



R.B. Turnbull, Jr., M.D. School of WOC Nursing

**Daily Journal Entry with Plan of Care & Chart Note**

Student Name: Yvan Fortinat Day/Date: 10/21/24

Number of Clinical Hours Today: 8

Care Setting: Hospital  Ambulatory Care  Home Care  Other

Preceptor: Megan Hincapie

Clinical Focus: Wound  Ostomy  Continence

This assignment should be WOC focused and approached as both patient documentation and critical thinking development. Complete each section of the document. Once you have completed the form, save the document by clinical date and preceptor. Submit to your Practicum Course dropbox for instructor review & feedback. Journals should be submitted to your dropbox no later than **48 hours** following the clinical experience day. See samples in course Resource area to assist you with this assignment.

**Reflection: Describe your patient encounters & types of patients seen.**

Today we were able to see six patients. We had a few complex cases, a marking and an predischarge teaching. It was also interesting to see the dynamic of the ostomy team in action. For example, the first patient we saw was a collaboration with another WOC nurse who wanted to have some support on how to approach placing different bags to stop a couple of leaks from a midline incision. The patient had surgery for colon cancer, she has an ileostomy on the right upper quadrant, a JP tubes on the right lower quadrant. Patient has a sizable midline incision from the epigastric region to the suprapubic area. Laying down on the bed, patient still has a deep fold on the upper abdomen and the suprapubic regions. Both locations needed to be pouched. We ended up placing 3 pouches on the patient. The ileostomy was placed uneventfully, we worked on both leaks by cleaning the skin with soap and water, used non sting liquid barrier, strip paste is used with Hollihesive skin sheets cut to feet around draining site. On each opening, we were able to successfully pouched the leaks. We saw another patient who had an ileostomy done who needed more education. We provided him with booklets and hands out about food to eat during the first few weeks. We did a demo to show him and his girlfriend how to manage the dressing change. The other cases were similar in a practical term. We changed the ostomy, and we continued to provide education to the patient and family.

WOC nurses function as consultants and develop plans of care (POC) for other care givers as a guide to providing care in the WOC nurse's absence. For this part, select one patient who is an example of the identified specialty hours for this clinical day. Write a chart note giving careful consideration to how the patient was assessed, the problems, and the rationale behind the plan of care. The WOC nurse consultant/specialist note should begin with why you are seeing the pt; Initial visit for..., follow- up visit for..., evaluation and management of..., etc Then, describe the visit. Be sure to include any physical assessment, interactions, and specific products were used/recommended for use. Write in a manner others will be able to understand and be able to interpret your plan of care.

**Chart note:**

The stoma marking purpose is explained. Patient verbalized understanding and agrees for the marking. Patient is in a supine position, folding of the abdomen is noted in the epigastric area and below close to the suprapubic area. Rectus muscle border is located by squeezing lightly each side of the abdomen while in the supine position, patient is directed to try to rise up, tightening the abdomen, revealing thereby the edge of the rectus muscle. Marking is made, with a black marker, 3 finger width of midline/umbilicus within the rectus

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mucle on the right and left lower quadrants. Patient is placed in a sitting position, abdomen is pushed in slightly, patient is told to turn head to the side and cough, thereby tightening abdominal muscle, location is marked. Patient is asked to try to look for the marking on her abdomen, she complies and she states she can see the markings. Patient is drowsy still, test is not done standing up. Permanent marker is used for the marking. Tegaderm is used to cover and protect the markings. Stoma contour marking is made according to ET/WOC Nursing procedure #401 in the RLQ and LLQ.

Using the information from the chart note, develop a plan of care to be executed by other members of the healthcare team in your absence. Statements should be directive and holistic. Write as nursing orders.

**WOC Plan of Care (include specific products used)**

Follow surgical pre-op diet recommendations  
 Take main medications/pain medications per order  
 Reach to WOC team with any questions  
 Reach out to surgical team for planning

**Describe your thoughts related to the care provided. What would you have done differently?**

My goal was to practice my marking ability. I was able to do so with this particular patient. I went over the steps, and under the supervision of my preceptor, I was able to show the skill needed to perform an appropriate marking.

You should have a learning goal for each clinical day. What was your goal for the day? Was it met? Why or why not?

**Goals**

**What was your goal for the day?**

My goal was to get more familiar with ostomies and ostomy care. I am getting use to the different pouching at this time.

**What is/are your learning goal(s) for tomorrow? (Share learning goal with preceptor)**

I am going to Urodynamic tomorrow. I hope to see a Uroflowmetry is possible.

CRITICAL ELEMENTS	Completed	Missing
Medical record note reflects that of a specialist:		
• Identifies why the patient is being seen	✓	
• Describes the encounter including assessment, interactions, any actions, education provided and responses	✓	
• Includes pertinent PMH, HPI, current medications and labs	✓	
• Identifies specific products utilized/recommended for use	✓	
• Identifies overall recommendations/plan	✓	

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Plan of Care Development:		
• POC is focused and holistic	✓	
• WOC nursing concerns and medical conditions, co-morbidities are incorporated	✓	
• Statements direct care of the patient in the absence of the WOC nurse	✓	
• Directives are written as nursing orders	✓	
Thoughts Related to Visit:		
• Critical thinking utilized to reflect on patient encounter	✓	
• Identifies alternatives/what would have done differently	✓	
Learning goal identified	✓	

Reviewed by: \_\_\_\_\_ Date: \_\_\_\_\_

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