

Daily Journal Entry with Plan of Care & Chart Note

Student Name: Hannah Smith Day/Date: 6/2/25

Number of Clinical Hours Today: 8

Care Setting: Hospital Ambulatory Care Home Care Other

Preceptor: Karen O'Brien

Clinical Focus: Wound Ostomy Continence

This assignment should be WOC focused and approached as both patient documentation and critical thinking development. Complete each section of the document. Once you have completed the form, save the document by clinical date and preceptor. Submit to your Practicum Course dropbox for instructor review & feedback. Journals should be submitted to your dropbox no later than **48 hours** following the clinical experience day. See samples in course Resource area to assist you with this assignment.

Reflection: Describe your patient encounters & types of patients seen.

Bowel Perforation: Originally not a proper pouching system, given a proper system to protect the surrounding skin
FAP: Allergy to adhesive on pouching system, nystatin
Pt with pain surrounding the stoma: beginning stage of pyoderma, pt pouch changed and Kenalog applied then instructed to buy nasal spray to apply when doing future pouch changes
Retracting stoma: a new pouching system provided

WOC nurses function as consultants and develop plans of care (POC) for other care givers as a guide to providing care in the WOC nurse's absence. For this part, select one patient who is an example of the identified specialty hours for this clinical day. Write a chart note beginning with a brief, focused history and history of present illness, including why you are seeing the patient. Then, describe the visit including any physical assessment, interactions, interventions, and evaluations. Complete a Braden Scale assessment if this was an inpatient encounter. Identify any specific products used or recommended for use. Remember, this note reflects all that you *did* at your visit; the plan of care reflects your direction/orders *after* the encounter to be performed in your absence.

Chart note: I think this is ambulatory care, so Braden not required but it is required when seeing inpatients.

Pt is a 24 year old with no significant PMH. Pt diagnosed with CHRPE in August 2024, consult placed with GI , further testing came back positive for APC variant. Following a colonoscopy was done showing many colorectal polyps consistent with diagnosis of FAP. Pt arriving today for a post op appointment with a new loop ileostomy. Pt underwent surgery on 5/20/25. Pt parents at visit and very supportive. Upon assessment stoma located RLQ and is budded, red, and moist. Measuring 1-1/4" pt with scattered lesion under flange and severe fungal and denuded skin from leakage issues and allergic dermatitis. Current system utilized is the Hollister New Image 2-1/4" flat with ring to large bore high volume output pouch. Current wear time 2 days. New pouching system applied: Coloplast Mio precut to 1-1/4" convex light drainable with moldable ring and mefix picture framing. Pt educated that wear time goal is 4-5 days with healing skin. New system placed and home going supplies given. Pt signed up to get supplies delivered to home. Pt remained calm thorough visit and demonstrated understanding of all instruction. All questions answered. The note does not have all of the info such as age of patient, length of time since surgery, type of pouch wearing & what the new system was, etc. Please redo in another color on this paper & resubmit via dropbox, thanks

Using the information from the chart note, develop a plan of care to be executed by other members of the healthcare team in your absence. Statements should be directive and holistic. Write as nursing orders.

WOC Plan of Care (include specific products)

Clean area with soap and water and thoroughly dry. then dust stomahesive powder and apply no sting skin prep. Apply the precut pouching system with moldable ring, next apply stretch tape cut to fit, "picture framing"

Describe your thoughts related to the care provided. What would you have done differently?

The new system looked great on the patient and should lead to better skin outcomes and more efficient use for the pt. **I would have asked the patient more open-ended question to be sure all needs were met as patient was more reserved.**

You should have a learning goal for each clinical day. What was your goal for the day? Was it met? Why or why not?

Goals

What was your goal for the day?
Gain confident with doing a pouch change: Goal met by watching preceptor and then demonstrating back what I've been taught

What is/are your learning goal(s) for tomorrow? (Share learning goal with preceptor)
Gain confidence with picking out the appropriate pouching system for a specific patient situation.

For instructor use only. Do not remove or edit:

CRITICAL ELEMENTS	Completed	Missing
Medical record note reflects that of a specialist:		
<ul style="list-style-type: none"> Identifies why the patient is being seen 	✓	
<ul style="list-style-type: none"> Describes the encounter including assessment, interactions, any actions, education provided and responses 	✓ -more info	
<ul style="list-style-type: none"> Completes Braden Scale for inpatient encounter 	N/A	
<ul style="list-style-type: none"> Includes pertinent PMH, HPI, current medications and labs 		✓
<ul style="list-style-type: none"> Identifies specific products utilized/recommended for use 		✓
<ul style="list-style-type: none"> Identifies overall recommendations/plan 	✓	
Plan of Care Development:		
<ul style="list-style-type: none"> POC is focused and holistic 	✓	
<ul style="list-style-type: none"> WOC nursing concerns and medical conditions, co-morbidities are incorporated 	✓	
<ul style="list-style-type: none"> Braden subscales addressed (if pertinent) 	✓	

<ul style="list-style-type: none"> • Statements direct care of the patient in the absence of the WOC nurse 	✓	
<ul style="list-style-type: none"> • Directives are written as nursing orders 	✓	
Thoughts Related to Visit:		
<ul style="list-style-type: none"> • Critical thinking utilized to reflect on patient encounter 	✓	
<ul style="list-style-type: none"> • Identifies alternatives/what would have done differently 		✓
Learning goal identified	✓	

Reviewed by: Patricia A. Slachta

Date: 6/4/25