

List of WOC Skills, complete via the lessons area of the course

Ostomy competencies	Method or Evidence To Document Competence Obtained
<p>1. Stoma site selection including both of the following client situations:</p> <ul style="list-style-type: none"> ▪ Average or usual person with a urinary stoma, small intestine stoma and large intestine stoma ▪ One example of a person with special considerations, such as skin folds, paralysis, etc. 	<ul style="list-style-type: none"> • View video/lessons • Return demo with preceptor, or videotape yourself marking an abdominal stoma. Can simulate marking a friend or family member, then submit for instructor review. Contact instructor for questions • Journals
<p>2. Catheterized specimen collection from a urinary diversion</p>	<ul style="list-style-type: none"> • View video/lessons • Clinical experience • Journals
<p>3. Instillation of fluids into stomas including:</p> <ul style="list-style-type: none"> ▪ Irrigation of a colostomy ▪ Lavage of an ileostomy 	<ul style="list-style-type: none"> • View video/lessons • Complete selected matching test on correct steps to colostomy irrigation. • Clinical experience • Journals
<p>4. Selection of appropriate products for containing effluent including:</p> <ul style="list-style-type: none"> ▪ Type of pouches (e.g., reusable) ▪ Two piece pouch systems ▪ One piece systems ▪ Adhesive vs. non-adhesive systems 	<ul style="list-style-type: none"> • View video/lessons • Ostomy Mini Case Scenarios assignment. Must achieve an 80% or higher. • Clinical experience • Journals
<p>5. Assessment of a stoma for:</p> <ul style="list-style-type: none"> ▪ Viability ▪ Measurement 	<ul style="list-style-type: none"> • View videos/lessons • Clinical experience • Journal

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6. Assessment and management of peristomal skin including: <ul style="list-style-type: none"> ▪ Viability ▪ Measurement 	<ul style="list-style-type: none"> • View videos/lessons • Selected matching test. Must achieve an 80% or higher. • Ostomy Mini Case Scenarios assignment. Must achieve an 80% or higher. • Clinical experience • Journals
7. Assessment and management of peristomal skin including: <ul style="list-style-type: none"> ▪ Skin infection ▪ Denudement ▪ Contact dermatitis 	
8. Assessment and management of stomal complications: <ul style="list-style-type: none"> ▪ Mucocutaneous Separation ▪ Herniation ▪ Prolapse ▪ Retraction 	

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Ostomy & Wound competencies	Method or Evidence To Document Competence Obtained
1. Management of peri-tube/drain skin.	<ul style="list-style-type: none"> • View video/lessons • Ostomy Mini Case Scenarios assignment Must achieve an 80% or higher. • Clinical experience • Journals
2. Stabilization of tubes and drains such as feeding, suprapubic.	<ul style="list-style-type: none"> • View video/lessons • Clinical experience • Journals
3. Techniques of management for the following types of fistulas: <ul style="list-style-type: none"> • Small bowel • Large bowel • Pancreatic • Peri-rectal • Urinary • Spit • Mucous fistula 	<ul style="list-style-type: none"> • View video/lessons • Clinical experience • Journals
4. Using a pressure injury risk assessment tool.	<ul style="list-style-type: none"> • View video/lessons • Case studies with quiz questions. Must achieve an 80% or higher. • Wound Care Mini Case Studies Must achieve an 80% or higher. • Clinical experience • Journals

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Wound competencies	Method or Evidence to Document Competence Obtained
1. Identifying the type of wound/skin lesion and implementing a plan of care for nursing management for the following: <ol style="list-style-type: none"> 2. Pressure Injury 3. Venous ulcer 4. Arterial ulcer 5. Neuropathic 6. Surgical 7. Dehisced/eviscerated 	<ul style="list-style-type: none"> • View video/lessons • Wound Care Mini Case Scenarios Must achieve an 80% or higher. • Case studies with quiz questions. Must achieve an 80% or higher. • Clinical experience • Journal
2. Assessment and, where appropriate, the staging or classification of the following wounds: <ol style="list-style-type: none"> 8. Pressure injury 9. Venous insufficiency including ankle/brachial index 10. Arterial insufficiency 11. Neuropathic 12. Surgical 13. Dehisced/eviscerated 14. Infected including: bacterial, viral, fungal 	<ul style="list-style-type: none"> • View video/lessons • Wound Care Mini Case Scenarios assignment. Must achieve an 80% or higher. • Case studies with quiz questions. Must achieve an 80% or higher. • Clinical experience • Journals
3. The debridement techniques: <ol style="list-style-type: none"> 15. Conservative sharp 16. Enzymatic 17. Mechanical 18. Autolytic 19. Biological 	<ul style="list-style-type: none"> • View video/lessons • Wound Care Mini Case studies. Must achieve an 80% or higher. • Clinical experience/journals

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Wound competencies	Method or Evidence to Document Competence Obtained
4. Selection and use of wound care products for dressing the wound.	<ul style="list-style-type: none"> • View video • Wound Mini Case Scenarios assignment. Must achieve an 80% or higher. • Clinical experience • Journals
5. Wound culture techniques.	<ul style="list-style-type: none"> • View video • Clinical experience
6. Wound care techniques including: 20. Cleaning 21. Irrigating 22. Packing with a variety of materials including alginates, gauze, gels, granules, and powders	<ul style="list-style-type: none"> • View video • Wound Mini Case Scenarios Must achieve an 80% or higher. • Clinical experience • Journals
7. Peri wound skin management.	<ul style="list-style-type: none"> • View video • Wound Mini Case Scenarios assignment. Must achieve an 80% or higher. • Clinical experience • Journals
8. Compression therapy.	<ul style="list-style-type: none"> • View video • Wound Mini Case Scenarios assignment Must achieve an 80% or higher. • Clinical experience • Journals

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Continence competencies	Method or Evidence to Document Competence Obtained
<p>1. Assessment of the person who is incontinent including:</p> <p>23. Focused physical exam:</p> <ul style="list-style-type: none"> (a) Abdomen (b) Skin (c) Rectal and bulbocavernosal reflex <p>24. Performance of simple urodynamics including:</p> <ul style="list-style-type: none"> (a) Observation of voided stream (b) Postvoid residual (c) Response to provocative maneuvers <p>25. Voiding diary.</p>	<ul style="list-style-type: none"> • View videos/lessons • Continence Care Mini Case Studies assignment. Must achieve an 80% or higher. • Clinical experience • Journals
<p>2. Teaching pelvic muscle exercises.</p>	<ul style="list-style-type: none"> • View videos/lessons • Continence Care Mini Case Studies assignment. Must achieve an 80% or higher. • Clinical experience • Journals
<p>3. Teaching a bowel and bladder program.</p>	<ul style="list-style-type: none"> • View videos/lessons • Continence Care Mini Case Studies assignment. Must achieve an 80% or higher. • Clinical experience • Journals
<p>4. Performance and teaching of clean intermittent catheter (CIC).</p>	<ul style="list-style-type: none"> • View Videos/lessons • Continence Care Mini Case Studies assignment. Must achieve an 80% or higher. • Clinical experience • Journals

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5. Management of skin breakdown.	<ul style="list-style-type: none"> • Continence Care Mini Case Studies assignment. Must achieve an 80% or higher. • Clinical experience • Journals
6. Counseling the person who is incontinent.	<ul style="list-style-type: none"> • Continence Care Mini Case Studies assignment. Must achieve an 80% or higher. • Clinical experience • Journals