

SEEK & FIND: OSTOMY



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Instructor Signature _____ Student's earned points ____/20

This assignment is intended to help you become familiar with some of the products used when providing ostomy care. Carefully read the information to help you identify the products that meet the descriptions being provided.

**It is important to note a pouching system is a skin barrier wafer and a pouch. A complete answer should include both, unless otherwise indicated. Include the manufacturer and full, product name. Product numbers should not be used.

	Possible Points	Earned Points
<p>Name 2 pouching systems in each of the listed categories. The products should be from two separate companies.</p> <p>Example: Cymed one-piece, drainable pouch with thin hydrocolloid skin barrier (washer) and press 'n seal closure. This example can not be used as one of your answers.</p> <p>1. Flat, one-piece pouching system</p> <p>a. Hollister Premier SoftFlex One-Piece Drainable Pouch with thin hydrocolloid skin barrier and clamp closure.</p> <p>b. Coloplast SenSura Mio 1-Piece drainable pouching system with thin hydrocolloid barrier and press 'n seal closure.</p> <p>Describe abdominal characteristics, stoma characteristics, and one other reason why you would choose this system.</p> <p>A flat, one-piece system is utilized when the stoma protrudes from the skin at least half an inch (although the "ideal" amount of protrusion varies among sources – the key being that the stoma needs to protrude on its own from the abdominal wall). The skin around the stoma is not wrinkled/uneven/deep-seated, or otherwise uniquely contoured. This type of pouching system is more discreet as it is flusher to the skin, which can be considered an advantage/perk/preference for many individuals.</p> <p>2. Flat, two-piece pouching system</p> <p>a. ConvaTec SUR-FIT Natura Two-piece stomahesive skin barrier (hydrocolloid) with Convatec Natura+ Drainable Pouch with a snap-on design that clicks to audibly signify a secure connection between flange and pouch with a press 'n seal InvisClose closure with "lock it pocket" for added protection/security that the tail can be folded into.</p> <p>b. Coloplast SenSura Mio Click Barrier with thin hydrocolloid skin barrier with Coloplast SenSura Mio Click 2-piece drainable pouch with press 'n seal closure. This product has a mechanical coupling system that audibly clicks to signify that the pouch has been locked to the skin barrier.</p> <p>Describe abdominal characteristics, stoma characteristics, and one other</p>	3	

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<p>reason why you would choose this system.</p> <p>A flat, two-piece pouching system is utilized when the stoma protrudes from the abdomen and the peristomal skin is not uniquely contoured without bulges (i.e., hernia) or wrinkles/creases that would prevent adequate adhesion. The two-piece system has the advantage of being able to change the pouch more frequently than the baseplate, meaning (some extended wear baseplates can remain in place for up to 7 days) that pouch size could be changed for different needs (i.e., switching to a smaller more discrete bag or a larger overnight bag).</p>		
<p>Name 2 pouching systems in each of the listed categories. The products should be from two separate companies.</p> <p>Example: Genairex 10" one-piece extended wear, precut urostomy system with built-in convexity. This example can not be used as an answer.</p> <ol style="list-style-type: none"> 1. Soft/flexible convexity <ol style="list-style-type: none"> a. ConvaTec Esteem + Soft Convex Drainable 1-piece Drainable pouch with thin hydrocolloid skin barrier with press 'n seal closure and built-in filter to minimize odors. b. Hollister Premier One-Piece Drainable Ostomy Pouch – Soft Convex Flextend Barrier (thin hydrocolloid – Extended wear) with lock 'n roll microseal closure and filter. <p>Describe abdominal characteristics, stoma characteristics, and one other reason why you would choose this system.</p> <p>Soft convexity has a shallow profile which minimizes pressure while conforming to the body, flattening abdominal creases/folds around the stoma to achieve a more reliable seal while still providing some flexibility. This pouching system can be utilized when a stoma is protruding, flush, or protracted. When protruding, the convexity helps with creases. When flush or retracted, the convexity helps the stoma protrude from the abdominal wall decreasing the likelihood of leakage. This provides gentle support, which can be helpful for newly created stomas that need extra support.</p> <ol style="list-style-type: none"> 3. Hard/firm convexity <ol style="list-style-type: none"> a. Coloplast SenSura Mio Deep Convex Click Barrier (hydrocolloid) with Coloplast SenSura Mio Click 2-piece drainable pouch with press 'n seal closure. b. Convatec SUR-FIT Natura Two-piece durahesive barrier (hydrocolloid) with CONVEX-IT technology with Convatec Natura+ Drainable Pouch press 'n seal InvisClose closure with "lock it pocket" for added protection/security that the tail can be folded into. <p>Describe abdominal characteristics, stoma characteristics, and one other reason why you would choose this system.</p> <p>Firm convexity provides a more rigid structure than soft convexity. This can help a stoma protrude and/or open/flatten skin folds. This product is ideal when a stoma is flush or retracted and when peristomal skin is uneven. A person might select this product when they have ongoing struggles with leakage and attempts at utilizing a flat barrier have been unsuccessful.</p>	<p>3</p>	
<p>Below is a list of accessory products. For each category, identify products from</p>		

