

Daily Journal Entry with Plan of Care & Chart Note

Student Name: Chloe DeJonge Day/Date: June 3rd, 2024

Number of Clinical Hours Today: 8

Care Setting: Hospital Ambulatory Care Home Care Other

Preceptor: Erica Yates

Clinical Focus: Wound Ostomy Continence

This assignment should be WOC focused and approached as both patient documentation and critical thinking development. Complete each section of the document. Once you have completed the form, save the document by clinical date and preceptor. Submit to your Practicum Course dropbox for instructor review & feedback. Journals should be submitted to your dropbox no later than **48 hours** following the clinical experience day. See samples in course Resource area to assist you with this assignment.

Reflection: Describe your patient encounters & types of patients seen.

Erica and I saw patients with a variety of wounds today. This included stage 2, 3, 4, and unstageable pressure injuries, incontinence associated dermatitis and fungal rashes, and traumatic wounds from drug injection. We noticed that many patients were lacking wedges and off-loading heel boots – even with high-risk Braden scores. We also found multiple patients soiled from fecal incontinence. While charting LDAs, it was found a patient's turning position was "back" for multiple hours consecutively.

WOC nurses function as consultants and develop plans of care (POC) for other care givers as a guide to providing care in the WOC nurse's absence. For this part, select one patient who is an example of the identified specialty hours for this clinical day. Write a chart note giving careful consideration to how the patient was assessed, the problems, and the rationale behind the plan of care. The WOC nurse consultant/specialist note should begin with why you are seeing the pt; Initial visit for..., follow-up visit for..., evaluation and management of..., etc Then, describe the visit. Be sure to include any physical assessment, interactions, and specific products were used/recommended for use. Write in a manner others will be able to understand and be able to interpret your plan of care.

Chart note:

Initial visit for cellulitis and full thickness wound with red base to right lower leg. Peri-wound consists of scar tissue; patient has a history of split thickness skin graft to the area from 2022 after IV drug use. WBC was 13.05 k/uL on admission, currently being treated with IV Vancomycin and Zosyn. Dietary consulted due to low albumin (3.4g/dL) for optimal wound healing. Patient initially withdrawn and dismissive upon arrival but agreeable to care. Wound cleansed with Sea-Clens, Hydrogel then Allevyn applied; change daily. Recommended follow-up at the outpatient wound clinic, patient verbalized understanding.

Using the information from the chart note, develop a plan of care to be executed by other members of the healthcare team in your absence. Statements should be directive and holistic. Write as nursing orders.

WOC Plan of Care (include specific products used)

Right lower leg: Remove old dressing. Clean wound with Sea-Clens. Pat dry. Apply thin layer of Hydrogel to wound bed. Secure with an Allevyn foam dressing. Change daily and as needed.
-Consider social work consult for assistance with IV drug use cessation programs.

Describe your thoughts related to the care provided. What would you have done differently?

The care provided was appropriate as the wound base was dry (scant drainage). I may have added a layer of non-adherent mesh to separate the Hydrogel from the Allevyn, specifically so the Hydrogel would not be absorbed

into the foam dressing immediately.

You should have a learning goal for each clinical day. What was your goal for the day? Was it met? Why or why not?

Goals

<p>What was your goal for the day? My first goal was to navigate Cleveland Clinic’s campus effectively and meet my preceptor promptly at 8am. After that, I wanted to gain understand on products being utilized (that are different than my home hospital’s), as well as be hands-on with direct patient care. All of my goals were met today! I arrived on time and started assisting Erica with measuring, dressing applications, and peri-care right away. She was great at explaining the purposes of products I was unfamiliar with.</p>
<p>What is/are your learning goal(s) for tomorrow? (Share learning goal with preceptor) Tomorrow, I would like to propose my ideal treatment plan to Erica and receive her opinion before she selects her own. This will help me confirm that my treatments are appropriate for my patients.</p>

CRITICAL ELEMENTS	Completed	Missing
Medical record note reflects that of a specialist:		
* Identifies why the patient is being seen		
*Describes the encounter including assessment, interactions, any actions, education provided and responses		
*Includes pertinent PMH, HPI, current medications and pertinent labs		
*Identifies specific products utilized/recommended for use		
*Identifies overall recommendations/plan		
Plan of Care Development:		
*POC is focused and holistic		
*WOC nursing concerns and medical conditions, co-morbidities are incorporated		
*Statements direct care of the patient in the absence of the WOC nurse		
*Directives are written as nursing orders		
Thoughts Related to Visit:		
*Critical thinking utilized to reflect on patient encounter		
*Identifies alternatives/what would have done differently		
Learning goal identified		

Reviewed by: _____ Date: _____