



R.B. Turnbull, Jr., M.D. School of WOC Nursing

Daily Journal Entry with Plan of Care & Chart Note

Student Name: Nancy Ndamukong Day/Date: 09/18/2024

Number of Clinical Hours Today: 8

Care Setting: Hospital Ambulatory Care Home Care Other

Preceptor: Helen Shubsda

Clinical Focus: Wound Ostomy Continence

This assignment should be WOC focused and approached as both patient documentation and critical thinking development. Complete each section of the document. Once you have completed the form, save the document by clinical date and preceptor. Submit to your Practicum Course dropbox for instructor review & feedback. Journals should be submitted to your dropbox no later than **48 hours** following the clinical experience day. See samples in course Resource area to assist you with this assignment.

Reflection: Describe your patient encounters & types of patients seen.

I saw two patients today, spent some of my time in the meeting with my preceptor. We attended the monthly skin audit meeting. My first patient had a pressure injury to the left ischium. Wound measures 1.5cm long x 2cm wide x 0.8 deep. Tunnel at 3 o'clock, with a depth of 3.5 cm. Good granulation tissue, moderate drainage (serosanguineous). Wound cleaned with NS, measurement and photo taken. Wound lightly pack with plain packing strips to wick drainage from the tunnel and to prevent abscess formation. Wound covered with allevyn. Patient repositioned in bed.

The second patient on the anterior right breast and another one left thigh. We went to her room the first time and she refused wound care. Then we came back an hour later because we had received a consult and there was a great need to see the wound and initiate treatment. Patient verbalized that she had been using Vaseline and gauze for treating the wound at home. But she finally let us take care of the wound after being hesitant.

Type of patients/wound: Hidradenitis and pressure injury.

WOC nurses function as consultants and develop plans of care (POC) for other care givers as a guide to providing care in the WOC nurse's absence. For this part, select one patient who is an example of the identified specialty hours for this clinical day. Write a chart note giving careful consideration to how the patient was assessed, the problems, and the rationale behind the plan of care. The WOC nurse consultant/specialist note should begin with why you are seeing the pt; Initial visit for..., follow-up visit for..., evaluation and management of..., etc Then, describe the visit. Be sure to include any physical assessment, interactions, and specific products were used/recommended for use. Write in a manner others will be able to understand and be able to interpret your plan of care.

Chart note:

Initial visit for a 33 y/o female patient who was admitted for cryptococcal meningitis. History of Diabetes, breast disorder cyst, erythema nodosum postpartum, and Hidradenitis necrotizing fasciitis. Patient seen today for open non-healing wound caused by hidradenitis on the right breast and left hip. Medication was reviewed, patient is on prednisone, antifungal medication, she completed antibiotics prior to admission. Lab results show increased glucose level of 153. Patient reported treating wound at home with Vaseline and covering it with ABD. Patient laying down in bed, agreed on dressing change to be done at this time. Old dressing gently removed, both wounds cleaned with NS and pat dry. Wound #1 left hip wound: moderate drainage, 100% granulation tissue, wound edge attached to wound base, no erythema present in the peri-wound. Photo and measurement taken. Wound measures 1.5 cm x 1.5 cm x 0.3 cm. Oil emulsion applied to wound, covered with allevyn.

Wound #2 is the right breast wound: moderate drainage, 100% granulation tissue, wound edge attached to wound base, no erythema present in the peri-wound. Photo and measurement taken. Wound measures; 1 cm long x 1.5 cm wide x 0.3 cm deep. Oil emulsion applied to wound, covered with allevyn. It was explained to the patient on how often dressing needs to be changed. The importance of keeping blood sugar under control and Patient verbalized understanding. Patient agreed for next follow up in one

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week.

Using the information from the chart note, develop a plan of care to be executed by other members of the healthcare team in your absence. Statements should be directive and holistic. Write as nursing orders.

WOC Plan of Care (include specific products used)

- o Stop using Vaseline and ABD pad to your wound.
- o Clean wound with a non-cytotoxic wound cleanser, pat dry and apply oil emulsion, then cover with allevyn.
- o Change dressing daily
- o Consider smoking cessation, and weight loss.
- o Consult dietitian for diabetic diet
- o Wear loose clothes to avoid friction
- o Wash affected area with antiseptic solution to prevent bacteria growth.
- o Keep good hygiene
- o Topical and systemic antibiotics and antifungal agents
- o Consider tapering down prednisone

Describe your thoughts related to the care provided. What would you have done differently?

We changed patient's treatment/dressing from Vaseline and ABD to oil emulsion and alevyn. Based on the moderate drainage, I would have recommended the use of silva alginate and allevyn to aid in wicking the wound and promote healing. But this product is not available in the units and would be a special order for the unit. So, the treatment option used here is based on what is available in the units.

You should have a learning goal for each clinical day. What was your goal for the day? Was it met? Why or why not?

Goals

What was your goal for the day?

My goal for today was to see a more complex patient/wounds. To a greater degree my goal was not met because my patients did not have what I expected. But to a lesser degree, it was accomplished because I had a patient with hidradenitis wound, and not PI or skin tear. That makes me to look more into this type of wound and how to manage it.

What is/are your learning goal(s) for tomorrow? (Share learning goal with preceptor)

My goals for tomorrow is to see how an Ostomy nurse assess a patient, and come up with a plan of care.

CRITICAL ELEMENTS	Completed	Missing
Medical record note reflects that of a specialist:		
• Identifies why the patient is being seen	✓	
• Describes the encounter including assessment, interactions, any actions, education provided and responses	✓	
• Includes pertinent PMH, HPI, current medications and labs	✓	
• Identifies specific products utilized/recommended for use	✓	
• Identifies overall recommendations/plan	✓	
Plan of Care Development:		
• POC is focused and holistic	✓	
• WOC nursing concerns and medical conditions, co-morbidities are incorporated	✓	
• Statements direct care of the patient in the absence of the WOC nurse	✓	

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• Directives are written as nursing orders	✓	
Thoughts Related to Visit:		
• Critical thinking utilized to reflect on patient encounter	✓	
• Identifies alternatives/what would have done differently	✓	
Learning goal identified	✓	

Reviewed by: _____ Date: _____

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