

Daily Journal Entry with Plan of Care & Chart Note

Student Name: Hannah Smith Day/Date: 6/6/25

Number of Clinical Hours Today: 8

Care Setting: Hospital Ambulatory Care Home Care Other

Preceptor: Colleen Baisden

Clinical Focus: Wound Ostomy Continence

This assignment should be WOC focused and approached as both patient documentation and critical thinking development. Complete each section of the document. Once you have completed the form, save the document by clinical date and preceptor. Submit to your Practicum Course dropbox for instructor review & feedback. Journals should be submitted to your dropbox no later than **48 hours** following the clinical experience day. See samples in course Resource area to assist you with this assignment.

Reflection: Describe your patient encounters & types of patients seen.

Pt with injury to buttock d/t friction/pressure: stage 2
Pt with stage 1 on nose where glasses sit: DuoDerm placed
Pt with fasciotomy site s/p 2 months, healing nicely, contact layer, topped with vashe soaked gauze, abd, and wrapped with gauze
86 year old pt with fragile skin, skin tears from tape on arms, instructed nursing to avoid tape directly on skin

WOC nurses function as consultants and develop plans of care (POC) for other care givers as a guide to providing care in the WOC nurse's absence. For this part, select one patient who is an example of the identified specialty hours for this clinical day. Write a chart note beginning with a brief, focused history and history of present illness, including why you are seeing the patient. Then, describe the visit including any physical assessment, interactions, interventions, and evaluations. Complete a Braden Scale assessment if this was an inpatient encounter. Identify any specific products used or recommended for use. Remember, this note reflects all that you *did* at your visit, the plan of care reflects your direction/orders *after* the encounter to be performed in your absence.

Chart note:

Pt is a 39 year old with a PMH of Cystic fibrosis, DM, duodenal ulcer with hemorrhage, and arthritis who presented on 3/1/25 with the admitting diagnosis of Malnutrition, Cystic fibrosis. Pt last seen by the wound care team on 5/30/25. Pt with unstageable pressure injury on L hip that was hospital acquired d/t favoring L side d/t pain. Upon assessment today, 6/6/25, yellow slough tissue to the base of the wound and peri wound erythema present that is pink and moist. Wound length: 1.5 cm. Wound width: 1.2cm Wound

depth: 0.2 cm. Scant serosanguineous drainage present. No odor noted. Pt sitting in chair at the time of visit and stands with RN and walker. Pt not complaining of pain at this time. Current medications include tylenol PRN, midodrine, multivitamin, ceftazidime, and insulin. Pt with a corpak to receive medications and nutritional needs.

Braden Risk Assessment Tool

Sensory Perception: 3

Moisture: 3

Activity: 2

Mobility: 3

Nutrition: 2

Friction/Shear: 2

Total: 15

Using the information from the chart note, develop a plan of care to be executed by other members of the healthcare team in your absence. Statements should be directive and holistic. Write as nursing orders.

WOC Plan of Care (include specific products)

Remove old dressing
Cleanse wound with normal saline then dry
Apply no sting skin prep to peri-wound area
Apply **moistened Hydrofera** blue cut to fit wound and cover with a foam adhesive. Cut Hydrofera as it a dry then use normal saline to moisten before placing on the wound
Change every other day and as needed
Maintain a sitting cushion when patient up to the chair
Maintain turning and positioning system when patient in bed

Describe your thoughts related to the care provided. What would you have done differently?

I agree with the care provided to the patient. The hydrofera blue will work good as a negative pressure system to help pull out the yellow sloughing tissue to help aid in the healing process. One thing I would do differently is put a sign in the patient's room as a reminder to utilize the skin barrier wand in order to prevent damage to the peri wound area.

You should have a learning goal for each clinical day. What was your goal for the day? Was it met? Why or why not?

Goals

What was your goal for the day?
Continue to gain confidence with developing recommendations/WOC care plans, come up with a full nursing order set on my own. Goal was met as helped to determine plan for most all the patients seen today, taking into account drainage, size, previous methods used, etc.

What is/are your learning goal(s) for tomorrow? (Share learning goal with preceptor)
Goal on monday with new preceptor will be to continue to gain confident in my WOC skills.

For instructor use only. Do not remove or edit:

| CRITICAL ELEMENTS | Completed | Missing |
|---|-----------|---------|
| Medical record note reflects that of a specialist: | | |
| <ul style="list-style-type: none"> <li data-bbox="240 310 667 342">Identifies why the patient is being seen | ✓ | |
| <ul style="list-style-type: none"> <li data-bbox="240 369 764 468">Describes the encounter including assessment, interactions, any actions, education provided and responses | ✓ | |
| <ul style="list-style-type: none"> <li data-bbox="240 489 753 520">Completes Braden Scale for inpatient encounter | ✓ | |
| <ul style="list-style-type: none"> <li data-bbox="240 548 818 606">Includes pertinent PMH, HPI, current medications and labs | ✓ | |
| <ul style="list-style-type: none"> <li data-bbox="240 634 846 665">Identifies specific products utilized/recommended for use | ✓ | |
| <ul style="list-style-type: none"> <li data-bbox="240 693 683 724">Identifies overall recommendations/plan | ✓ | |
| Plan of Care Development: | | |
| <ul style="list-style-type: none"> <li data-bbox="240 810 561 842">POC is focused and holistic | ✓ | |
| <ul style="list-style-type: none"> <li data-bbox="240 869 789 928">WOC nursing concerns and medical conditions, co-morbidities are incorporated | ✓ | |
| <ul style="list-style-type: none"> <li data-bbox="240 955 688 987">Braden subscales addressed (if pertinent) | ✓ | |
| <ul style="list-style-type: none"> <li data-bbox="240 1014 841 1073">Statements direct care of the patient in the absence of the WOC nurse | ✓ | |
| <ul style="list-style-type: none"> <li data-bbox="240 1100 672 1131">Directives are written as nursing orders | ✓ | |
| Thoughts Related to Visit: | | |
| <ul style="list-style-type: none"> <li data-bbox="240 1218 824 1249">Critical thinking utilized to reflect on patient encounter | ✓ | |
| <ul style="list-style-type: none"> <li data-bbox="240 1276 829 1308">Identifies alternatives/what would have done differently | ✓ | |
| Learning goal identified | ✓ | |

Reviewed by: _____ Date: _____