



R.B. Turnbull, Jr., M.D. School of WOC Nursing

Daily Journal Entry with Plan of Care & Chart Note

Student Name: Jody Bailey Day/Date: Monday 11/7/20223

Number of Clinical Hours Today: Care Setting: Hospital Ambulatory Care Home Care Other:

Number of patients seen today: Preceptor: Jennifer Mullins, RN, CWCN

Journal Focus: Wound Ostomy Continence Combination Specify:

Directions: WOC nurses function as consultants and develop plans of care for other care givers as a guide to providing care in the WOC nurse’s absence. For this assignment, select one patient each clinical day. Provide assessment information and write a chart note. Using this information, develop a plan of care (POC) which directs care.

This assignment should be WOC focused, and approached as both patient documentation and critical thinking development. Using a holistic WOC nursing approach combined with critical thinking strategies, complete each section of the document. Give careful consideration to how the patient was assessed, the problems, and the rationale behind the plan of care. Provide thorough documentation on the patient encounter. Once you have completed the form, save the document by clinical date and preceptor. Submit to your Practicum Course dropbox for instructor review & feedback. Journals should be submitted to your dropbox by no later than **48 hours** following the clinical experience day. See samples in course to assist you with this assignment.

<p>Today’s WOC-specific assessment</p>	<p>66-y/o female presented to the hospital with c/o leakage around colostomy and bilateral lower abdominal pain.</p> <p>PMH includes anemia, cerebral artery occlusion, depression, DM2, dysphagia, CVA, hemiparesis, hyperlipidemia, and colonoscopy. Former smoker, allergic to Flagyl.</p> <p>Medications include cranberry extract 425mg, Fenofibrate, Metoprolol, zinc sulfate, amlodipine, aspirin, atorvastatin, baclofen, cholecalciferol, citalopram, doxycycline hyclate, ferrous sulfate, ibuprofen, lisinopril, and tramadol.</p>
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Chart Note: Write a chart note for the medical record for this patient encounter. Be sure to include any physical assessment, interactions, and specific products that were used/recommended for use.

WOC nurse consult requested by MD regarding abdominal wounds located lateral of colostomy stoma. Initial visit, the patient was alert and oriented, in a pleasant, cooperative mood, and resting in bed. The assessment finds two small abdominal wounds lateral to the colostomy stoma, upper left medial. Areas observed with a small amount of sanguineous drainage noted, no odor, hyper granulated tissue present. The origin is unknown currently. The site was cleansed with wound cleanser, applied Mesalt, cut to the size of wound beds, covered with dry gauze, and secured with cloth tape to secure. The patient voiced no complaints during treatment and smiled throughout the assessment.

WOC specific medical & nursing diagnosis and concerns	WOC Plan of Care (include specific products used)	Rationale (Explain why an intervention is chosen; purpose)
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Left Abdominal Upper Medial: 2 small wounds	<p>Wound Care: Wash the wound with wound cleanser, and pat dry.</p> <p>Dressing: Mesalt, cut to size wound beds, applied to the wound bed. Cover with 4x4 dry gauze, prep surround skin with skin prep, and secure dressing with cloth tape.</p> <p>Freq: BID</p> <p>Apply heel boots when in bed.</p> <p>Encourage increased protein intake and a carb-controlled diet.</p> <p>Dietary consult for additional dietary recommendations</p>	<p>Mesalt: The impregnation of the salt in the bandage will dry the wound.</p> <p>Pressure-reducing and offloading devices including heel boots,</p> <p>Protein helps promote wound healing. A carbohydrate-controlled diet maintains blood glucose control to support wound healing and decreases the inflammatory stage.</p>

Identify each WOC product in use/identified in POC. State at least one disadvantage of the product. Identify an alternative to the product. Alternatives should be from a different category or classification. In other words, what could be used if the product was not available?	<p>Mesalt is impregnated with hypertonic saline and creates an environment to draw exudate out and dry wounds as well as remove hypergranulation. One disadvantage is that it can over-dry the wound.</p> <p>Coverage of 4x4 gauze could allow for exudate to leak. This is a cheap initial cover dressing while determining the amount of exudate daily from the wound.</p> <p>Heel boots are utilized to reduce pressure on heels when in bed for long periods of time. A disadvantage is cost and the removal/placement prior to ambulation. This patient is not ambulating currently, and the disadvantage of removal prior to ambulation is not present.</p>
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Develop one learning goal for each clinical day, document that on this form then share your goals with your preceptor.

What was your goal for the day? Were you able to meet your learning goal for today? Why or why not?	My goal for all days is to observe and witness the daily flow of a wound care nurse in a hospital setting. I was able to meet my goal. Additionally, I set the goal of being more hands-on with wound care, I accomplished this goal. I continued seeing individuals with wounds that I had not seen since becoming a nurse.
What are your learning goals for tomorrow?	I want to continue performing hands-on assessments, determining appropriate treatments, and becoming more confident in my knowledge base.

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(Share learning goal with preceptor)	
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Identify/describe thoughts related to the mini case scenario, anything you might have done differently, etc	Additionally, this patient might need to be referred to surgical for sharp debridement of the hyperregulated tissue. Further determination of the etiology will assist in the continued treatment of wounds.
Reflection: Describe other patient encounters, types of patients seen.	We were able to consult on five patients during rounds and after spent time documenting treatments/orders. I enjoyed watching the presentation on new products and I will take this information to my facility to see if we can implement their use there.

Reviewed by: _____ Date: _____

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