Cleveland Clinic

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Daily Journal Entry with Plan of Care & Chart Note

Student Name: Sandra Maceroni Day/Date: 12/04/2023

Number of Clinical Hours Today: 8 Care Setting: outpatient Hospital Cleveland Clinic Ambulatory Care ___ Home Care ___ Other: _____

Number of patients seen today: 6 Preceptor: Jessical Lawson

Journal Focus: Ostomy

Directions: WOC nurses function as consultants and develop plans of care for other care givers as a guide to providing care in the WOC nurse's absence. For this assignment, select one patient each clinical day. Provide assessment information and write a chart note. Using this information, develop a plan of care (POC) which directs care.

This assignment should be WOC focused, and approached as both patient documentation and critical thinking development. Using a holistic WOC nursing approach combined with critical thinking strategies, complete each section of the document. Give careful consideration to how the patient was assessed, the problems, and the rationale behind the plan of care. Provide thorough documentation on the patient encounter. Once you have completed the form, save the document by clinical date and preceptor. Submit to your Practicum Course dropbox for instructor review & feedback. Journals should be submitted to your dropbox by no later than **48 hours** following the clinical experience day. See samples in course to assist you with this assignment.

Today's WOC specific assessment	**Assessment includes a chart review. Identify PMH, HPI, labs, etc. Be sure to include data that supports the reason for the WOC nurse consult.** **73 yr old female with a PMX of afib, COPD, thyroid disease, s/p pacemaker and newly diagnosed rectal cancer. She had a positive Cologuard test followed by colonoscopy. Recent labs shows HGB low at 11.3, CEA is elevated at 5.6 and normal CMP. She is scheduled for a low anterior resection with possible loop ileostomy on 12/27/2023. She presents today with her daughter for preoperative stoma marking and education.**

Chart Note: Write a chart note for the medical record for this patient encounter. Be sure to include any physical assessment, *interactions, and specific products that were used/recommended for use.*

The WOC nurse consultant/specialist note should begin with why you are seeing the pt; Initial visit for…, follow- up visit for…, evaluation and management of…, etc Then, describe the visit. Write in a manner others will be able to understand and be able to interpret your plan of care.

Patient presents with her daughter for preoperative stoma marking for loop ileostomy and preoperative education in the clinic. When asked patient of her understanding of the surgery she voiced she is going to have a resection with possible temporary ileostomy. The purpose of stoma marking and the procedure were explained. Patient verbalized understanding and gave permission for tattoo placement.

The patient watched the preoperative video with teaching points on care of stoma, appearance, and function. The pouch should be changed every 3-4 days and emptied at 1/3 to ½ full. Patient was provided self-care post-op instruction, can shower with appliance on or off, no lifting more than 10 pounds for 6 weeks. Equipment and ordering discussed. She was given diet information on a GI soft diet and avoiding fresh fruits and vegetables for 3-4 weeks and to slowly reintroduce

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these foods. The importance of hydration was discussed as one loses more fluids with an ileostomy. ADL's, clothing, exercise, and sexual intimacy were discussed. The patient was provided with an ileostomy booklet. Informed further teaching would be done one day after surgery. **The abdominal contours evaluated in sitting, bending, and lying positions. The stoma site was marked with pen and then tattooed with India Ink and a 25-gauge needle in the right lower quadrant, within the rectus muscle, 3 finger breadths from the umbilicus. Patient able to visualize the marking lying, sitting, and standing. Pictures taken and placed in EPIC. All questions from patient and daughter were answered.**

WOC specific medical & nursing diagnosis and concerns	**WOC Plan of Care (include specific products used)**	**Rationale (Explain why an intervention is chosen; purpose)**
Identify specific problems or concerns. "Risk" concerns should be incorporated into the plan for actual problems/concerns. ***NANDA diagnosis do not have to be utilized. Alternative examples to identify the problems/conditions: knowledge deficit, fluid/electrolyte imbalance, etc*** **Fluid and electrolyte imbalance prevention** **Knowledge deficit related to potential for ileostomy.**	**Statements should be directive and holistic relating to the problem/concern.** **Instruct and educate on replenishing fluids with low sugar sports drinks such as G2 or low sugar Power Aide.** Reviewed information of what an ileostomy is, postop self-care instructions, diet, hydration, equipment ordering, clothing, exercise, and sexual intimacy.	**Statements should explain why the intervention/directive should be followed. References are not required, unless utilized.** Fluid replacement done to prevent dehydration. Emptying / recording output calling if greater than 1200 ml in 24 hours. Provide basic approach to ostomy education pre op to address questions and alleviate fear. Start with basic instruction.

Identify each WOC product in use/identified in POC. State at least one disadvantage of the <u>product.</u> Identify an alternative to the product. <u>Alternatives should be from a different category or classification</u>. In other words, what could be	**This section helps to communicate your product knowledge and critical thinking skills. Products should be available in the US.** **No products were used.**

used if the product was not available?	

Develop one learning goal for each clinical day, document that on this form then share your goals with your preceptor.

What was your goal for the day? Were you able to meet your learning goal for today? Why or why not?	My goal for the day was to do perform preoperative stoma marking and education. Yes, my goal was met, exceeded, as did not expect to learn and actually perform the tattoo process!
What are your learning goals for tomorrow? **(Share learning goal with preceptor)**	I would like to learn about various products and have more urinary stoma experience.

Identify/describe thoughts related to the mini case scenario, anything you might have done differently, etc	The patient was not given an actual pouch for practice and I would do that next time, the preceptor was leading the way.
Reflection: Describe other patient encounters, types of patients seen.	I saw a couple post op end ileostomy patients. One routine follow up that no product or sizing was changed. One with contact dermatitis that needed resizing and had domboro compresses. A complex fistula pouch patient. One patient with an ileo conduit that needed re sizing and had pseudo verrucous lesions.

Reviewed by: _____ Date: _____

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