

R.B. Turnbull, Jr., M.D. School of WOC Nursing

Daily Journal Entry with Plan of Care & Chart Note

Student Name: _____ Jazmine Gutierrez _____ Day/Date: 10/06/2023
 Number of Clinical Hours Today: 10 Care Setting: X Hospital ___ Ambulatory Care ___ Home Care ___ Other: _____
 Number of patients seen today: 5 Preceptor: _____ Shannon Glavaz, RN, CWOCN _____
 Journal Focus: ___ Wound ___ X Ostomy ___ Continenence ___ Combination Specify: _____

Directions: WOC nurses function as consultants and develop plans of care for other care givers as a guide to providing care in the WOC nurse’s absence. For this assignment, select one patient each clinical day. Provide assessment information and write a chart note. Using this information, develop a plan of care (POC) which directs care.

This assignment should be WOC focused, and approached as both patient documentation and critical thinking development. Using a holistic WOC nursing approach combined with critical thinking strategies, complete each section of the document. Give careful consideration to how the patient was assessed, the problems, and the rationale behind the plan of care. Provide thorough documentation on the patient encounter. Once you have completed the form, save the document by clinical date and preceptor. Submit to your Practicum Course dropbox for instructor review & feedback. Journals should be submitted to your dropbox by no later than **48 hours** following the clinical experience day. See samples in course to assist you with this assignment.

<p>Today’s WOC specific assessment</p>	<p>Assessment includes a chart review. Identify PMH, HPI, labs, etc. Be sure to include data that supports the reason for the WOC nurse consult.</p> <p><i>60 year old male with history of hep C who presents with rectal pain and bleeding. Found to have metastatic rectal cancer, biopsy of rectal mass pending. He stated he has had this issue for about 8 months with pencil thin stool, requiring stool softeners with abdominal pain for the last few weeks. Patient stated he lost unintentional weight loss, 60 lbs in 8 months.</i></p>
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Chart Note: Write a chart note for the medical record for this patient encounter. Be sure to include any physical assessment, interactions, and specific products that were used/recommended for use.

<p>The WOC nurse consultant/specialist note should begin with why you are seeing the pt; Initial visit for..., follow- up visit for..., evaluation and management of..., etc Then, describe the visit. Write in a manner others will be able to understand and be able to interpret your plan of care.</p> <p><i>WOC nurse consulted for ostomy marking. Patient has a flexible sigmoidoscopy and noted to have a obstructing rectal mass, biopsy came back nonconclusive. Due to impending obstruction symptoms from the rectal mass, a laparoscopic diverting loop colostomy creation needed. Abdomen is noted to be round, hard and distended.</i></p> <p><i>Interventions: After having patient stand, sit and lay down to assess patients abdominal. Had patient cough to assess for the patient’s abdominis rectus muscle. Marked the patient’s left and right side to ensure that the surgeon has a choice during surgery to pick the best side for the ileostomy in case the right side is too swollen. Afr making a small mark on the abdomen and ensuring the area was within he abdominis rectus muscle, the area was cleansed and clipped. The area was then cleaned with betadine, alcohol, betadine and marked on both the left and right side and then oremarked with a 1 ¼ circle for the surgeon. All questions answered for the patient. Marking covered with a tegaderm. Will start education in two days.</i></p>
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<p>WOC specific medical & nursing</p>	<p>WOC Plan of Care (include specific products</p>	<p>Rationale (Explain why an</p>
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diagnosis and concerns	used)	intervention is chosen; purpose)
<p>Identify ecific problems or concerns. “Risk” concerns should be incorporated into the plan for actual problems/concerns.</p> <p><i>NANDA diagnosis do not have to be utilized. Alternative examples to identify the problems/conditions: knowledge deficit, fluid/electrolyte imbalance, etc</i></p> <p>Stoma marking</p>	<p>Statements should be directive and holistic relating to the problem/concern.</p> <p>Protect marks with Tegaderm and contact WOCN if Tegaderm is washed off.</p>	<p>Statements should explain why the intervention/directive should be followed. References are not required, unless utilized.</p> <p>To protect them from washing off, in order for surgeon to perform surgery at right location.</p>

<p>Identify each WOC product in use/identified in POC. State at least one disadvantage of the product. Identify an alternative to the product. <u>Alternatives should be from a different category or classification.</u> In other words, what could be used if the product was not available?</p>	<p>This section helps to communicate your product knowledge and critical thinking skills. Products should be available in the US.</p> <p>Tegaderm film dressing: Helps preserve the final mark from being rubbed off and helps surgeon out when he/she is in the OR.</p>
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Develop one learning goal for each clinical day, document that on this form then share your goals with your preceptor.

<p>What was your goal for the day? Were you able to meet your learning goal for today? Why or why not?</p>	<p>My goal was met, I learned how to do a stoma mark. I am now familiar with the procedure and the location and how to check and verify that is the correct placement and the end result.</p>
<p>What are your learning goals for tomorrow?</p> <p>(Share learning goal with preceptor)</p>	<p>I hope to do some patient education on a new stoma s/p surgical intervention.</p>

<p>Identify/describe thoughts related to the</p>	<p>No.</p>
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mini case scenario, anything you might have done differently, etc	
Reflection: Describe other patient encounters, types of patients seen.	I saw an old stoma, and the effects of improper misplacement. This specific patient now has a stoma in between his abdominal folds and it makes it difficult to avoid leakage due to the wrong location marking. If it would've been marked a little higher, that issue could've been avoided.

Reviewed by: _____ Date: _____

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