



R.B. Turnbull, Jr., M.D. School of WOC Nursing

Daily Journal Entry with Plan of Care & Chart Note

Student Name: Alexis Faria Day/Date: January 10th, 2025

Number of Clinical Hours Today: 8

Care Setting: Hospital Ambulatory Care Home Care Other

Preceptor: Erica Yates

Clinical Focus: Wound Ostomy Continence

This assignment should be WOC focused and approached as both patient documentation and critical thinking development. Complete each section of the document. Once you have completed the form, save the document by clinical date and preceptor. Submit to your Practicum Course dropbox for instructor review & feedback. Journals should be submitted to your dropbox no later than **48 hours** following the clinical experience day. See samples in course Resource area to assist you with this assignment.

Reflection: Describe your patient encounters & types of patients seen.

Today multiple patients were seen and a couple of follow ups. Day was started by seeing a patient with a previous graft placement to the sacrum. The site is continuing to improve and heal. This patient was originally refusing to allow staff to change his dressing and would only let wife complete. Agreeable to wound care team only for dressing change. A few patients were seen with venous ulcers to lower extremities. One is being completed for my chart note today. Saw patient with medical device associated unstageable pressure injury. Another patient was seen for a traumatic leg wound and multiple acquired pressure injuries were identified upon assessment. Was called for advice on a few pediatric patients, unable to go see but were able to review charts and give recommendations. Saw another patient with wound at suprapubic catheter insertion site. This patient also had maceration to a previous area of scarring.

WOC nurses function as consultants and develop plans of care (POC) for other care givers as a guide to providing care in the WOC nurse's absence. For this part, select one patient who is an example of the identified specialty hours for this clinical day. Write a chart note giving careful consideration to how the patient was assessed, the problems, and the rationale behind the plan of care. The WOC nurse consultant/specialist note should begin with why you are seeing the pt; Initial visit for..., follow- up visit for..., evaluation and management of..., etc Then, describe the visit. Be sure to include any physical assessment, interactions, and specific products were used/recommended for use. Write in a manner others will be able to understand and be able to interpret your plan of care.

Chart note:

45 year old female. Past medical history of obesity (BMI 72), HTN, lymphedema, and chronic venous insufficiency. Wound consulted for wound care of bilateral lower extremity wounds. Patient reports wounds first appeared around Thanksgiving – at which time she discussed with her primary care physician who placed a vascular referral and directed patient to “wrap and elevate my legs”. Patient reports she is unable to reach her legs and was reusing soiled supplies due to finances and being unable to afford new ones. Patient states about 2 weeks ago she started to notice an odor. Patient presented to vascular office on 01/08 - per referral from primary physician. At vascular medicine appointment, patient was directed to come to the ER for concerns of soft tissue infection. Antibiotic therapy initiated by primary care team. Wound dressings removed at this time. Patient with full thickness venous ulcers to right distal anterior leg and left distal lateral leg. Wound cleansed with wound cleanser spray. Right wound mostly covered with moist yellow, brown, and tan slough. Wound measures 15 cm x 17 cm x 0.8 cm. Mild odor noted and moderate amounts of yellow exudate. Left wound with adherent yellow, brown, and tan slough. Wound measures 10 cm x 14 cm x 0.4 cm. Mild odor and moderate yellow exudate noted. Both wounds would benefit from debridement. Patient does endorse pain with dressing change and with palpation of wounds. Dressings applied at this time. Education was provided to patient to explain the rationale and need for compression, elevation, and routine wound care. Patient verbalized understanding.

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Discussed with primary team that patient will need additional consult to plastics or podiatry for possible wound debridement. Patient will also benefit from dietician consult to optimize nutrition for wound healing – lab draws show slightly low albumin of 3.1

Using the information from the chart note, develop a plan of care to be executed by other members of the healthcare team in your absence. Statements should be directive and holistic. Write as nursing orders.

WOC Plan of Care (include specific products used)

Dressing change to bilateral lower extremity venous ulcers:

- Remove old dressings
- Cleanse wounds with wound cleanser and gently pat dry.
- Cut Aquacel to size and apply to wound, cover with ABD pad, and wrap with Kerlex
- Change daily and as needed for saturation from drainage

Offload heels while in bed – using Tru Vu offloading boots or pillows under calves
 Consult dietician for nutritional support
 Follow up with Outpatient Wound Clinic after discharge

Describe your thoughts related to the care provided. What would you have done differently?

Patient care today was especially educational. The preceptor today broke every step down to the basics to explain to the patients. Patients were able to truly verbalize their understanding of the plan of care moving forward. Preceptor thought carefully about wound needs and the financial appropriateness of dressings prior to choosing. Repour was built between the care giver and patients. Preceptor also interacted with many other providers to including them in the care plan and discuss the barriers to healing and other medical needs.

You should have a learning goal for each clinical day. What was your goal for the day? Was it met? Why or why not?

Goals

What was your goal for the day?

To look for more complex patients with multiple wounds to try to find a patient for my complex journal. This goal was partially met. I was able to see patients with multiple wounds like the patient with multiple stages of pressure injuries. I did not choose this patient for complex case study though. I will continue to assess patients for possible complex study patient.

What is/are your learning goal(s) for tomorrow? (Share learning goal with preceptor)

Goals for next clinical would be to see how the outpatient wound care is organized. Would be interested in seeing debridement, if possible. Trouble shoot peristomal skin conditions would also be a goal for learning.

CRITICAL ELEMENTS	Completed	Missing
Medical record note reflects that of a specialist:		
• Identifies why the patient is being seen	✓	
• Describes the encounter including assessment, interactions, any actions, education provided and responses	✓	
• Includes pertinent PMH, HPI, current medications and labs	✓	
• Identifies specific products utilized/recommended for use	✓	

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<ul style="list-style-type: none"> Identifies overall recommendations/plan 	✓	
Plan of Care Development:		
<ul style="list-style-type: none"> POC is focused and holistic 	✓	
<ul style="list-style-type: none"> WOC nursing concerns and medical conditions, co-morbidities are incorporated 	✓	
<ul style="list-style-type: none"> Statements direct care of the patient in the absence of the WOC nurse 	✓	
<ul style="list-style-type: none"> Directives are written as nursing orders 	✓	
Thoughts Related to Visit:		
<ul style="list-style-type: none"> Critical thinking utilized to reflect on patient encounter 	✓	
<ul style="list-style-type: none"> Identifies alternatives/what would have done differently 	✓	
Learning goal identified	✓	

Reviewed by: _____ Date: _____

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