

R.B. Turnbull, Jr., M.D. School of WOC Nursing

Daily Journal Entry with Plan of Care & Chart Note

Student Name: Chelsea R. Castro

Day/Date: 1/12/2024

Number of Clinical Hours Today: 8 Care Setting: Hospital Ambulatory Care Home Care Other: _____

Number of patients seen today: 8 Preceptor: Erica Yates

Journal Focus: Wound Ostomy Continence Combination Specify: _____

Directions: WOC nurses function as consultants and develop plans of care for other care givers as a guide to providing care in the WOC nurse’s absence. For this assignment, select one patient each clinical day. Provide assessment information and write a chart note. Using this information, develop a plan of care (POC) which directs care.

This assignment should be WOC focused, and approached as both patient documentation and critical thinking development. Using a holistic WOC nursing approach combined with critical thinking strategies, complete each section of the document. Give careful consideration to how the patient was assessed, the problems, and the rationale behind the plan of care. Provide thorough documentation on the patient encounter. Once you have completed the form, save the document by clinical date and preceptor. Submit to your Practicum Course dropbox for instructor review & feedback. Journals should be submitted to your dropbox by no later than **48 hours** following the clinical experience day. See samples in course to assist you with this assignment.

<p>Today’s WOC specific assessment</p>	<p>Assessment includes a chart review. Identify PMH, HPI, labs, etc. Be sure to include data that supports the reason for the WOC nurse consult.</p> <p>83 y/o male with admitting diagnosis of multivessel CAD and need for CABG evaluation. Past medical history includes DM, HTN, HLD, PAD, colon CA (2016), PE, multiple falls, and urinary retention requiring chronic indwelling foley catheter. Past surgical history includes partial hemicolectomy and colostomy reversal.</p> <p>Labs notable for glucose 159, Hgb 10.7, Hct 33.3.</p> <p>Current medications include MTP tartrate 25 mg PO BID, atorvastatin 80 mg PO QHS, gabapentin 300 mg PO QHS, insulin lispro SQ with meals, heparin 0-3000 u/hr IV continuous, docusate 100 mg PO BID.</p>
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Chart Note: Write a chart note for the medical record for this patient encounter. Be sure to include any physical assessment, interactions, and specific products that were used/recommended for use.

The WOC nurse consultant/specialist note should begin with why you are seeing the pt; Initial visit for..., follow- up visit for..., evaluation and management of..., etc Then, describe the visit. Write in a manner others will be able to understand and be able to interpret your plan of care.

WOC nurse consulted for a stage 4 pressure injury on the sacrum. Patient is A&Ox3, states that the wound was caused by “laying in my own diarrhea for hours”. He reports being continent of bowels but states “when I feel like I have to go I really have to go”, states he normally ambulates with a walker at home but has not been out of bed for several days. Denies any pain from the wound, states that “it doesn’t hurt”. On assessment full-thickness wound on the sacrum measuring 2.7 x 3.4 x 0.5 is present. The wound bed is red and yellow. The wound shape is irregular. Blanchable erythema is present to the peri-wound. A small amount of serous drainage is noted. No odor is present. The wound was cleansed with Vashe solution, pat dried with 4x4 gauze, Hydrofera blue foam sheet (spiral cut to fit) applied to wound, and covered with Allevyn foam dressing. The patient was educated on use of call light to request assistance with toileting, importance of keeping skin clean and dry, and turning/repositioning every two hours. Patient verbalized an understanding and denied any further questions.

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Develop one learning goal for each clinical day, document that on this form then share your goals with your preceptor.

What was your goal for the day? Were you able to meet your learning goal for today? Why or why not?	Yes, I was able to meet my learning goal for the day. My learning goal was to practice staging pressure injuries.
What are your learning goals for tomorrow? (Share learning goal with preceptor)	My learning goal for the next day is to learn about the types of patients and ostomy issues that present to the outpatient ostomy clinic.

Reflection: Describe other patient encounters, types of patients seen.	Other patients encountered throughout the clinical day included patients with consultations for skin tears, mucous membrane injury r/t FMS, and IAD.
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Reviewed by: _____ Date: _____