

**Daily Journal Entry with Plan of Care & Chart Note**Student Name:     Jessica Whelen     Day/Date:     7/16    Number of Clinical Hours Today:     8    Care Setting: Hospital  Ambulatory Care  Home Care  Other Preceptor:     Besty Kulling    Clinical Focus: Wound  Ostomy  Continence **Reflection: Describe your patient encounters & types of patients seen.**

Today I was in the outpatient ostomy clinic. I met with two patients that were making, and 3 other patients that were post-ops from surgery. The post-op patients were straight forward. Reviewed how their post op period has been going at home if they had home care. How their nutrition has been, if they had questions about diet. Asked if they were experiencing leaks or skin issues related to their stoma, the wear time. We took down their appliance, completing an assessment of their stoma, & peristomal skin, their incision for sign of infection or other issues, like healing. The stomal assessment including remeasuring and sizing of the stoma. Making any recommendations for a different appliance for better fit. Also reviewing how to order supplies, if they ordered supplies and ensuring they have what they need.

The marking appointments were also interesting. I saw a gentleman and a young lady. It was very interesting to see the routine of the appointment. My preceptor started by asking the a patient about why they are here and what they understand. It was interesting how she gauged the knowledge of each patient, the approach of how she assessed their knowledge was different, taking in the age, stage of life and how information is obtained. For example, the young woman, about what she learned so far, if she did any research on social media sites. Where the gentleman, she asked if he had gotten on the internet and did any research. We reviewed educational video about the they type of surgery they were undergoing and what to expect. During the abdominal assessment the patient's abdomen was looked at both sitting, standing, and laying down. Taking note of any creases or were there could be potential problem pending weight gain or loss, body changes. I can defiantly correlate how a patient being marked by a WOC nurse vs the MD pre-surgery is beneficial to the patient.

WOC nurses function as consultants and develop plans of care (POC) for other care givers as a guide to providing care in the WOC nurse's absence. For this part, select one patient who is an example of the identified specialty hours for this clinical day. Write a chart note beginning with a brief, focused history and history of present illness, including why you are seeing the patient. Then, describe the visit including any physical assessment, interactions, interventions, and evaluations. Complete a Braden Scale assessment if this was an inpatient encounter. Identify any specific products used or recommended for use. Remember, this note reflects

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all that you *did* at your visit, the plan of care reflects your direction/orders *after* the encounter to be performed in your absence.

**Chart note:**

**Braden Risk Assessment Tool**

Sensory Perception	
Moisture	
Activity	
Mobility	
Nutrition	
Friction/Shear	
Total	

Using the information from the chart note, develop a plan of care to be executed by other members of the healthcare team in your absence. Statements should be directive and holistic. Write as nursing orders.

**WOC Plan of Care (include specific products)**

**Describe your thoughts related to the care provided. What would you have done differently?**

You should have a learning goal for each clinical day. What was your goal for the day? Was it met? Why or why not?

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**Goals**

<b>What was your goal for the day?</b>
<b>What is/are your learning goal(s) for tomorrow? (Share learning goal with preceptor)</b>

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CRITICAL ELEMENTS	Completed	Missing
Medical record note reflects that of a specialist:		
• Identifies why the patient is being seen	✓	
• Describes the encounter including assessment, interactions, any actions, education provided and responses	✓	
• Completes Braden Scale for inpatient encounter	✓	
• Includes pertinent PMH, HPI, current medications and labs	✓	
• Identifies specific products utilized/recommended for use	✓	
• Identifies overall recommendations/plan	✓	
Plan of Care Development:		
• POC is focused and holistic	✓	
• WOC nursing concerns and medical conditions, co-morbidities are incorporated	✓	
• Braden subscales addressed (if pertinent)	✓	
• Statements direct care of the patient in the absence of the WOC nurse	✓	
• Directives are written as nursing orders	✓	
Thoughts Related to Visit:		
• Critical thinking utilized to reflect on patient encounter	✓	
• Identifies alternatives/what would have done differently	✓	
Learning goal identified	✓	

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Reviewed by: \_\_\_\_\_ Date: \_\_\_\_\_

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