

**MARGARET H. ROLLINS SCHOOL OF NURSING**  
**Nursing 102 – Nursing Care of Adults**  
**Unit IV - Gastrointestinal System (1)**  
**Class Prep**

**Part 1-Match the following GI terms to the correct definition.**

- |                       |  |
|-----------------------|--|
| 1. __C__ Borborygmi   | A. Black tarry stool                     |
| 2. __A__ Melena       | B. Fatty Stools                          |
| 3. __E__ Pyrosis      | C. Loud, gurgling bowel sounds           |
| 4. __B__ Steatorrhea  | D. Bright red blood in the stool         |
| 5. __D__ Hematochezia | E. Heartburn                             |
| 6. __F__ GERD         | F. Reflux of stomach acid into esophagus |

**Part 2-Complete and ATI Learning Template on Gastroesophageal Reflux Disease (GERD). Attach to the second page of this document or submit separately to the drop box.**

ACTIVE LEARNING TEMPLATE: *System Disorder*

STUDENT NAME Layla Espinola-keel

DISORDER/DISEASE PROCESS Gastroesophageal Reflux Disease

REVIEW MODULE CHAPTER \_\_\_\_\_

<p><b>Alterations in Health (Diagnosis)</b></p>	<p><b>Pathophysiology Related to Client Problem</b> chronic cond., stomach acid flows backwards into esophagus = irritation/inflammation</p>	<p><b>Health Promotion and Disease Prevention</b> elevate HOB, avoid laying down after eating, avoid trigger foods, eat smaller meals</p>							
<p><b>ASSESSMENT</b></p> <table border="1"> <tr> <td data-bbox="289 714 686 919"> <p><b>Risk Factors</b> obesity, pregnancy, alcohol consumptions, medications, large or fatty meals</p> </td> <td data-bbox="711 714 1109 919"> <p><b>Expected Findings</b> heart burn, dysphagua, chest discomfort, chronic cough/hoarseness, sour taste/acid regurgitation</p> </td> </tr> <tr> <td data-bbox="289 930 686 1136"> <p><b>Laboratory Tests</b> CBC Stool occult electrolytes</p> </td> <td data-bbox="711 930 1109 1136"> <p><b>Diagnostic Procedures</b> Upper endoscopy, 24 hr pH monitoring, esophageal manometry</p> </td> </tr> </table>		<p><b>Risk Factors</b> obesity, pregnancy, alcohol consumptions, medications, large or fatty meals</p>	<p><b>Expected Findings</b> heart burn, dysphagua, chest discomfort, chronic cough/hoarseness, sour taste/acid regurgitation</p>	<p><b>Laboratory Tests</b> CBC Stool occult electrolytes</p>	<p><b>Diagnostic Procedures</b> Upper endoscopy, 24 hr pH monitoring, esophageal manometry</p>	<p><b>SAFETY CONSIDERATIONS</b> 44aspiration, irritation, ulcers4</p>			
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