

Nursing Problem Worksheet

Name: _____

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
<p>Problem: Pain</p> <p>Reasoning: Osteoarthritis, joint changes</p> <p>Goal: By the end of my time of care, the patient will have a decrease in pain as noted by the patient pain scale</p> <p>Goal: The patient will demonstrate ability to perform ADLs with minimal pain or discomfort</p>	Assess patients pain using the numeric pain scale Q2 hours	Administer Morphine Sulfate or Oxycodone per providers order
	Assess pain with mobility before pain medication has been given once a shift	Provide patient with assistive devices to aid in mobility
	Assess where joint pain is the worst for the patient once a shift	Educate patient on proper repositioning to keep pressure off of the effected joint
	Assess for joint stiffness Q4 hours	Provide heat or cold therapy to relieve joint stiffness
	Assess ability to perform ADLs BID	Aid patient in ADL activity and encourage independence as much as possible

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
<p>Problem: Impaired mobility</p> <p>Reasoning: Joint pain, osteoarthritis</p> <p>Goal: Patient demonstrates proper use of assistive devices by the end of my time of care</p> <p>Goal: Patient demonstrates proper performance of range of motion exercises through teach back method by the end of my time of care</p>	Assess knowledge on use of assistive devices once per shift	Educate patient on proper use of assistive devices to aid in mobility
	Assess knowledge on range of motion exercises once per shift	Educate patient on simple range of motion exercises to increase mobility
	Assess ability to ambulate safely Q12 hours	Assist patient when ambulating and encourage use of assistive device
	Assess ability to perform range of motion exercises	Encourage performance of range of motion exercises to aid in joint movement
	Assess ability to use assistive devices when ambulating Q12 hours	Assist patient with using the assistive device to maintain proper body mechanics

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