

### Daily Journal Entry with Plan of Care & Chart Note

Student Name: Hannah Smith Day/Date: 6/5/25

Number of Clinical Hours Today: 8

Care Setting: Hospital  Ambulatory Care  Home Care  Other

Preceptor: Colleen Baisden

Clinical Focus: Wound  Ostomy  Continence

This assignment should be WOC focused and approached as both patient documentation and critical thinking development. Complete each section of the document. Once you have completed the form, save the document by clinical date and preceptor. Submit to your Practicum Course dropbox for instructor review & feedback. Journals should be submitted to your dropbox no later than **48 hours** following the clinical experience day. See samples in course Resource area to assist you with this assignment.

#### Reflection: Describe your patient encounters & types of patients seen.

Hidradenitis suppurativa (HS): triad, antifungal powder  
Healing pressure injury on coccyx: started with foam dressing, taken off as to not have too moist, offload  
Confused pt with DTI located on right medial foot: cleansed, applied abd and wrapped with kerlix, heel foam silicone dressing not indicated as to not keep wound too moist.  
Offloaded with green boots

WOC nurses function as consultants and develop plans of care (POC) for other care givers as a guide to providing care in the WOC nurse's absence. For this part, select one patient who is an example of the identified specialty hours for this clinical day. Write a chart note beginning with a brief, focused history and history of present illness, including why you are seeing the patient. Then, describe the visit including any physical assessment, interactions, interventions, and evaluations. Complete a Braden Scale assessment if this was an inpatient encounter. Identify any specific products used or recommended for use. Remember, this note reflects all that you *did* at your visit, the plan of care reflects your direction/orders *after* the encounter to be performed in your absence.

#### Chart note:

Pt is an 81-year-old with a PMH of atherosclerosis of native arteries of the extremities with rest pain, PAD, tobacco use disorder (quit 2016). Pt presents with an admitting diagnosis of UTI. Current medications include zosyn, tylenol as needed, heparin injection, and aspirin. Pt admitted with an unstageable pressure injury to the

sacrum, area with full thickness tissue loss, base of ulcer covered by yellow slough tissue. The true depth of the wound cannot be determined. Pt not answering questions upon entering room, pt nods head in agreement to look at wounds. Sacral pressure injury is unstageable. Site assessment is pink, purple, red, sloughing, yellow. Peri-wound assessment is erythematous, moist, fragile, pink, and hyperpigmented. Wound length: 6.5 cm. Wound width: 8.6 cm. Wound depth: 0.2 cm. Small amount of Serosanguineous drainage noted. No odor noted. Pt moans with pain with movement of legs and turning, returns to calm state after wound dressed and repositioned.

**Braden Risk Assessment Tool**

Sensory Perception: 2

Moisture: 2

Activity: 1

Mobility: 3

Nutrition: 2

Friction/Shear: 1

Total: 11

Using the information from the chart note, develop a plan of care to be executed by other members of the healthcare team in your absence. Statements should be directive and holistic. Write as nursing orders.

**WOC Plan of Care (include specific products)**

Remove old dressing

Cleanse wound with normal saline/wound cleanser and dry

Apply 3M Skin Barrier or ConvaTec skin barrier wand to the peri-wound skin and allow to dry

Apply hydrogel to the base of the wound and cover with a foam adhesive.

Change daily and as needed.

**Describe your thoughts related to the care provided. What would you have done differently?**

The care provided was thorough, precise, and done quickly and efficiently due to the patient being agitated. One thing I would do differently is have all supplies opened and laid out in close reach before turning patient to help prevent increased agitation.

You should have a learning goal for each clinical day. What was your goal for the day? Was it met? Why or why not?

**Goals**

**What was your goal for the day?**  
Continue to gain confidence with developing recommendations/WOC care plans. Goal was met as helped to develop plan...

**What is/are your learning goal(s) for tomorrow? (Share learning goal with preceptor)**  
Continue to gain confidence with developing recommendations/WOC care plans, come up with a full nursing order set on my own.

**For instructor use only. Do not remove or edit:**

CRITICAL ELEMENTS	Completed	Missing
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Medical record note reflects that of a specialist:		
<ul style="list-style-type: none"> <li>Identifies why the patient is being seen</li> </ul>	✓	
<ul style="list-style-type: none"> <li>Describes the encounter including assessment, interactions, any actions, education provided and responses</li> </ul>	✓	
<ul style="list-style-type: none"> <li>Completes Braden Scale for inpatient encounter</li> </ul>	✓	
<ul style="list-style-type: none"> <li>Includes pertinent PMH, HPI, current medications and labs</li> </ul>	✓	
<ul style="list-style-type: none"> <li>Identifies specific products utilized/recommended for use</li> </ul>	✓	
<ul style="list-style-type: none"> <li>Identifies overall recommendations/plan</li> </ul>	✓	
Plan of Care Development:		
<ul style="list-style-type: none"> <li>POC is focused and holistic</li> </ul>	✓	
<ul style="list-style-type: none"> <li>WOC nursing concerns and medical conditions, co-morbidities are incorporated</li> </ul>	✓	
<ul style="list-style-type: none"> <li>Braden subscales addressed (if pertinent)</li> </ul>	✓	
<ul style="list-style-type: none"> <li>Statements direct care of the patient in the absence of the WOC nurse</li> </ul>	✓	
<ul style="list-style-type: none"> <li>Directives are written as nursing orders</li> </ul>	✓	
Thoughts Related to Visit:		
<ul style="list-style-type: none"> <li>Critical thinking utilized to reflect on patient encounter</li> </ul>	✓	
<ul style="list-style-type: none"> <li>Identifies alternatives/what would have done differently</li> </ul>	✓	
Learning goal identified	✓	

Reviewed by: \_\_\_\_\_ Date: \_\_\_\_\_