

### Nursing Problem Worksheet

Name: Ally McLellan

Anticipated Patient Problem  and  Goals	Relevant Assessments  (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention  (Prewrite) What will you do if your assessment is abnormal?
Problem: Decreased tissue perfusion  Reasoning: RR 24, Spo2 90%, coarse crackles in all fields, BP 90/50, prolonged capillary refill  Goal: C.J will maintain RR of 12-18 throughout my time of care  Goal: C.J will maintain BP of 100/60 to 110/70 throughout my time of care	Assess SpO2 continuously	Administer oxygen using nasal cannula; titrate to maintain SpO2 > 92%
	Assess edema Q2 hours	Maintain fluid restriction of 2000mL/day
	Assess I&O every hour and PRN	Administer Furosemide 40mg BID PO
	Assess BP q4hrs and PRN	Administer Metoprolol 50mg BID PO
	Assess HR q4 hrs and PRN	Administer Digoxin 0.25mg daily PO
	Assess lung sounds Q2 hrs and PRN	Encourage coughing/deep breathing every 1-2 hours and elevate HOB at least 30 degrees

Anticipated Patient Problem  and  Goals	Relevant Assessments  (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention  (Prewrite) What will you do if your assessment is abnormal?
	Assess Braden score q12hrs	Implement precautions to reduce skin

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<p>Problem: Impaired Skin integrity</p> <p>Reasoning: presented with stage II sacral wound, foley in place</p> <p>Goal: C.J will not develop any worsening pressure injury throughout my TOC</p> <p>Goal: C.J will be able to understand and explain factors and affect wound healing such as nutrition and perfusion, by the end of my time of care</p>		breakdown
	Assess meal intake q4 hrs	Encourage adequate intake of all protein from all meals
	Assess foley catheter position and cleanliness 4hrs	Provide foley catheter care q4 hrs
	Assess Stage II pressure injury on sacrum q2hrs and PRN	Change pressure dressing on wound and apply barrier cream; consult wound care if worsening
	Assess shoulders, heels, and elbows for signs of developing pressure injury q2 hrs	Perform turns q2 hours alternating between left and right side using wedges or pillows and offload heels from bed as needed
	Assess knowledge of proper ways to increase wound healing qshift	Educate on ways to promote wound healing effectively, like proper nutrition, adequate hydration, and proper cardiac perfusion