



R. B. Turnbull Jr. M.D. WOC Nursing Education Program

Daily Journal Entry with Plan of Care & Chart Note

Student Name: Erin Stewart Day/Date: July 11, 2025

Number of Clinical Hours Today: 8

Care Setting: Hospital Ambulatory Care Home Care Other

Preceptor: Sarah Younts

Clinical Focus: Wound Ostomy Continence

This assignment should be WOC focused and approached as both patient documentation and critical thinking development. Complete each section of the document. Once you have completed the form, save the document by clinical date and preceptor. Submit to your Practicum Course dropbox for instructor review & feedback. Journals should be submitted to your dropbox no later than **48 hours** following the clinical experience day. See samples in course Resource area to assist you with this assignment.

Reflection: Describe your patient encounters & types of patients seen.

Today I was in the outpatient ostomy clinic. My preceptor and I saw 6 patients. We saw patients that needed stoma site marking prior to a procedure, as well as patients that have had their stoma for a short time and were coming in for their post-op checkup to see if any adjustments needed to be made to their ostomy appliance. We also saw a patient that had had his colostomy for years and has had issues with pyoderma gangrenosum and was about a month post-op from having it excised and came in for help with modifications to his ostomy appliance because of having a now retracted stoma. Another one of the patients we saw that had a new colostomy was having issues with the appliance staying on due to having had a midline incision during the procedure that was not healing properly. With this patient because of the areas of excess granular tissue that the patient had developed along his midline incision site and around the stoma site, with orders from the PA we applied silver nitrate to the areas in order to try to get them back on a normal healing trajectory.

WOC nurses function as consultants and develop plans of care (POC) for other care givers as a guide to providing care in the WOC nurse's absence. For this part, select one patient who is an example of the identified specialty hours for this clinical day. Write a chart note beginning with a brief, focused history and history of present illness, including why you are seeing the patient. Then, describe the visit including any physical assessment, interactions, interventions, and evaluations. Complete a Braden Scale assessment if this was an inpatient encounter. Identify any specific products used or recommended for use. Remember, this note reflects all that you *did* at your visit, the plan of care reflects your direction/orders *after* the encounter to be performed in your absence.

Chart note:

41 y/o Caucasian male presented to the clinic 5 weeks post-op laparoscopic loop ileostomy. He has an extensive med/surg hx of crohn's disease with recurrent perianal abscess which has required multiple I & D

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and seton placements. Patient reports that he has been having itching next to the stoma. Upon assessment it is noted that the ostomy is an irregular shape which has left some skin exposed from the flange aperture. The ostomy is located at the RLQ and has a diameter of 1 ¼” x 1 ⅛”. The ostomy has a budded protrusion, and the mucosa is red and moist with an intact mucocutaneous junction. The peristomal skin has erythema from 6 – 9 o’clock as well as pruritus in this same area. The peristomal contour is rounded and the supportive tissue is semisoft. The output is liquid brown to green effluent. The patient says that his emptying frequency varies. The patient’s current pouching system is Hollister New Image Convex 2 ¼” Ceraplush Flange with Tape Border, Ceraplush Ring, Drainable Pouch. The patient states that he is getting 4-5 days of wearing time. Upon evaluation of his current pouching system there is mild undermining with some exposed skin noted due to the irregular shape of the stoma.

Using the information from the chart note, develop a plan of care to be executed by other members of the healthcare team in your absence. Statements should be directive and holistic. Write as nursing orders.

WOC Plan of Care (include specific products)

Recommendations to address the undermining, pruritus, and exposed skin are: Apply ConvaTec Stomahesive powder to any areas of skin breakdown PRN until healed. Dust off the excess, and seal with 3M no sting skin barrier. The pouching system that was applied was: Ceraplush ring cut and applied directly to the skin around the stoma in order to shape it to the irregular shape of the stoma so that skin is no longer exposed, Hollister New Image Convex 2 ¼” Ceraplush Flange with Tape Border and a drainable pouch. This should give the patient an expected wear time of 3 – 5 days and help prevent further irritation from effluent touching the skin.

Describe your thoughts related to the care provided. What would you have done differently?

I think that the care that was provided this patient with my preceptor was very thorough. He was doing well adjusting to his new ileostomy and has healed well. He just needed some minor adjusting of how his pouching system was applied because of the irregularity in his stoma shape and in order to make sure there isn’t any peristomal skin exposed that the effluent could cause irritation to. I personally thought that what we did is something I would have done by myself as well. Some other options could have been to use strip paste but we were trying to keep this patient’s pouching system relatively simple because he was new to it and also because just changing how he applied what he was already using allowed for him to not have to have other supplies ordered. He would be able to use the supplies that he already was using, he just needed how he applied them tweaked a little bit and that seemed to help him.

You should have a learning goal for each clinical day. What was your goal for the day? Was it met? Why or why not?

Goals

What was your goal for the day?

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Learning how outpatient ostomy care works and learning more about how to trouble shoot stoma appliance issues.

What is/are your learning goal(s) for tomorrow? (Share learning goal with preceptor)

On Monday my goal is to be able to mark a stoma site myself since I was able to learn more about it today.

For instructor use only. Do not remove or edit:

CRITICAL ELEMENTS	Completed	Missing
Medical record note reflects that of a specialist:		
• Identifies why the patient is being seen	✓	
• Describes the encounter including assessment, interactions, any actions, education provided and responses	✓	
• Completes Braden Scale for inpatient encounter	✓	
• Includes pertinent PMH, HPI, current medications and labs	✓	
• Identifies specific products utilized/recommended for use	✓	
• Identifies overall recommendations/plan	✓	
Plan of Care Development:		
• POC is focused and holistic	✓	
• WOC nursing concerns and medical conditions, co-morbidities are incorporated	✓	
• Braden subscales addressed (if pertinent)	✓	
• Statements direct care of the patient in the absence of the WOC nurse	✓	
• Directives are written as nursing orders	✓	
Thoughts Related to Visit:		
• Critical thinking utilized to reflect on patient encounter	✓	
• Identifies alternatives/what would have done differently	✓	
Learning goal identified	✓	

Reviewed by: _____ Date: _____

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