



R.B. Turnbull, Jr., M.D. School of WOC Nursing

Daily Journal Entry with Plan of Care & Chart Note

Student Name: Janella Bryant Day/Date: 2/5/25

Number of Clinical Hours Today: 8

Care Setting: Hospital Ambulatory Care Home Care Other out patient clinic

Preceptor: Dr. Spivak

Clinical Focus: Wound Ostomy Continence 8

This assignment should be WOC focused and approached as both patient documentation and critical thinking development. Complete each section of the document. Once you have completed the form, save the document by clinical date and preceptor. Submit to your Practicum Course dropbox for instructor review & feedback. Journals should be submitted to your dropbox no later than **48 hours** following the clinical experience day. See samples in course Resource area to assist you with this assignment.

Reflection: Describe your patient encounters & types of patients seen.

I saw 7 patients in the colorectal surgical clinic. 6 of the patients were new consults, 2 of them were there for second option consults for leakage of stool and frequent bowel movements. I then saw a patient who had a video rectal exam and momentary. I saw two patients with known rectal prolapse who were being evaluated for appropriateness for the implanted Medtronic device for stool incontinence. I saw a patient who is s/p device implantation and was there for a follow up. Lastly, I saw a patient for follow up appointment for new complaints of pain s/p rectal prolapse repair. Appointment times were on average 20-45 mins.

I was also able to participate in an ad hoc meeting where the combined units were able to address issues and brainstormed to come up with solutions.

Types of patients seen: bowel incontinence issues, rectal prolapse, device implantation candidates.

WOC nurses function as consultants and develop plans of care (POC) for other care givers as a guide to providing care in the WOC nurse's absence. For this part, select one patient who is an example of the identified specialty hours for this clinical day. Write a chart note giving careful consideration to how the patient was assessed, the problems, and the rationale behind the plan of care. The WOC nurse consultant/specialist note should begin with why you are seeing the pt; Initial visit for..., follow-up visit for..., evaluation and management of..., etc Then, describe the visit. Be sure to include any physical assessment, interactions, and specific products were used/recommended for use. Write in a manner others will be able to understand and be able to interpret your plan of care.

Chart note:

60 yr old male seen for a follow up visit s/p mucopexy and c/o rectal and abdominal with possible reoccurring prolapse. Patient reported pain most severe when walking and states it is unbearable at times. Most of the pain is reported in the lower abdomen. Patient also reports retrograde ejaculation. Patient reports taking Oxycodone and gabapentin no relief. Pt does have a history of chronic back. Digital and visual exam was performed by provider. Prolapse was viable, but tissue did not appear inflamed. Patient reports the ability to pass formed stools without any issues, but reports urgency.

Plan: Abdominal MRI with contrast for possible nerve damage.
Urology consult
Felexeril

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Using the information from the chart note, develop a plan of care to be executed by other members of the healthcare team in your absence. Statements should be directive and holistic. Write as nursing orders.

WOC Plan of Care (include specific products used)

The WOC nurse will continue to follow and offer supportive services and resources and needed for continence issues.

Describe your thoughts related to the care provided. What would you have done differently?

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You should have a learning goal for each clinical day. What was your goal for the day? Was it met? Why or why not?

Goals
What was your goal for the day?

My goal was to see a feal implanted device or assess a complicated fecal incontinence patient.

What is/are your learning goal(s) for tomorrow? (Share learning goal with preceptor)

My next site is the stoma clinic, My goal is to see a K pouch or a complicated unusual case.

CRITICAL ELEMENTS	Completed	Missing
Medical record note reflects that of a specialist:		
• Identifies why the patient is being seen	✓	
• Describes the encounter including assessment, interactions, any actions, education provided and responses	✓	
• Includes pertinent PMH, HPI, current medications and labs	✓	
• Identifies specific products utilized/recommended for use	✓	
• Identifies overall recommendations/plan	✓	
Plan of Care Development:		
• POC is focused and holistic	✓	
• WOC nursing concerns and medical conditions, co-morbidities are incorporated	✓	
• Statements direct care of the patient in the absence of the WOC nurse	✓	
• Directives are written as nursing orders	✓	
Thoughts Related to Visit:		
• Critical thinking utilized to reflect on patient encounter	✓	
• Identifies alternatives/what would have done differently	✓	

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Learning goal identified	✓	
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Reviewed by: _____ Date: _____

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