



R.B. Turnbull, Jr., M.D. School of WOC Nursing

Daily Journal Entry with Plan of Care & Chart Note

Student Name: Janella Bryant Day/Date: 2/3/25

Number of Clinical Hours Today: 8

Care Setting: Hospital: Urodynamic Clinic Ambulatory Care Home Care Other

Preceptor: Caitlin Hopkins

Clinical Focus: Wound Ostomy Continence

This assignment should be WOC focused and approached as both patient documentation and critical thinking development. Complete each section of the document. Once you have completed the form, save the document by clinical date and preceptor. Submit to your Practicum Course dropbox for instructor review & feedback. Journals should be submitted to your dropbox no later than **48 hours** following the clinical experience day. See samples in course Resource area to assist you with this assignment.

Reflection: Describe your patient encounters & types of patients seen.

Saw three patients at the urodynamic clinic. My preceptor worked with two other nurses in this area, and they all split the patients appointments. Two of the patients that my preceptor and I saw were there for retention issues r/t BPH and had and the other one was seen for urge, and incomplete emptying with a history of foley catheter use. All three patients had a cytometric test done with a pressure flow study. Two were scheduled for a cystotomy after. All three of the patients seen were not new to the clinic and was managing their BPH symptoms with medication.

WOC nurses function as consultants and develop plans of care (POC) for other care givers as a guide to providing care in the WOC nurse's absence. For this part, select one patient who is an example of the identified specialty hours for this clinical day. Write a chart note giving careful consideration to how the patient was assessed, the problems, and the rationale behind the plan of care. The WOC nurse consultant/specialist note should begin with why you are seeing the pt; Initial visit for..., follow- up visit for..., evaluation and management of..., etc Then, describe the visit. Be sure to include any physical assessment, interactions, and specific products were used/recommended for use. Write in a manner others will be able to understand and be able to interpret your plan of care.

Chart note:

This is a follow up visit for a 84 y/o male with a history of Malignant neoplasm prostate cancer s/p brachytherapy, papillary renal cancer, cholangitis, CKD, and HTN who complains of inability to completely empty, and urge. Pt had several strictures requiring dilation. Last dilation was 10/24 in which the patient developed retention that required foley catheter placement for short term use. The foley catheter was removed in a week later and pt was able to void, but still had complaints of frequency with small void amounts. Today, the patient is here for evaluation of those symptoms and urodynamic testing. The patient arrived at the appointment appearing well with steady gait noted. The uroflow test could not be performed because pt was unable to comply with instructions. The cystometrogram test was started with EMG. Cather was placed in the urethra and anus. Electrodes were placed on the thigh. The test was started with slowly filling the patient bladder with water. The patient reported feeling the first urge to void at 163ml, strong desire felt at 215ml, max compacity of water instilled was 275ml. Max filling detrusor pressure at 7cm of water no leakage noted. Pressure flow voiding study showed pt was able to void 263 voluntary with max detrusor pressure 107cm of water, max flow rate 80cm of water max flow rate if 4ml/sec and average flow rate of 2ml/sec. Weak, stop and go stream and dribbling noted during voiding study. It was also noted that the patient was pushing and straining to void.

Using the information from the chart note, develop a plan of care to be executed by other members of the healthcare team in your absence. Statements should be directive and holistic. Write as nursing orders.

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WOC Plan of Care (include specific products used)

This patient should be allowed extra time to void and assisted to the bathroom as needed.
 Assess for retention if void is less than 240/8hr, or if patient reports bladder pain for fullness.
 Assess the proper doses and compliance of BPH medication

Describe your thoughts related to the care provided. What would you have done differently?

The staff was very knowledgeable and provided great care to the patients. A lot of time was spent explaining the tests and answering the patients questions. I don't think that I would have done anything differently.

You should have a learning goal for each clinical day. What was your goal for the day? Was it met? Why or why not?

Goals

What was your goal for the day? My goal for the day is see different types of urodynamic testing, see how testing was performed and how to analyze the test results. I was only able to see one type of urodynamic test on my rotation because some appointments took longer than expected and we had a high no show rate.

What is/are your learning goal(s) for tomorrow? (Share learning goal with preceptor)
 Tomorrow I go to the ostomy clinic and I would love to do site marking and complex ostomy dressings.

CRITICAL ELEMENTS	Completed	Missing
Medical record note reflects that of a specialist:		
• Identifies why the patient is being seen	✓	
• Describes the encounter including assessment, interactions, any actions, education provided and responses	✓	
• Includes pertinent PMH, HPI, current medications and labs	✓	
• Identifies specific products utilized/recommended for use	✓	
• Identifies overall recommendations/plan	✓	
Plan of Care Development:		
• POC is focused and holistic	✓	
• WOC nursing concerns and medical conditions, co-morbidities are incorporated	✓	
• Statements direct care of the patient in the absence of the WOC nurse	✓	
• Directives are written as nursing orders	✓	
Thoughts Related to Visit:		
• Critical thinking utilized to reflect on patient encounter	✓	
• Identifies alternatives/what would have done differently	✓	
Learning goal identified	✓	

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Reviewed by: _____ Date: _____

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