



R.B. Turnbull, Jr., M.D. School of WOC Nursing

Daily Journal Entry with Plan of Care & Chart Note

Student Name: Alexis Faria Day/Date: January 17th, 2025

Number of Clinical Hours Today: 8

Care Setting: Hospital Ambulatory Care Home Care Other

Preceptor: Aaron Firsche

Clinical Focus: Wound Ostomy Continence

This assignment should be WOC focused and approached as both patient documentation and critical thinking development. Complete each section of the document. Once you have completed the form, save the document by clinical date and preceptor. Submit to your Practicum Course dropbox for instructor review & feedback. Journals should be submitted to your dropbox no later than **48 hours** following the clinical experience day. See samples in course Resource area to assist you with this assignment.

Reflection: Describe your patient encounters & types of patients seen.

Today I was able to see multiple patients with scheduled appliance changes. I was also able to see complex fistula patient again for leakage with fistula pouch. Attempted other products to aide in successful adherence of appliance. Patient with PEG tube leakage and erosion to insertion site – applied pouching system with Coloplast access port for use of PEG tube and to assist with collection of drainage. Able to see patient with wound vac to AKA and ostomy – was able to complete both with assistance from preceptor.

WOC nurses function as consultants and develop plans of care (POC) for other care givers as a guide to providing care in the WOC nurse’s absence. For this part, select one patient who is an example of the identified specialty hours for this clinical day. Write a chart note giving careful consideration to how the patient was assessed, the problems, and the rationale behind the plan of care. The WOC nurse consultant/specialist note should begin with why you are seeing the pt; Initial visit for..., follow- up visit for..., evaluation and management of..., etc Then, describe the visit. Be sure to include any physical assessment, interactions, and specific products were used/recommended for use. Write in a manner others will be able to understand and be able to interpret your plan of care.

Chart note:

80 year old male. Patient admitted to intensive care unit after being found down at home for unknown period of time. Patient with past medical history of diabetes, HTN, CKD, and respiratory failure. Patient is in intensive care unit on ventilator, CRRT, and multiple pressors. Patient with multiple wounds of various stages to multiple areas of body including bilateral heels, legs, hips, and arms. Patient with moisture associated skin damage to perineum with extreme denudation. Deep tissue injury to coccyx. Patient had fecal management system placed to aide in wound healing by managing frequent watery stools. Wound care was consulted for worsening of coccyx. Patient was turned with assistance from unit nursing. Perineum with denudation and erosion of superficial layers of skin. Coccyx with deep tissue injury now with loss of epidermis. Noted that FMS was twisted and kinked with leakage around the insertion site. Peri care was provided, and site was cleansed with peri wipes and rinsed. Critic aid paste was used in a thin layer over affected areas. FMS tubing was untwisted, and leakage was cleansed. Allevyn dressing used to pad skin that lays under the FMS system and patient repositioned and wedges used for positioning.

Using the information from the chart note, develop a plan of care to be executed by other members of the healthcare team in your absence. Statements should be directive and holistic. Write as nursing orders.

WOC Plan of Care (include specific products used)

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Assess FMS each shift for kinks or leakage at insertion site
 Apply critic aid paste to perineum daily and as needed for continence care
 Prior to application gently cleanse skin with soap and water, rinse, and pat dry

Use positioning wedges to turn and reposition patient per protocol

Offload heels with Tru Vu offloading boots at all time

Pad skin in contact with FMS with Allevyn foam dressings for protection

Ensure dietician on consult given multiple wounds and barriers to healing.

Describe your thoughts related to the care provided. What would you have done differently?

Care provided was appropriate. I would probably assess for proper balloon inflation and positioning of FMS as well as treating the skin breakdown. Later thought about specialty surfaces – did not have the chance to ask about them – as was already done with clinicals for the day. Would like to know the recommended surfaces for patient with moisture related breakdown.

You should have a learning goal for each clinical day. What was your goal for the day? Was it met? Why or why not?

Goals

What was your goal for the day?

Goal for today was to see continence patients. Was not able to see as many as I would have wished – but discussed with some of my preceptors scheduled for next week and they are keeping an eye out. I did see one – whom I did my journal on. Would like to have seen more though.

What is/are your learning goal(s) for tomorrow? (Share learning goal with preceptor)

Learning goals for next clinical would be to see and understand plans of care for outpatients with continence and bowel and bladder issues. Excited to see how Dr. Spivak and NP treat the patients in the clinic.

CRITICAL ELEMENTS	Completed	Missing
Medical record note reflects that of a specialist:		
• Identifies why the patient is being seen	✓	
• Describes the encounter including assessment, interactions, any actions, education provided and responses	✓	
• Includes pertinent PMH, HPI, current medications and labs	✓	
• Identifies specific products utilized/recommended for use	✓	
• Identifies overall recommendations/plan	✓	
Plan of Care Development:		
• POC is focused and holistic	✓	
• WOC nursing concerns and medical conditions, co-morbidities are incorporated	✓	
• Statements direct care of the patient in the absence of the WOC nurse	✓	

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• Directives are written as nursing orders	✓	
Thoughts Related to Visit:		
• Critical thinking utilized to reflect on patient encounter	✓	
• Identifies alternatives/what would have done differently	✓	
Learning goal identified	✓	

Reviewed by: _____ Date: _____

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