

DARLEEN SHIRLEY OLSEN BSN CWOCN

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2226 23rd St NW Rochester, MN 55901

EDUCATION

Wound, Ostomy, and Continence Nursing

August 2024

R.B. Turnbull, Jr. MD WOC Nursing Education Program

Bachelor of Science in Nursing

August 2018

The University of Texas at El Paso (UTEP)

Overall GPA: 3.97/4.00 Major GPA: 4.00/4.00

Summa Cum Laude

Academic Award 2018

Dean's List

Bachelor of Science in Microbiology

May 2015

The University of Texas at El Paso (UTEP)

Overall GPA: 3.94/4.00 Major GPA: 3.90/4.00

Summa Cum Laude

Dean's List

Associate of Biology

May 2013

Associate of Pre-Pharmacy

May 2013

Associate of Pre-Dentistry

May 2013

Associate of Pre-Medicine

May 2013

El Paso Community College

Overall GPA: 4.00/4.00 Major GPA: 4.00/4.00

HONORS AND ACTIVITIES

- Nasseff Tower 4 Skin Savers Committee August 2021-May 2023
- Nasseff Tower 4 Social Committee May 2019-May 2023
- Above and Beyond Award August 2021
- Community Giving Campaign Advocate August 2019-August 2020
- Mentorship Program July 2019-April 2020
- Nurse Residency Program November 2018-September 2019

- Sigma Theta Tau International Olsen, Darleen
August 2018-August 2019
- National Student Nurses' Association Convention April 2018
- Center Against Sexual and Family Violence Health Clinic January-August 2018
Assistant Event Coordinator
- Texas Nursing Student Association August 2017-August 2018
Class Representative
- Volunteer at Center Against Sexual and Family Violence July 2015-December 2016
 - o Communicate with kids and provide support for their unique situation(s)
 - o Register clients and provide resources available
 - o Distribute items such as clothing, toys, furniture
 - o Assisted and collaborated with Nurse Practitioner's in children's wellness exams
- President's List at El Paso Community College August 2011-Present
- Golden Key Member August 2012-May 2013
- National Junior College Athletic Association Pinnacle Award August 2011-May 2012
over 45 credit hours with a 4.00 GPA & student athlete
- Outstanding Student Intelligence Community Center for Summer 2010
Academic Excellence
- Outstanding Health Science Student Fall 2009-Spring 2010

EXPERIENCE

Mayo Clinic Registered Nurse

Wound, Ostomy, and Continence Nurse

May 2023-Present

- Creating wound care plan for nursing for all wounds of patients
- Collaborating with multidisciplinary healthcare teams to increase wound healing and meet patient's needs
- Educating on wound care plan of patient to staff and patients with their families
- Evaluating effectiveness of wound care plan intervention for each patient
- Modifying wound care plan as appropriate for each patient

Nasseff Tower 4-CV Interventional Progressive Care Unit

November 2018-May 2023

- Implementing wound care from Skin Savers education, WOC RN recommendations, and providers orders
- Administering and titrating antiarrhythmic medications
- Provide urgent and emergent care for patients with arrhythmias
- Inpatient care with high acuity patients in progressive care unit

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November 2019-April 2020

Mayo 6-Heart Failure Clinic Block Assignment

- Medication reconciliation pilot
- Obtain vital signs of patients, medication reconciliation, and allergies reviewed
- Collaborate care with providers
- Telehealth
 - Assessment of patient symptoms, prioritize patient acuity for appointment, communicate with providers, educate patients on preparation for procedures

Tenet Preceptor Partnership Program

July-August 2018

Hospitals of Providence at Memorial

Postpartum Unit

- Administered Hepatitis B & Tdap vaccines to newborns
- Transitioned care of newborns for two hours after birth
 - Blood sugar checks, vital signs, help mothers breastfeed, skin to skin, newborn assessment Ballard score
- Mother and newborn comprehensive assessments
 - Mother-Assess firmness of fundus, vaginal bleeding amount, monitor Pitocin, continuous vital signs for the first two hours
 - Newborn-Ballard score, vital signs, glucometer checks (administered formula if needed for blood sugar <40 mg/dL), jaundice meter checks, administration of vaccines; administered sucrose during circumcision and monitored newborn post procedure
- Cardiac screening of newborns at 25 hours of birth
- Patient charting in Cerner
- Newborn observation of oxygenation as needed for a minimum of four hours
- Provided breastfeeding in-service for registered nurses in mother baby

