

Chelsea Castro, BSN, RN, CWOCN

(License # 95201261)

Murrieta, CA | (951) 474-1311 | crcastro@protonmail.com

PROFESSIONAL SUMMARY

Dependable, well-organized, self-motivated licensed registered nurse with four years of medical surgical and telemetry experience in a dynamic, fast-paced hospital setting. Core competencies include ability to apply evidence-based nursing practices to enhance the quality of care and ensure best outcomes for patients. Highly proficient at engaging patients and other members of the interprofessional healthcare team to promote a holistic, comprehensive and united approach to care from admission through discharge. Eager to apply my problem-solving and critical-thinking skills to a hospital setting role.

EDUCATION

Certificate of Completion - R. B. Turnbull, Jr., MD School of WOC Nursing Education, Cleveland Clinic, Cleveland, OH, 2023-2024

Bachelor Degree in Nursing (BSN) - Boise State University, Boise, ID 2020-2022

Associate Degree in Nursing (ADN) - Mt. San Jacinto College, Menifee, CA 2017-2019

GPA: 3.7 President's Honor Roll: 4 semesters

LICENSURE & CERTIFICATIONS

• **Registered Nurse (RN)**, California Board of Registered Nursing, License # 95201261
Active until October 2024

• **Basic Life Support for Healthcare Providers (BLS)**- American Heart Association
Expires July 2025

• **Advanced Cardiovascular Life Support (ACLS)**- American Heart Association
Expires March 2026

• **National Institutes of Health Stroke Certification (NIHSS)**- American Heart Association *Expires April 2024*

• **Certified Wound, Ostomy, Continence Nurse** *Active until 2029*

CLINICAL EXPERIENCE

Medical Surgical & Telemetry Float Pool Nurse, Some Medical Center, Someplace, CA

July 2022-Present

- Float between medical surgical and telemetry units depending on staffing needs
- Assess and document wound assessment data for newly admitted patients and communicate findings to physician, develop plan of care to maintain skin integrity and prevent wound deterioration.
- Perform wound care and dressing changes according to treatment plans and recommendations developed by Wound Care nurse and physician's orders
- Demonstrate adaptability and wide scope of practice by formulating comprehensive care plans, conducting thorough patient assessments for patients undergoing surgical procedures, and integrating pain management best practices.

Medical Surgical & Telemetry Nurse, AnyTown Medical Center, AnyTown, CA

Jan 2020-May 2022

- Conduct ongoing patient assessments in order to monitor and effectively communicate changes in conditions and provide the necessary and appropriate interventions per physician orders.
- Closely monitor patients to identify signs of arrhythmias and other life-threatening complications.
- Performed 12 lead EKG per facility protocol, interpreted EKG rhythms, and notified physician of arrhythmias per facility protocols.
- Acted as patient advocate, interacted in a timely manner between multidisciplinary staff to minimize delays and optimize patient care and efficiency.

References on request