

ATI Real Life COPD Virtual Clinical Reflection Questions

- 1) Identify two members of the healthcare team collaborating in the care of this patient:
 - a. Respiratory Therapist
 - b. Physical Therapist/ Occupational therapist
- 2) Did your patient have any abnormal blood work (lab)? If so, *select a priority finding* and discuss why that value is concerning.

The client had multiple abnormalities within his ABG panel although the one that stuck out to me was his Blood PH was a 7.30 which is considered low, in combination his O2SAT% was low at 88%. This is concerning because he is low in his PH and just on the cusp of having a low O2 sat as well which would increase his fall risk and hypoxia.
- 3) Did your patient have any abnormal clinical diagnostic tests? If so, what were they and what was the abnormal finding? What can that indicate?
 - a. The client has a Chest CT showing notable hyperinflation of bilateral lung fields and a flattened diaphragm along with characteristics of atelectasis in bilateral bases revealing a abnormal area of density upon the left lung base which indicated the possibility of pneumonia
- 4) What were some of the teaching topics covered in the scenario? Why were they important to the care of this patient?
 - a. Always conduct your assessment and investigate abnormal
 - b. Take advantage of communicating to your client if you have the ability so you can get the most credible information from your client
 - c. Educate and inform the clients on any possible side effects of meds which are to be given
- 5) Identify three ways that the nursing team demonstrated the promotion of patient safety?
 - a. Assess fall risk
 - b. Assess patient orientation and alertness
 - c. Assess if the client has a care giver who is able to care for post-op and to help understand procedure
- 6) Do you feel the nurse and medical team utilized therapeutic communication techniques when interacting with individuals, families, and health team members of all cultural backgrounds?
 - a. If **yes**, describe: When Nurse Jesscia was speaking to the client, and his daughter she was using active listening, maintained eye contact and stood at a distance which was personal but not overbearing in order to communicate with them
 - b. If **no**, describe:

Reflection

- 1) Go back to your Preconference Form:

- a. Indicate (**circle, star, highlight**) the components of your preconference form that you saw applied to the care of this virtual patient.
- 2) Review your Nursing Problem Worksheet: Did you select a correct priority nursing problem?
 - a. If **yes**, write it here: Impaired Gas Exchange
 - b. If **no**, write what you now understand the priority nursing problem to be:

- 3) Review your Nursing Problem Worksheet: Did you see many of your anticipated nursing assessments and interventions used?
 - a. Indicate (**circle, star, highlight**) the ones you saw utilized during the scenario.
 - b. Were there interventions you included that *were not* used in the scenario that could help this patient?
 - i. If **yes**, describe:
 - ii. If **no**, describe: an assessment that I included was to encourage the client to ambulate to increase physical activity and help expand chest cavity.
- 4) Often patient care will take a different direction than we anticipated at the beginning of our shift. Did that happen here? No
 - a. How did that impact the nursing care delivered? This did not necessarily have a impact on the care delivered. He seemed slightly disoriented so using diagnostic testing and nursing assessments, the priority problems were able to be identified
 - b. What new, additional priority nursing problem (diagnosis) did you identify? (Refer to your NANDA list)
 - i. Write it here: Ineffective Airway Clearance

What was your biggest “take-away” from participating in the care of this patient? How did this impact your nursing practice: my biggest take away from this virtual experience was the importance of energy conservation so that the client has the energy to facilitate for things like a normal respiratory rate or a decreased use of accessory muscles to breathe and the importance of a individualized respiratory care plan for clients since their needs may be similar, there are multiple ways to approach a patient problem and it is up to the proper nursing judgement to choose the correct interventions to specifically help the client.