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ATI Real Life COPD Virtual Clinical Reflection Questions

1) Identify two members of the healthcare team collaborating in the care of this patient:
    a. Nurse
    b. Respiratory therapist
2) Did your patient have any abnormal blood work (lab)? If so, *select a priority finding* and discuss why that value is concerning.
    a. The patient had a white blood cell count of 15,000, this elevated level of white blood cells showed an infection.
3) Did your patient have any abnormal clinical diagnostic tests? If so, what were they and what was the abnormal finding? What can that indicate?
    a. The chest X – Ray showed a pleural effusion of the lungs.
4) What were some of the teaching topics covered in the scenario? Why were they important to the care of this patient?
    a. The nurse educated the patient on the use of the inhaler and the benefits.
    b. They taught the patient signs of an allergic reaction to the medication that would be administered and educated to use their call light if they felt itchy like their pervious allergic reaction.
    c. The nurse educated the patient on deep breathing and the incentive spirometer.
5) Identify three ways that the nursing team demonstrated the promotion of patient safety?
    a. They verified the patients name and date of birth every time they interacted with the patient.
    b. They kept the side rails up on the bed.
    c. The nurse researched the patient's allergy and the medication to determine if there would be any interactions involving his antibiotic and his allergy.
6) Do you feel the nurse and medical team utilized therapeutic communication techniques when interacting with individuals, families, and health team members of all cultural backgrounds?
    a. If **yes**, describe: They provided the patient with correct personal space for the situation, the nurse allowed silence when the daughter was talking about her concerns for her father, the nurse also provided a timeline with the patient was he seem resistant to discussing his diet and nutritional status.
    b. If **no**, describe:
    _____
    _____
    _____

Reflection

1) Go back to your Preconference Form:
    a. Indicate **(circle, star, highlight)** the components of your preconference form that you saw applied to the care of this virtual patient.
2) Review your Nursing Problem Worksheet: Did you select a correct priority nursing problem?

a. If **yes,** write it here: _____

　　　b. If **no,** write what you now understand the priority nursing problem to be: Risk for infection.

3) Review your Nursing Problem Worksheet: Did you see many of your anticipated nursing assessments and interventions used?

　　　a. Indicate **(circle, star, highlight)** the ones you saw utilized during the scenario.

　　　b. Were there interventions you included that *were not* used in the scenario that could help this patient?

　　　　　i. If **yes**, describe: Assess SpO2 and assessing lung sounds. Encouraging use of incentive spirometer, coughing and deep breathing exercise.

　　　　　ii. If **no**, describe:

　　　　　_____

　　　　　_____

4) Often patient care will take a different direction than we anticipated at the beginning of our shift. Did that happen here? Yes

　　　a. How did that impact the nursing care delivered?
　　　The nurse care shifted away from the possible infection of the lungs such as pneumonia and focused more on the patient's pleural effusion and managing the chest tube and drainage.

　　　b. What new, additional priority nursing problem (diagnosis) did you identify? (Refer to your NANDA list)

　　　　　i. Write it here: Impaired nutrition.

What was your biggest "take-away" from participating in the care of this patient? How did this impact your nursing practice:

It was quite easy to look at this patient during the simulation and see one answer and think that was correct, but you had to think through the other answer and not which one sounds best but which was would apply to this patient. In the future I would expect my plan of care to focus on the patient specifically and not just go off what the normal interventions are for the specific diagnosis.