



R.B. Turnbull, Jr., M.D. School of WOC Nursing

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Daily Journal Entry with Plan of Care & Chart Note

Student Name: WOC Nurse Day/Date: _____

Number of Clinical Hours Today: 8

Care Setting: Hospital Ambulatory Care _____ Home Care _____ Other _____

Preceptor: CWOCN

Clinical Focus: Wound Ostomy _____ Continence _____

This assignment should be WOC focused and approached as both patient documentation and critical thinking development. Complete each section of the document. Once you have completed the form, save the document by clinical date and preceptor. Submit to your Practicum Course dropbox for instructor review & feedback. Journals should be submitted to your dropbox no later than **48 hours** following the clinical experience day. See samples in course Resource area to assist you with this assignment.

Reflection: Describe your patient encounters & types of patients seen.

I saw five patients today with my preceptor. While most of them were wound focused, we did see one new colostomy patient. We spent approximately one hour with this patient doing teaching. Teaching focused on stoma assessment and how to change an appliance. Another patient had several venous ulcers. The ulcers are chronic and patient refuses to wear compression hose. He did let us do a bedside ABI and TBI. He has a history of diabetes. I would have referred him to vascular. We were able to convince him to wear Tubi Grip. His ulcers have a large amount of drainage. Staff was using abds. We changed the dressing to Silver Alginate and border foam. The patient with a stage 3 pressure injury had a wound vac and we changed this dressing. My preceptor was consulted to see a new patient to help assess the pressure injury risk and develop a prevention plan. The facility doesn't have any standard protocol. We discussed how a protocol would help staff and her time management because she is expected to prioritize these patients. We also attended an infection control meeting where the nurse presented various infection rates and trends.

Types of patients: venous stasis ulcers, new colostomy, stage 3 pressure injury, pressure injury assessment and plan development

WOC nurses function as consultants and develop plans of care (POC) for other care givers as a guide to providing care in the WOC nurse's absence. For this part, select one patient who is an example of the identified specialty hours for this clinical day. Write a chart note giving careful consideration to how the patient was assessed, the problems, and the rationale behind the plan of care. The WOC nurse consultant/specialist note should begin with why you are seeing the pt; Initial visit for..., follow-up visit for..., evaluation and management of..., etc Then, describe the visit. Be sure to include any physical assessment, interactions, and specific products were used/recommended for use. Write in a manner others will be able to understand and be able to interpret your plan of care.

Chart note:

This is the initial visit for this 65 y/o male who has been readmitted. Pt was discharged to a skilled facility s/p abd surgery. Pt has history HTN, diabetes. No other surgeries. Medications reviewed. Staff reports changing the dressing multiple times related to drainage. Pt sitting up in chair and agreeable to wound assessment and dressing change. Assisted back to bed. Island and gauze dressings removed to midline incision. Noted to have exudate to dressing of moderate amount serosanguinous exudate. Wound cleansed with wound cleanser. Periwound intact and without redness, edema, induration. Wound measures 6 cm long x 2 cm wide and 2 cm deep. Wound bed red with epithelial buds. Silver impregnated hydrofiber dressing placed to wound. Skin sealant applied to periwound skin. Covered

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with border foam. Pt tolerated procedure well without complaints, pain. Explained new dressing should decrease the number of times the dressing needs to be change while promoting moist wound healing. Verbalized understanding. Discussed dietary needs, including protein and need to maintain blood glucose levels. Denies questions. Assisted back to chair. Agreeable to return visit for reevaluation.

Using the information from the chart note, develop a plan of care to be executed by other members of the healthcare team in your absence. Statements should be directive and holistic. Write as nursing orders.

WOC Plan of Care (include specific products used)

*Discontinue gauze dressings to abd wound. Begin cleanse wound with wound cleanser. Apply silver impregnated hydrofiber to wound bed. Apply skin sealant to periwound skin. Cover with border foam. Change dressing every three days and prn for strikethrough
*Monitor blood sugar and treat as indicated
*Increase protein intake within diabetic diet limitations
*Call for changes in wound, wound dressing concerns

Describe your thoughts related to the care provided. What would you have done differently?

Staff was changing the dressing frequently because the gauze was getting saturated. We changed the wound care from a gauze dressing to a hydrofiber and foam for better exudate management and to decrease dressing changes. I would have recommended a dietician consult to be sure the wound needs are met within his diabetic diet limitations and possible consideration for a supplement. I would also have explored the possibility of placing a wound vac.

You should have a learning goal for each clinical day. What was your goal for the day? Was it met? Why or why not?

Goals

What was your goal for the day?

My goal was to learn how a WOC nurse manages her day. We didn't see many patients because of the amount of time each one took and having an hour long meeting.

What is/are your learning goal(s) for tomorrow? (Share learning goal with preceptor)

I would like to see a more complicated wound patient and how the WOC nurse assesses and develops the plan.

Reviewed by: _____ Date: _____

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