

Daily Journal Entry with Chart Note & Plan of CareStudent Name: Lisa Katrowski Day/Date: 11/6/2025 Number of Clinical Hours Today: 8 Number of patients seen 5 Care Setting: Hospital Ambulatory Care Home Care Other Preceptor: Kristine Woodworth Clinical Focus: Wound Ostomy Continence

This assignment should be WOC focused and approached as both patient documentation and critical thinking development. Complete each section of the document. Once you have completed the form, save the document by clinical date and preceptor. Submit to your Practicum Course dropbox for instructor review & feedback. Journals should be submitted to your dropbox no later than **48 hours** following the clinical experience day. See samples in course Resource area to assist you with this assignment.

Reflection: Describe your patient encounters, types of patients seen, and any additional activities.

The first patient we went to had a venous ulcer on the right leg. The second patient had a pressure injury to the sacrum. The third patient had an arterial wound to the foot. The fourth patient had skin damage due to incontinence. The last patient had a pressure injury to the left heel.

WOC nurses function as consultants and develop plans of care (POC) for other care givers as a guide to providing care in the WOC nurse's absence. 1. select one patient who is an example of the identified specialty hours for this clinical day. 2. Write a chart note beginning with a brief, focused history and history of present illness, including why you are seeing the patient. 3. describe the visit including any physical assessment, interactions, interventions, and evaluations. 4. Complete a Braden Scale assessment if this was an inpatient encounter. 5. Identify any specific products used or recommended for use. Remember, this note reflects all that was **done** during the visit.

The plan of care reflects your direction/orders to another care provider *after* the encounter to be performed in your absence.

Chart note:

Patient is a 93-year-old male with a past medical history of chronic kidney disease, COPD, Atrial fibrillation, and dementia. The patient came into the hospital for a fall and general weakness. WOC was consulted for a rash on the sacrum. Went to the patient's bedside to assess the area. Patient is alert x 1, pleasant, but not able to tell me much about himself or where he was at this time. The patient was pleasant and allowed me to assess the skin. Patient is incontinent of bowel and bladder. Patient is still living at home with his wife. He can walk with a rolling walker and assistance. On the sacrum, the patient had erythema and satellite lesions. The patient uses a Depends at home. The area was red and

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had a fungal rash in the perianal area.

Braden Risk Assessment Tool

Sensory Perception	3
Moisture	2
Activity	3
Mobility	3
Nutrition	3
Friction/Shear	2
Total	16

This patient is at risk for moisture damage due to incontinence. The patient should be checked Q2 hours for incontinence. The patient should be asked and prompted to use the restroom regularly during the day. The use of a condom catheter during the night helps reduce moisture and protect skin. The patient is also at risk for friction and shear. Make sure when moving the patient, to use the proper tools to reduce the risk of friction when moving and repositioning the patient while in bed.

Using the information from the chart note, develop a plan of care to be executed by other members of the healthcare team in your absence. Statements should be directive and holistic. Write as nursing orders.

WOC Plan of Care (include specific products)

1. Clean the area with pH-balanced cleanser to the perianal area after each incontinence episode.
2. Pat the area dry.
3. Apply nystatin cream to red areas.
4. Place the patient on a toileting schedule during the day to try and facilitate a routine for patient and reduce the amount of moisture against the patient's skin.
5. Limit the number of layers the patient had under the skin.
6. Use a condom catheter at night to collect urine and reduce moisture to the skin.
7. Turn patient Q2 hours.

Describe your thoughts related to the care provided. What would you have done differently

The patient was pleasantly confused during my time in the room. I was able to help do education with the staff and help form a plan of care for this patient. I was able to stress the importance of good skin care as well as keeping this patient dry. He had the ability to walk with assistance, so it was important to place the patient on a toileting schedule to help reduce the chance of incontinence episodes. During the night, when the patient is sleeping, the condom catheter should be used to help keep the patient dry. Working with the staff to come up with a good plan of care for this patient.

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R. B. Turnbull Jr. M.D. WOC Nursing Education Program

You should have a learning goal for each clinical day. What was your goal for the day? Was it met? Why or why not?

Goals

What was your goal for the day?

Working in the hospital and seeing all types of patients.

What is/are your learning goal(s) for tomorrow? (Share learning goal with preceptor)

The next clinical should start with the ostomy patients at the clinic. Would like to do an ostomy teaching.

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For instructor use only. Do not remove or edit:

CRITICAL ELEMENTS	Completed	Missing
Medical record note reflects that of a specialist:		
• Identifies why the patient is being seen	✓	
• Describes the encounter including assessment, interactions, any actions, education provided and responses	✓	
• Completes Braden Scale for inpatient encounter	✓	
• Includes pertinent PMH, HPI, current medications and labs	✓	
• Identifies specific products utilized/recommended for use	✓	
• Identifies overall recommendations/plan	✓	
Plan of Care Development:		
• POC is focused and holistic	✓	
• WOC nursing concerns and medical conditions, co-morbidities are incorporated	✓	
• Braden subscales addressed (if pertinent)	✓	
• Statements direct care of the patient in the absence of the WOC nurse	✓	
• Directives are written as nursing orders	✓	
Thoughts Related to Visit:		
• Critical thinking utilized to reflect on patient encounter	✓	
• Identifies alternatives/what would have done differently	✓	
Learning goal identified	✓	

Reviewed by: _____ Date: _____

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