Student Name:
Clinical Instructor:

ATI Real Life COPD Virtual Clinical Reflection Questions

1) Identify two members of the healthcare team collaborating in the care of this patient:
    a. The Nurse
    b. The provider
2) Did your patient have any abnormal blood work (lab)? If so, *select a priority finding* and discuss why that value is concerning.
    a. Yes, my patient did have very many abnormal labs in his ABG's, CBC, and BMP. Out of all his lab results that are very important, I feel although his WBC count being very high is a priority. Mr. Gomez is already at an increased risk for infection and his WBC count is 13,000 when the normal range is 4,000-10,000. This indicates he does have a current infection and will worsen his symptoms of COPD.
3) Did your patient have any abnormal clinical diagnostic tests? If so, what were they and what was the abnormal finding? What can that indicate?
    a. Yes, Mr. Gomez did have abnormal clinical diagnostic tests. His chest X-ray showed extensive left-sided pleural effusion noted in the lower lung field. This indicates that a large amount of fluid has built up in the pleural space on the left side, which can impair lung expansion and gas exchange.
4) What were some of the teaching topics covered in the scenario? Why were they important to the care of this patient?
    a. As the nurse was administering the ceftriaxone, she educated the pt on what it was, and why he was taking the medication
    b. The nurse encourages and educated the pt on the importance of good nutrition and eating after the pt was finished with lunch
    c. As the nurse was talking to the doctor, she had stated that she had encouraged the use of the incentive spirometer and deep breathing to the pt
5) Identify three ways that the nursing team demonstrated the promotion of patient safety?
    a. The nurse checked the ID band and asked for Mr. Gomez's name and DOB every time she scanned his ID badge to give him medication
    b. The nurse acted fast when the daughter told her that he was itching at his IV sight, and she stopped the IV immediately and assessed his vitals
    c. The nurse properly put the IV flush in the sharps container and used proper hand hygiene
6) Do you feel the nurse and medical team utilized therapeutic communication techniques when interacting with individuals, families, and health team members of all cultural backgrounds?
    a. If **yes**, describe: When his daughter was expressing her concern about her dad not being able to get to the phone because of his difficulty breathing, the nurse expressed therapeutic communication by listening to her concerns and allowing her to take a role in caring for his health.

Reflection

1) Go back to your Preconference Form:
    a. Indicate **(circle, star, highlight)** the components of your preconference form that you saw applied to the care of this virtual patient.
2) Review your Nursing Problem Worksheet: Did you select a correct priority nursing problem?
    a. If **yes,** write it here: I did select a correct priority nursing problem of Impaired gas exchange. The respiratory therapist, the provider, and nurse all emphasized the importance of how his breathing was, and the continuation of care to help resolve his impaired gas exchange. The provider ordered a thoracentesis to check the fluid in his lungs. The nurse continuously rechecked his RR, auscultated his lung sounds and regulated his supplemental o2 based on his SPO2 stats. The respiratory therapist communicated with the nurse about things to help improved his priority problem also. (I can't recall exactly what they said)
3) Review your Nursing Problem Worksheet: Did you see many of your anticipated nursing assessments and interventions used?
    a. Indicate **(circle, star, highlight)** the ones you saw utilized during the scenario.
    b. Were there interventions you included that *were not* used in the scenario that could help this patient?
        i. If **yes**, describe: The nurse could have repositioned the patient in high fowlers to allow his airways to expand and offered therapeutic communication to reduce his anxiety and encourage him. She could have also educated the pt that he has a compromised immune system and that the #1 way to prevent infections is to preform hand hygiene to prevent possible infections.
4) Often patient care will take a different direction than we anticipated at the beginning of our shift. Did that happen here? Yes it did
    a. How did that impact the nursing care delivered?
        - His BUN and Creatinine were low which indicated that his kidney has impaired function, his H and H were low which is very concerning given the fact that he also started bleeding. Interventions on educating him that drinking alcohol would benefit his improvement of health.
    b. What new, additional priority nursing problem (diagnosis) did you identify? (Refer to your NANDA list)
    Write it here: Activity intolerance due to him not getting around as much, feeling fatigued, and when he did get up, he ended up hurting himself

    c. What was your biggest "take-away" from participating in the care of this patient? How did this impact your nursing practice:

- **My biggest take-away from participating in the care of this patient is that other factors like drinking and smoking while having COPD can worsen and progress the disease and worsen symptoms. This impacted my nursing practice by allowing me to understand when to titrate a pt off 02 to wean them off as their SPO2 increases while being on**

supplemental oxygen. It also helped me learn how important it is to be vigilant on medication allergies and act quickly if a pt starts having a minor reaction.