

R.B. Turnbull, Jr., M.D. School of WOC Nursing

**Daily Journal Entry with Plan of Care & Chart Note**

Student Name: \_\_\_\_\_ Amanda Walker BSN \_\_\_\_\_ Day/Date: 9/27

Number of Clinical Hours Today: 8 Care Setting: \_\_\_ Hospital \_\_\_ Ambulatory Care \_\_\_ Home Care \_\_\_ Other: \_\_\_\_\_

Number of patients seen today: 10 Preceptor: M.F

Journal Focus: 8 Wound 2 Ostomy \_\_\_\_\_ Contenance \_\_\_\_\_ Combination Specify: \_\_\_\_\_

**Directions:** WOC nurses function as consultants and develop plans of care for other care givers as a guide to providing care in the WOC nurse’s absence. For this assignment, select one patient each clinical day. Provide assessment information and write a chart note. Using this information, develop a plan of care (POC) which directs care.

This assignment should be WOC focused, and approached as both patient documentation and critical thinking development. Using a holistic WOC nursing approach combined with critical thinking strategies, complete each section of the document. Give careful consideration to how the patient was assessed, the problems, and the rationale behind the plan of care. Provide thorough documentation on the patient encounter. Once you have completed the form, save the document by clinical date and preceptor. Submit to your Practicum Course dropbox for instructor review & feedback. Journals should be submitted to your dropbox by no later than **48 hours** following the clinical experience day. See samples in course to assist you with this assignment.

<p><b>Today’s WOC specific assessment</b>  <b>Transfer From hospital for plastic surgery consult. Has NPWT established</b></p>	<p><b>Assessment includes a chart review. Identify PMH, HPI, labs, etc. Be sure to include data that supports the reason for the WOC nurse consult.</b>          PMH: Liver Cirrhosis, anxiety, depression, ETOH withdrawal          HPI: Compartment syndrome postoperative          Labs: WBC 13, NA 136, K 3.5, Albumin 3.0          Compartment syndrome from unwitnessed fall at home.</p>
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**Chart Note:** Write a chart note for the medical record for this patient encounter. Be sure to include any physical assessment, interactions, and specific products that were used/recommended for use.

<p><b>The WOC nurse consultant/specialist note should begin with why you are seeing the pt; Initial visit for..., follow- up visit for..., evaluation and management of..., etc Then, describe the visit. Write in a manner others will be able to understand and be able to interpret your plan of care.</b></p> <p>Mrs. D consulted for postoperative compartment syndrome incision and drainage. Admitted for Pain pump insertion.          Woc nurse consult outcome: Assessment completed. Wound care provided to the right lower extremity. Additional supplies left in the room. Notified NP of wound care recommendations and orders received.          WOC next scheduled visit/plan:bedside: NPWT to be changed in 3 days or if leaking occurs.          Wound Location: Right lower extremity Size 15x5x.5cm          Undermining:N/A Tracking N/a          Wound type: Surgical fasciotomy post operative          Wound bed: Red/moist/bleeding/Tendon          Draining: sanguineous          Periwound Skin: intact          Therapeutic surface: VersaCare          Intervention/Recommendations:          Irrigate with Normal saline or wound cleanser.          Apply no sting skin prep (Cavilon) to periwound          Barrier ring around wound</p>
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Apply single layer of hydrablue  
 Cover tendon with collagen based dressing (Prisma)  
 Cover with NPWT foam dressing  
 Cover with clear wrap for NPWT  
 While in bed, patient can elevate foot.

WOC specific medical & nursing diagnosis and concerns	WOC Plan of Care (include specific products used)	Rationale (Explain why an intervention is chosen; purpose)
<p>Identify specific problems or concerns. "Risk" concerns should be incorporated into the plan for actual problems/concerns.</p> <p><i>NANDA diagnosis do not have to be utilized. Alternative examples to identify the problems/conditions: knowledge deficit, fluid/electrolyte imbalance, etc</i></p> <p>Infection to open wound, Nutritional intake, ETOH abstinence, progressive communication on plan for d/c. Acceptance of therapy.</p>	<p>Statements should be directive and holistic relating to the problem/concern.</p> <p>Monitor NPWT and wound healing progression. Patient can verbalize needs and comfort levels which should help adequately improve wound changes and pain control. Education on NPWT placement and errors that can occur while wearing. Education on diet and the importance of quitting drinking during this healing phase.</p>	<p>Statements should explain why the intervention/directive should be followed. References are not required, unless utilized.</p> <p>Healing this large wound will take extensive time. Patient being educated on the importance of improving diet and monitoring the NPWT equipment can help with healing and handle any emergencies should they happen.</p>

<p>Identify each WOC product in use/identified in POC. State at least one disadvantage of the <u>product</u>. Identify an alternative to the product. <u>Alternatives should be from a different category or classification</u>. In other words, what could be used if the product was not available?</p>	<p>This section helps to communicate your product knowledge and critical thinking skills. Products should be available in the US.</p> <p>The NPWT was originally being used with Adaptic then Mepitel. Patient did not feel these products were making any type of changes. The barrier ring was interchanged with an eakin barrier product that was cut into strips because the wound was so large. Hydrafera blue was used because of the complications the patient was having with the removal of the Adaptic or Mepitel.</p>
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**Develop one learning goal for each clinical day, document that on this form then share your goals with your preceptor.**

<p>What was your goal for the day? Were you able to meet your learning goal for today? Why or why not?</p>	<p>Goal for the day was to see wounds with Mitzi. Yes I was able to meet my learning goal. There is plenty of opportunity to see different wounds and ostomy patients.</p>
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<p><b>What are your learning goals for tomorrow?</b></p> <p><b>(Share learning goal with preceptor)</b></p>	<p>Next week will be the switching of computer programs for this hospital. Professional development and helping the department is the goal.</p>
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<p><b>Identify/describe thoughts related to the mini case scenario, anything you might have done differently, etc</b></p>	<p>This patient was a difficult case to follow. The patient had emergent surgery and was in a tremendous amount of pain following this operation. Patient was tearful numerous times speaking with the wound care department. There were several ways the wound department made adjustments to better equip the patients needs.</p>
<p><b>Reflection: Describe other patient encounters, types of patients seen.</b></p>	<p>This patient seemed to take a majority of the day with issues that occurred from pain to certain details of removing the NPWT. The type of dedication the wound nurses have shown the patient to improve her ability to handle the situation was impressive. Not only did they listen to her complaints but had several ideas to combat any type of pain/discomfort the patient had toward dressing changes.</p>

Reviewed by: \_\_\_\_\_ Date: \_\_\_\_\_

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