

Kylie Starnes, MSN, APRN, FNP-C

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EDUCATION

University of Oklahoma

Master of Science in Nursing
2018

Oklahoma City, OK
May

University of Oklahoma

Bachelor of Science in Nursing

Oklahoma City, OK
May 2013

WORK EXPERIENCE

Onsite Wound Care

Family Nurse Practitioner
current

Norman, OK
September 2025-

- Provide comprehensive wound assessments across diverse settings using the TIME frameworks to guide individualized care plans including advanced debridement modalities based on wound etiology and tolerance.
- Initiate and manage Negative Pressure Wound Therapy (NPWT) systems, including dressing changes, pressure settings, and monitoring for seal integrity and complications.
- Conduct comprehensive infection risk assessments, ensure effective biofilm disruption, and collaborate with infectious disease specialists to guide systemic and topical antimicrobial therapy.
- Perform holistic patient evaluations and patient education integrating nutritional status, perfusion, glycemic control, mobility, and psychosocial factors influencing wound healing.
- Collaborate with primary care, vascular surgery, podiatry, and home health teams to coordinate care and reduce hospital readmissions.

Total Wound Care

Family Nurse Practitioner- Team Lead

Oklahoma City, OK
June 2024-September 2025

- Leading a team of advanced practice providers overseeing grafting, the use of advanced modalities, and chart audits.
- Perform comprehensive wound assessments, debridement, and advanced therapies in home and community settings.
- Develop and implement individualized care plans addressing comorbidities such as diabetes, venous insufficiency, and pressure injuries.
- Educate patients and caregivers on wound management, infection prevention, and dressing application to improve adherence and outcomes.
- Collaborate with interdisciplinary teams and document care in mobile EMR systems to ensure continuity

Urgent Med

Family Nurse Practitioner

Duncan, OK
December 2022- present

- Obtain medical history, perform a physical examination and treat acute and chronic medical conditions, as well as injuries, with a focus on health promotion and disease prevention
- Perform and interpret diagnostic testing to include: X-Rays, influenza tests, COVID-19 testing, strep and throat cultures, urinalysis, urine cultures, wound cultures, and various blood work to identify patient's clinical problems and health care needs
- Diagnose and respond to illnesses and physical conditions through therapeutic measures, including prescription of medication, therapeutic procedures, health counseling, and education
- Educate patients on required medications and treatments for disease management.

Xpress Wellness Urgent Care**Duncan, OK***Family Nurse Practitioner**August 2018 - December 2022*

- Lead a team of three nurses and support staff to provide a range of care to patient's daily
- Demonstrate excellence in maintaining and performing standard operating procedures ensuring optimal clinic operation
- Train new providers on clinic flow, procedures and Xpress wellness values
- Establish rapport with patient's to effectively assess history and physical exam to properly diagnose and create treatment plans for patients

Southwestern Medical Center ER**Lawton, OK***Family Nurse Practitioner**August 2018 - October 2020*

- Provided triage and care upwards to thirty daily patients including pediatric and adult emergency care, screening examinations, resuscitation, and stabilization
- Assessed, diagnosed, and treated conditions and injuries while performing necessary diagnostic testing and procedures when appropriate
- Performed in laceration repair including suturing, stapling, and application of skin adhesive
- Prescribe pharmacologic treatment and educate patients about the proposed plan of care, medical and surgical needs, and options for treatment

CERTIFICATIONS AND LICENSES

Certifications:

American Academy of Nurse Practitioners, FNP-C

American Heart Association Basic Life Support

Federal Motor Carrier Safety Administration, DOT Medical Examiner

Licenses:

Advanced Practice Registered Nurse, APRN, State of Oklahoma July 2018 - Present

Registered Nurse, State of Oklahoma- multistate June 2013 - Present