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### **Objective**

To contribute my expertise as a professional Registered Nurse in assisting with collaborative patient care.

### **Licensure/Certification**

Nursing Council of Jamaica, RN License Jan 2008 - present  
Maryland Board of Nursing, RN License Oct 2014 – present

### **Education**

August 2004 - August 2007  
Bachelor of Science in Nursing  
Upper Second Class Honors  
University of the West Indies, Jamaica

April 2020 to present  
Wound Ostomy Continence Nursing  
Cleveland Clinic

### **Work Experience**

January 2008 - February 2013  
University Hospital of the West Indies, Registered Nurse in the following areas:

#### **Minor Operating Theater, Level II Staff Nurse**

- Anesthetic, Floor and Circulating, Sterilizing, and Scrub duties performed in the following specialty areas:
- General Surgery in hernia repair, breast biopsies, foreign body removal
  - Pulmonary Surgery in bronchoscopy
  - Genitourinary Surgery in cystoscopies, circumcision, orchidectomies, hydrocelectomies
  - Plastic Surgery in skin grafting, flap removal, keloid excision, scar revision and excision
  - Renal Surgery in abdominal paracentesis, subclavian catheter placement
  - Orthopedic Surgery in K-wire removal, screw removal, carpal tunnel release, trigger finger release, ganglion excision
  - Gastrointestinal Surgery in endoscopies, colonoscopies, ERCP's, PEG tube placement and removal

#### **Accident and Emergency, Level II Staff Nurse**

- Basic nursing skills such as vital signs monitoring amongst other skills listed below

#### **Out Patient Department, Level I - Level II Staff Nurse**

- Basic nursing skills such as patient education amongst other skills listed in skills summary

March 2015 – Present

George Washington Hospital, Registered Nurse in the following areas:

**Main Operating Room, and Ambulatory Care Center**

Floor and Circulating, Sterilizing, and Scrub duties performed in the following specialty areas:

- General Surgery in laparoscopic hernia repairs, laparoscopic colectomies, robotic assisted lower anterior resection, tracheostomy placement, incision and drainage of infected body parts
- Plastic Surgery in Liposuction, mastectomies with immediate implant placement
- Gynecology Surgery in hysteroscopies, hysterectomies done laparoscopic, open and robotic assisted
- Urology Surgery in cystoscopies with laser lithotripsies, cryoablation of the prostate
- Orthopedic Surgery in hip replacements, repair of fractures to various body parts with implants of plates and screws
- ENT Surgery in tonsilectomies, parotidectomies, repair of facial fractures

**Summary of Skills/Duties performed**

Minor Operating Theater

- Staff assignments
- Supervision of staff of ten to include RN's, Scrub Technician's, Nursing students, Ancillary workers
- I.V catheter placement
- Vital signs monitoring and documentation
- Education of patients pre-operatively and postoperatively
- Checked doctors orders for patients for example medication orders, positioning of patients for surgery, laboratory tests
- Documentation of findings and work done for patients.
- Transfer of patients to and from operating suite, to and from the surgical bed
- Ensure patients safety perioperatively by checking pressure points and maintaining body alignment
- Inventory Management
- Prepare instruments and equipment for surgery
- Sterilize instruments
- Check and record instrument and swab count
- Provide sterile supplies and instruments for surgical team whilst surgery was being performed
- Preparation of operating theater for fast turnover of surgical cases
- Infection Control
- Managing the surgical cases in order of the type of case thereby controlling transfer of infection
- administer medications to include narcotic medications, metered dose inhaler, intramuscular, intravenous, oral, subcutaneous medications
- monitor sedated patients perioperatively for signs of reaction to medication and medication effects
- respond to adverse effects of conscious sedation by administering antidotes
- Wound dressing

## **Accident and Emergency**

- Foley catheter Placement
- Nasogastric tube placement
- Assist doctors with procedures such as lumbar puncture and abdominal tapping
- Vital signs monitoring
- Transfer of patients to have X-rays, ultrasound, MRI and CT scan
- Monitor asthmatic, sickle cell, stroke patients, and diabetic patients among other patients and administer medications as ordered
- Monitoring of drains example urine, hemostat, feces and vomitus
- Documentation of findings

## **Outpatient Department**

- Vital signs monitoring
- Transfer of patients to and from clinics
- Preparation of equipment and clinics
- Infection control
- Education of patients
- Wound dressings

## **George Washington Hospital**

- Interview patients prior to going for surgery ensuring that the surgery on the consent form corresponds to what the patient is saying, in addition to gathering pertinent data to help with preparation for surgery
- Ensure all necessary equipment is available for surgery
- Collaborate with all members of the healthcare team
- Department charge nurse on few holidays
- Advocate for patient while patient is in my care
- Maintain patient safety while they are in my care
- Collect specimen, ensure specimen is labeled correctly
- Maintain infection control
- Assist with positioning patient
- Prep patient prior to incision
- Perform pre-incision time out to ensure correct patient is getting correct surgery and on the correct side
- Assist with transfer of patient to and from operating room

## **Professional Organizations/Memberships**

- Nurses Association of Jamaica, 2008 - Current
- Kiwanis Club of St. Andrew, Jamaica, 2008 – 2014
- Maryland Nurses Association, 2014 - present

**References**

Viola Sinclair Edwards  
Retired Nurse Manager  
Tel: 876-933-3574

Marilyn Morrison  
Nurse Manager  
Tel: 432-352-3863

Elaine Hartley  
Executive Secretary  
Tel: 876-943-1043