Improving Patient Care Through Technology

June -July 2018

(IMPACT)-Clinical Informatics Nursing Mentorship

Hospitals of Providence at Memorial

- Audit patient charts and nursing documentation
 - Reviewed nursing documentation on Cerner and addressed how to decrease their unique fallouts one on one
- Educated on how to decrease medication fallouts
 - Provided teaching on Cerner to progressive care unit and neonatal intensive care unit
- Assisted new orientees on how to utilize Cerner, input patient information, and complete tasks
- Utilized Publisher to create updates of Cerner (health information technology) for doctors and nurses on how to utilize Cerner

Nursing Student Clinical Hours

- ICU
 - Titrate vasopressors and sedatives
 - Check function of graft

- o CPR on patient
- o Comprehensive patient one on one care and monitoring
- o Provided Foley care, hourly output, and intake
- o Sponge baths

- CVICU
 - o Hemodynamic monitoring with Swan Ganz catheter and discontinue
 - o Zero, level, and transducer on Swan Ganz catheter by observing for appropriate waveforms
 - o Monitoring chest tube output and determining if functioning appropriately
 - o Cardiac monitoring

- ER
 - o Blood draws for patients
 - o Participated in codes such as brain, septic, and blue
 - o Administered medications and provided care to stabilize patients to be discharge to a unit or home
 - o Initiated intravenous (IV) fluids and IV's
 - o Conducted electrocardiogram and gave it to the attending physician
 - o Foley care insertion

- Medical Surgical
 - o Head to toe and focused assessments on patients, including vital signs
 - o Provided patient teaching upon discharge
 - o Piggyback medications and intravenous (IV) fluids, intramuscular injections, IV push medications, total parental nutrition (monitor blood sugar and lab values), potassium runs, peripherally inserted catheters accessed and administered medications

Academic Tutor in Nursing and Biology

El Paso Community College

June 2014-August 2018

- Improvement of students' scores on exams and assignments due to tutoring sessions
- Enrollment of students in the tutoring program increased
- Logged in student information on excel sheet and follow-ups
- Assisted nursing students to pass dosage calculation exam with 85% or greater
- Tutored students in fundamentals of nursing, pathophysiology, pharmacology

Biology Lab Assistant II

El Paso Community College

June-December 2015

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- Prepared labs for Biology courses
- Inventory of equipment
- Maintained labs clean and assisted in labs as needed

Academic Laboratory Research

February-December 2015

University of Texas at El Paso

- Conducted RNA purification on *Francisella tularensis* infected tissue
- Prepared RNA to conduct real time polymerase chain reaction to check number of chemokines and cytokines produced in male and female mice that were infected
- Created steps for real time polymerase reaction
- Attained results needed to conduct analysis of chemokines and cytokines
- Trouble shoot and modified procedures to attain results

Emergency Medical Technician Basic Student

El Paso Community College

August 2010-June 2011

- 60 clinical hours of patient care at The University Medical Center in Labor & Delivery, Triage, Emergency Room, Intensive Care Unit
 - Vital signs, observed, blood glucose checks, patient assessments, and medical histories of patients, Glasgow Coma Scale
- 40 hours on Elite Medical Transport and Life Ambulance Service
 - Transported patients, conducted patient assessments on route, blood glucose checks, medical histories

SKILLS/CERTIFICATIONS

- Fluent in Spanish and English
- Therapeutic communication
- Laboratory Research Techniques
- Problem-Solving & Analytical
- ACLS and BLS
- Troubleshooting
- Prioritizing
- Certified Wound, Ostomy, and Continence Nurse

REFERENCES

Available upon request