

Student Name: Ellie Yerkes  
Clinical Instructor:

### ATI Real Life COPD Virtual Clinical Reflection Questions

- 1) Identify two members of the healthcare team collaborating in the care of this patient:
  - a. **Nurse Allyson**
  - b. **Respiratory Therapist**
- 2) Did your patient have any abnormal blood work (lab)? If so, *select a priority finding* and discuss why that value is concerning.

**My patient had both very low levels of hemoglobin and hematocrit. I know that these two go together and that when they are low, it means they are showing signs of blood loss and he could become anemic.**

- 3) Did your patient have any abnormal clinical diagnostic tests? If so, what were they and what was the abnormal finding? What can that indicate?

**My patient had a chest x-ray done and it showed signs of a pleural effusion and the labs came back to show that he did have one in his lungs.**

- 4) What were some of the teaching topics covered in the scenario? Why were they important to the care of this patient?
  - a. **Proper nutrition**
  - b. **Importance to discontinue smoking and drinking**
  - c. **Importance of using an incentive spirometer**
- 5) Identify three ways that the nursing team demonstrated the promotion of patient safety?
  - a. **They sat him up right and made him dangle on the bed while eating**
  - b. **Once his medication started to irritate his skin, they immediately stopped it**
  - c. **They did not let him get out of bed without assistance**
- 6) Do you feel the nurse and medical team utilized therapeutic communication techniques when interacting with individuals, families, and health team members of all cultural backgrounds?
  - a. If **yes**, describe:

**Yes, they treated the patient equal and talked to him the same way they would any other patient and made sure they gave him the best care that they would have given him.**

- b. If **no**, describe:

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### Reflection

- 1) Go back to your Preconference Form:
  - a. Indicate (**circle, star, highlight**) the components of your preconference form that you saw applied to the care of this virtual patient.

- 2) Review your Nursing Problem Worksheet: Did you select a correct priority nursing problem?
- a. If **yes**, write it here: **Impaired gas exchange**
  - b. If **no**, write what you now understand the priority nursing problem to be:
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- 3) Review your Nursing Problem Worksheet: Did you see many of your anticipated nursing assessments and interventions used?
- a. Indicate (**circle, star, highlight**) the ones you saw utilized during the scenario.
  - b. Were there interventions you included that *were not* used in the scenario that could help this patient?
    - i. If **yes**, describe:  
**An intervention that was not included in this scenario that could have helped the patient would be to get him out of bed and ambulating, this would have helped him to open up his lungs and possibly help his recovery**
    - ii. If **no**, describe:
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- 4) Often patient care will take a different direction than we anticipated at the beginning of our shift. Did that happen here? **Yes**
- a. How did that impact the nursing care delivered?  
**It would have made me change directions and put my priority on a different problem and to use quick problem-solving skills.**
  - b. What new, additional priority nursing problem (diagnosis) did you identify? (Refer to your NANDA list)
    - i. Write it here: **Risk for infection**

What was your biggest “take-away” from participating in the care of this patient? How did this impact your nursing practice:

**My biggest take away from participating in the care of this patient would be to always listen to the patient when they address concerns, before they administered his antibiotic, he stated how it irritates his skin majority of the time, she administered the medication and it ended up irritating his skin just like he said, I think she should have contacted the provider before administering it to see if there was a substitute medication that she could have used instead.**