your goal for the day?

My goal for the day was to be able to understand how these urodynamic procedures/exams work and why they are being performed and how they are performed. My goals were met and I was able to see how they were performed in real time and why.

What is/are your learning goal(s) for tomorrow.

My goal for tomorrow is to be able to learn more about how to troubleshoot ostomy issues such as leaks, not fitting appropriately and skin breakdown.

For instructor use only. Do not remove or edit:

| CRITICAL ELEMENTS | Completed | Missing |
|---|-----------|---------|
| Medical record note reflects that of a specialist: | | |
| • Identifies why the patient is being seen | ✓ | |
| • Describes the encounter including assessment, interactions, any actions, education provided and responses | ✓ | |
| • Completes Braden Scale for inpatient encounter | ✓ | |
| • Includes pertinent PMH, HPI, current medications and labs | ✓ | |
| • Identifies specific products utilized/recommended for use | ✓ | |
| • Identifies overall recommendations/plan | ✓ | |
| Plan of Care Development: | | |
| • POC is focused and holistic | ✓ | |
| • WOC nursing concerns and medical conditions, co-morbidities are incorporated | ✓ | |
| • Braden subscales addressed (if pertinent) | ✓ | |

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|---|---|--|
| <ul style="list-style-type: none"> • Statements direct care of the patient in the absence of the WOC nurse | ✓ | |
| <ul style="list-style-type: none"> • Directives are written as nursing orders | ✓ | |
| Thoughts Related to Visit: | | |
| <ul style="list-style-type: none"> • Critical thinking utilized to reflect on patient encounter | ✓ | |
| <ul style="list-style-type: none"> • Identifies alternatives/what would have done differently | ✓ | |
| Learning goal identified | ✓ | |

Reviewed by: _____ Date: _____

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