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<p>different manufacturers. Identify <u>why</u> the accessory products would be used.</p> <ol style="list-style-type: none"> 1. Skin barrier rings <ol style="list-style-type: none"> a. Coloplast Brava Protective Seal b. Eakin Cohesive Seals <p>Use: Can be used to fill in/caulk uneven skin contour near/around the stoma to help create a flatter surface to prevent drainage from getting under/behind the ostomy barrier. They can be used with either flat or convex systems and in one or two-piece systems. They can be cut, stretched, shaped, and stacked to improve the fit of a pouching system.</p> 2. Disposable convex insert (NOT convex barrier ring) <p>Convatec SUR-FIT Natura Two-piece Disposable Convex Insert</p> <p>Use: Used when a stoma is retraced (below the level of the abdominal wall), recessed, or flush. They are designed to clip/snap into the flange/ring, adding convexity to the standard barrier wafer.</p> 3. Liquid bonding cement: Torbot Liquid Bonding Cement <p>Use: This product provides an extra strong liquid latex adhesive cement to help improve the adhesion of ostomy appliances to the skin. It is also fast drying which helps with efficiency when changing the ostomy appliance.</p> 4. Ostomy Belt (NOT hernia belt): Adapt Ostomy Belt <p>Use: The ostomy belt helps hold the pouching system securely next to the body to help prevent lifting/leakage while also supporting the weight of the pouch/output. It can give many users an additional sense of security to move forward confidently in their day-to-day lives.</p> 5. Skin barrier powder: Safe N Simple Protect - Powder <p>Use: When dusted onto the peristomal skin, the powder absorbs moisture on denuded/irritated/broken skin. Excess powder needs to be brushed away as the excess could interfere with the ability of a pouching system to adhere to the skin, increasing the probability of leaks.</p> 6. Pouch deodorant: M9 Odor Eliminating Drops <p>Use: The odor-eliminating drops can be placed in the pouch at the time of placement and after each emptying to help to reduce/eliminate odors that may be present when emptying/changing a pouching system. These drops can also provide lubrication, making the emptying process easier.</p> 	3	
<p>Name 2 pediatric pouching systems from <u>two separate companies</u>. Include manufacturer and full product name.</p> <p>Example: Coloplast Assura AC pediatric one piece drainable pouch. This example can not be used as one of your answers.</p> <ol style="list-style-type: none"> 1. Convatec Little Ones Two-Piece Standard Skin Barrier with Convatec Little 	2	

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<p>Ones Two-Piece Standard Drainable pouch with press 'n seal closure.</p> <p>2. Hollister Pouchkins Soffflex Pediatric One-Piece Urostomy Pouch with tap cap closure.</p> <p>Name one alternative use, other than for a pediatric individual, for a pediatric pouch. Pediatric pouching systems can be utilized in more petite adults that find that standard adult sizes are too large for their abdomens. For example, Coloplast's Assurance pediatric 2-piece barrier can be used interchangeably with their adult-sized "green" coupling SenSura or Assurance pouches allowing for more customization in developing a successful pouching system.</p>		
<p>Access ports help to bring tubes through an ostomy pouch. Name a commercial access port. Include both manufacturer and full product name.</p> <p>Hollister Universal Catheter Access Port (UCAP).</p> <p>When an a commercial access port is not available, how might one bring a tube through a pouch and secure the tube? Describe an alternate method for bringing the tube out through a pouch <u>without</u> using an access port or a commercial nipple device. Be sure to describe the procedure in a manner others can replicate the process.</p> <p>The pouching system's skin barrier can be cut to fit. The pouch can then be placed over the area with the backing intact to mark where the tube wound needs to exit. That spot can be marked with an X. A slit can be cut in the pouch, just large enough to pull the tube through the pouching device. The backing can be removed from the barrier and secured to the skin providing gentle pressure and heat from the hand to activate the adhesive. Then, water-resistant tape can be placed around the tube where the tube exits the pouch to seal the opening.</p>	2	
<p>Select <u>one</u> major manufacturer of ostomy supplies (Coloplast, Convatec, Hollister, NuHope, etc). List 3 types of <u>skin barrier wafers</u> that have <u>different ingredients integrated into the wafer</u>. Identify when each skin barrier wafer would be chosen for use. For example, hydrocolloid skin barrier wafer.</p> <p>1. Hollister CeraPlus Extended wear skin barrier.</p> <p>Use: Infused with Ceramide. This is a naturally occurring lipid in the skin that helps protect against dryness and helps protect the skin's natural moisture to help optimize peristomal skin health.</p> <p>2. Hollister Flextend Skin Barrier</p> <p>Use: Hydrocolloid adheres to the skin without the need for tape, and the ElastaFlex is a thin, soft, and flexible, permeable film that covers that barrier that helps to prevent erosion when it comes into contact with fluid extending the wear time of the barrier via a unique formulation of cross-linked molecules.</p> <p>3. Hollister FormaFlex extended wear skin Barrier.</p> <p>Use: The FormaFlex technology allows the opening to be easily shaped/stretched without scissors. The Formaflex is a medical-grade, flexible film that conforms to the body's contours and has a floating flange that allows someone to get their fingers underneath to minimize pressure on the stoma</p>	3	

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when the pouching system is connected.		
<p>Name 2 pouching systems from different manufacturers that are specifically designed for wound/fistula needs. Include manufacturer and full product name.</p> <ol style="list-style-type: none">1. Coloplast Fistula and Wound Management System; cut-to-fit barrier, removable lid, drain port, and clamp.2. Hollister Wound and Fistula Drainage Collector, Small for wounds up to 3 inches; Cut-to-fit barrier and drain valve.	2	
<p>Identify 2 pouching systems with a skin barrier wafer that allows for cutting an opening larger than 4 inches (101.6 cm). Do <u>not</u> include a fistula pouch (see prior question). Include the name of the manufacturer of the pouching system and full product name.</p> <ol style="list-style-type: none">1. Hollister Flat Flexextend Skin barrier with Hollister High Output Drainable pouch2. Convatec Cut-to-Fit, Stomahesive Skin Barrier, no tape collar with Convatec 14" drainable pouch with tail clip.	2	
Total Points	20	

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