

## Nursing Problem Worksheet

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Anticipated Patient Problem  and  Goals	Relevant Assessments  (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention  (Prewrite) What will you do if your assessment is abnormal?
Problem: Impaired gas exchange	Monitor RR, depth, pattern, and use of accessory muscles q2-4, PRN	Position in high fowlers to maximize lung expansion q2h, PRN
Reasoning: COPD, SpO2 <95%, dyspnea, tachypnea	Assess SpO2 via pulse oximetry q1-2h	Place on continuous oximetry and encourage C/DB qhr.
Goal: Pt will have an SpO2 greater than or equal to 95% on prescribed O2 therapy by the end of my care.	Assess for S/Sx of hypoxia (altered mental status, fatigue) q2h, PRN	Notify HCP, administer supplemental O2 as prescribed, PRN
Goal: Pt will exhibit a normal respiratory rate (12-20 breaths/min) by the end of my care.	Assess ABG result values per HCP order	Monitor for S/Sx of hypercapnia (HTN, tachycardia, confusion, fatigue, headache) q1-2h, PRN

Anticipated Patient Problem  and  Goals	Relevant Assessments  (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention  (Prewrite) What will you do if your assessment is abnormal?
Problem: Risk for infection	Assess temperature and presence of chills q2h, PRN	Notify provider, administer antipyretic as ordered.
Reasoning: increased mucus production, impaired ciliary function, decreased immune defense r/t COPD	Auscultate lung sounds for crackles, wheezes, or changes from baseline q2-4h, PRN	Implement/encourage use of incentive spirometry 10x/hr., PRN
Goal: Pt will remain free from signs of infection (fever, clear sputum, no c/o chills) by the end of my care	Assess sputum color, consistency, and amount PRN	Notify HCP, encourage hydration and ambulation to mobilize secretions as tol.
	Monitor WBC count as ordered by HCP PRN	Administer anti-infective per HCP order
Goal: Pt will demonstrate proper hand hygiene techniques by the end of my care.	Assess current knowledge of infection prevention (hand hygiene, vaccines) Q-Shift	Educate on proper hand hygiene techniques utilizing teach back and encourage annual flu and pneumococcal vaccination. Q-Shift, PRN