

Nursing Problem Worksheet

Name: _____

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: Impaired gas exchange Reasoning: COPD/airway inflammation/ High RR Decrease spO2 Goal: Patient will have a RR of 12-20 Breaths per minute During my time of care Goal: Patient will keep spO2 at 90% RA during my time of Care.	Assess for signs and symptoms of hypoxia Start of shift and PRN	Notify physician/administer oxygen
	Auscultate lung breath sounds every 2-4 hrs	Have patient use incentive spirometer 10 times per hour
	Assess RR every 3 hours	Place patient in high fowlers
	Assess oxygen saturation every 3 hrs	Encourage deep breathing/ coughing exercises.
	Assess skin color, capillary refill ever 4 hours	Reduce activity
Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: fatigue Reasoning: Use of accessory muscles (Increasing energy Demand) Goal: Pt will report decreasing Dyspnea during myTOC Goal: Pt will participate in physical activity and ambulate 15 ft w/o fatigue.	Assess patient respiratory response to exercise PRN	Encourage rest between activities
	Assess activity tolerance PRN	Assist patient to rest in a semi-fowlers position
	Assess energy status every hour	Assist with ADLs as needed to save energy
	Assess vital signs before & after activity PRN	Adjust activity level accordingly
	Assess nutritional intake each shift	Encourage more protein intake

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