



R.B. Turnbull, Jr., M.D. School of WOC Nursing

Daily Journal Entry with Plan of Care & Chart Note

Student Name: Alexis Faria Day/Date: January 14th, Tuesday

Number of Clinical Hours Today: 10

Care Setting: Hospital Ambulatory Care Home Care Other

Preceptor: _____

Clinical Focus: Wound Ostomy Continence

This assignment should be WOC focused and approached as both patient documentation and critical thinking development. Complete each section of the document. Once you have completed the form, save the document by clinical date and preceptor. Submit to your Practicum Course dropbox for instructor review & feedback. Journals should be submitted to your dropbox no later than **48 hours** following the clinical experience day. See samples in course Resource area to assist you with this assignment.

Reflection: Describe your patient encounters & types of patients seen.

Saw multiple patients today. One patient with complex fistula pouch, assisted with providing discharge ostomy lesson, attended an inservice regarding skin care from the product reps, assisted with pouch changes and wound vac application. Patients were seen on both inpatient medical floors and intensive care units.

WOC nurses function as consultants and develop plans of care (POC) for other care givers as a guide to providing care in the WOC nurse's absence. For this part, select one patient who is an example of the identified specialty hours for this clinical day. Write a chart note giving careful consideration to how the patient was assessed, the problems, and the rationale behind the plan of care. The WOC nurse consultant/specialist note should begin with why you are seeing the pt; Initial visit for..., follow-up visit for..., evaluation and management of..., etc Then, describe the visit. Be sure to include any physical assessment, interactions, and specific products were used/recommended for use. Write in a manner others will be able to understand and be able to interpret your plan of care.

Chart note:

54 year old male patient currently in intensive care unit. Past history of GERD and substance abuse. Patient was transferred to SICU from outside hospital due to GI complications including small bowel volvulus and colon ischemia. Patient underwent multiple surgical interventions due to complications which resulted in an end jejunostomy and mucous fistula creations. Patient being seen by stoma team for leaking appliances x2. Patient is still in intensive care unit; he is extubated but not yet appropriate for education at this time. Patient drowsy throughout visit. Mucous fistula is in RUQ, stoma is red and moist and protrudes. Peristomal skin and mucocutaneous junction are both intact. Surrounding tissue is firm but clean and intact. Output is sanguinous. Old appliance removed and site care provided. New Coloplast SenSura flat one piece applied. Goal is 4 days wear time. Jejunostomy in RLQ, stoma measures 1" in diameter and is red and moist, and minimally protrudes with os at 7 o'clock. Peristomal skin and mucocutaneous junction both intact. Surrounding area is semisoft and skin is clean and intact. Brown, thin, liquidy effluent noted. Hollihesive washer 2x2 and Hollister 2 piece high volume pouch applied at this time. Goal wear time is 3-4 days for this appliance.

Using the information from the chart note, develop a plan of care to be executed by other members of the healthcare team in your absence. Statements should be directive and holistic. Write as nursing orders.

WOC Plan of Care (include specific products used)

Mucous Fistula:
Change every 4 days or as needed for leaks

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- a. Use SensiCare adhesive remover wipes to remove old appliance
- b. Use soap and water to cleanse peristomal skin, rinse, and pat dry
- c. Apply new pouch

Jejunostomy:

Change every 3-4 days or as needed for leaks

- a. Use SensiCare adhesive remover wipes to remove old appliance
- b. Use soap and water to cleanse peristomal skin, rinse, and pat dry
- c. Cut Hollishesive 2x2 washer (pattern left in bag with supplies for reference), apply to peristomal skin
- d. Apply Hollister 2 piece high volume pouch

Assess patient for appropriateness for education

Monitor peristomal skin for redness or rash – if noted re-consult stoma nurse

Describe your thoughts related to the care provided. What would you have done differently?

Care provided was appropriate and thorough. We assessed patient ability to retain information and decided together that patient was inappropriate for education. I think we could have also used a convex barrier ring on this patient due to the almost flush nature of the stoma. The washer we used did not give the stoma much leverage over the pouch to drain adequately. I also think we could have thought about using a convex pouching system for this patient as well.

You should have a learning goal for each clinical day. What was your goal for the day? Was it met? Why or why not?

Goals

What was your goal for the day?

Goal for the day was to complete a stoma mark. Was unable to complete a stoma marking but was told that in outpatient clinic I will have more opportunities.

What is/are your learning goal(s) for tomorrow? (Share learning goal with preceptor)

Learning goals for tomorrow is to see more fistulas and mark some stoma placements.

CRITICAL ELEMENTS	Completed	Missing
Medical record note reflects that of a specialist:		
• Identifies why the patient is being seen	✓	
• Describes the encounter including assessment, interactions, any actions, education provided and responses	✓	
• Includes pertinent PMH, HPI, current medications and labs	✓	
• Identifies specific products utilized/recommended for use	✓	
• Identifies overall recommendations/plan	✓	
Plan of Care Development:		
• POC is focused and holistic	✓	
• WOC nursing concerns and medical conditions, co-morbidities are incorporated	✓	
• Statements direct care of the patient in the absence of the WOC nurse	✓	

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• Directives are written as nursing orders	✓	
Thoughts Related to Visit:		
• Critical thinking utilized to reflect on patient encounter	✓	
• Identifies alternatives/what would have done differently	✓	
Learning goal identified	✓	

Reviewed by: _____ Date: _____

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