



R. B. Turnbull Jr. M.D. WOC Nursing Education Program

Daily Journal Entry with Chart Note & Plan of Care

Student Name: Carla Edeh Day/Date: 10/10/25

Number of Clinical Hours Today: 8 Number of patients seen

Care Setting: Hospital Ambulatory Care Home Care Other

Preceptor: Jeanine Osby, RN, BSN, WOCN

Clinical Focus: Wound Ostomy Continence

This assignment should be WOC focused and approached as both patient documentation and critical thinking development. Complete each section of the document. Once you have completed the form, save the document by clinical date and preceptor. Submit to your Practicum Course dropbox for instructor review & feedback. Journals should be submitted to your dropbox no later than **48 hours** following the clinical experience day. See samples in course Resource area to assist you with this assignment.

Reflection: Describe your patient encounters, types of patients seen, and any additional activities.

WOC nurses function as consultants and develop plans of care (POC) for other care givers as a guide to providing care in the WOC nurse's absence. 1. select one patient who is an example of the identified specialty hours for this clinical day. 2. Write a chart note beginning with a brief, focused history and history of present illness, including why you are seeing the patient. 3. describe the visit including any physical assessment, interactions, interventions, and evaluations. 4. Complete a Braden Scale assessment if this was an inpatient encounter. 5. Identify any specific products used or recommended for use. Remember, this note reflects all that was **done** during the visit.

The plan of care reflects your direction/orders to another care provider *after* the encounter to be performed in your absence.

Chart note:

60 year old male with an end ileostomy due to pancolitis. WOC nurse consulted due to c/o peristomal irritation and possible IAD/ peristomal moisture associated skin damage. Patient c/o peristomal discomfort and itching intermittently with some burning. He states leakage occurs occasionally and he prefers to use his current pouching system.

Existing pouching system removed with adhesive remover. Peristomal skin cleaned with warm water and mild soap, rinsed, and patted dry. Stoma remeasured and confirmed the need for a larger pouching system and more convexity. Patient educated on the need to switch pouching system to a Convatec convex barrier to improve fit and decrease the risk of leakage that can cause IAD. Patient refused recommended pouching system. Patient with an area of superficial denudement at 12 o'clock. Stoma powder applied, excess removed, sealed with Cavilon No-sting barrier film and allowed to fully dry. I reapplied patient's current

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convex pouching system ensuring proper adherence. Patient tolerated procedure well. Patient educated on the importance of an appropriate pouching system to reduce leakage and MASD. Patient stated he understood.

Braden Risk Assessment Tool

Sensory Perception	4
Moisture	3
Activity	3
Mobility	3
Nutrition	3
Friction/Shear	3
Total	19

Using the information from the chart note, develop a plan of care to be executed by other members of the healthcare team in your absence. Statements should be directive and holistic. Write as nursing orders.

WOC Plan of Care (include specific products)

Clean peristomal skin with warm water at each pouching change. Avoid scrubbing and alcohol-based products.

Thoroughly pat dry peristomal skin before using any products.

Apply stoma powder, wiping away excess, to all visibly irritated areas.

Seal with Cavilon no-sting barrier film and allow to dry completely before pouching.

Assess leakage at each pouch change, documenting any undermining, increased erythema, or denudement and notify WOC nurse.

Continue use of current convex pouching system per patient preference.

Instructed patient to notify WOC nurse for any signs of leakage, irritations, burning, or itching.

WOC nurse will reassess in 3 days and/or if worsening signs of IAD.

Describe your thoughts related to the care provided. What would you have done differently

You should have a learning goal for each clinical day. What was your goal for the day? Was it met? Why or why not?

Goals

What was your goal for the day?

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My goal for today was to do stoma marking and see patients with continence issues.

What is/are your learning goal(s) for tomorrow? (Share learning goal with preceptor)

My goal is to see patients with continence issues.

For instructor use only. Do not remove or edit:

CRITICAL ELEMENTS	Completed	Missing
Medical record note reflects that of a specialist:		
• Identifies why the patient is being seen	✓	
• Describes the encounter including assessment, interactions, any actions, education provided and responses	✓	
• Completes Braden Scale for inpatient encounter	✓	
• Includes pertinent PMH, HPI, current medications and labs	✓	
• Identifies specific products utilized/recommended for use	✓	
• Identifies overall recommendations/plan	✓	
Plan of Care Development:		
• POC is focused and holistic	✓	
• WOC nursing concerns and medical conditions, co-morbidities are incorporated	✓	
• Braden subscales addressed (if pertinent)	✓	
• Statements direct care of the patient in the absence of the WOC nurse	✓	
• Directives are written as nursing orders	✓	
Thoughts Related to Visit:		
• Critical thinking utilized to reflect on patient encounter	✓	
• Identifies alternatives/what would have done differently	✓	
Learning goal identified	✓	

Reviewed by: _____ Date: _____

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